LANZAROTE TOURIST GUIDE



HOW TO GET THERE



César Manrique created the Cactus Garden Tourist Center at Guatiza, the former centre of the cultivation of cochineal on the Island











Visit us

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The Fire Mountains_Timanfaya National Park

EDITORIAL

"Treat the Earth well. It was not a gift to you from your parents, it is on loan to you from your children." **Kenyan proverb**

Unique Lanzarote Wines

Then visiting the wine region of Lanzarote for the first time visitors expect to find the usual sight of verdant flourishing vines bearing clusters of grapes as seen in wine districts throughout the world. But that is not the case on Lanzarote. Because of the lack of rainfall and the ever-blowing north-easterly Trade Wind, centuries ago local farmers were forced to develop a unique, but labour-intensive cultivation method to combat the forces of nature.

Driving through the area known as La Geria one is confronted with a tableau of many thousands of individually planted vines each protruding from a saucer-shaped pit its roots set deep in the volcanic soil irrigated by the night moisture dripping down from a mantle of porous volcanic grains which cover it. Shelter from the wind is provided by a semicircular wall of volcanic rock above providing a tableau which extends to the slopes of the volcanoes of Timanfaya National Park on the horizon. It was these very mountains which erupted intermittently from 1730-1736 belching forth volumes of volcanic grains which settled in many parts of the island but especially in this La Geria district literally laying the seeds for the unique cultivation which evolved.

By drinking Lanzarote wine and maybe taking a few bottles home with you as a highly enjoyable genuine souvenir of a wine with un unmatched history and regaling your friends with the above story of its origins.

Having enjoyed your stay with us you may consider buying a holiday cum retirement home on the island. And why not? With 12 months a year sunshine only a few jet hours away you can't go wrong. The next issue of our quarterly is out on 1 December. Safe journey home, and back again, maybe! Adios till next time.

Lancelot would like to say thank you to all our advertising clients, both private and institutional, for the help you have given us to steer our path through the stormy waters caused by the pandemic. We know how much you have also suffered from the downturn in tourism and greatly appreciate your support. Muchas gracias a todos.

Whilst every attempt is made to ensure that articles and advertisements are factually correct, the publishers and printers cannot be held responsible for any errors or omissions. Intending purchasers must satisfy themselves by inspection or otherwise of each of their statements.

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LETTERS TO LANCELOT



Biosphere Reserve

Dear Sir,

In a recent issue you described Lanzarote as a World Biosphere Reserve. What does this status mean and how did the Island qualify to become included in this category? Is it shared by many other locations? Simon Wood Farnham UK

GUINEVERE. There are many beautiful holiday destinations in the world but precious few have received the distinction of being named a World Biosphere Reserve by Unesco and Lanzarote is one of them. The status means the island's planners practised sustainability and conservation of the environment in harmony with the development of a thriving tourist industry which is why Lanzarote was considered a role model. Nowadays, environmental protection is a fashionable buzz word but a quarter of a century ago when this island chose the path of conservation we were the exception rather than the rule.

Without doubt it was the late great César Manrique who led us in this direction by creating unique and aesthetically beautiful tourist attractions, each representing a symbiosis between Man and Nature. Which is why Unesco bestowed this coveted distinction on Lanzarote one of the very first tourist destinations in the world to receive it as almost all other recipients were National Parks and wonders of nature as opposed to a commercially driven resort for holidaymakers.

Lancelot received a letter from a member of the planning department of Vancouver, B.C. many years ago having spent a holiday on the island. When back home he wrote us a letter saying his city, the capital of British Columbia, had been selected to host the Winter Olympics and the organisers had been searching for an idea of a site specific sculpture suitable for a crucial location in the resort of Whistler in the Canadian Rockies.

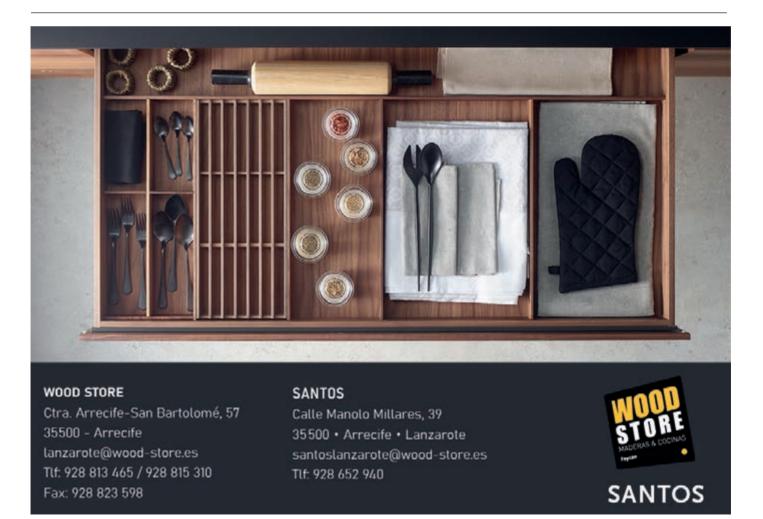
They had visited all of North America and several parts of Europe areas in Europe without finding what they were looking for. Having visited the belvedere at Mirador del Rio, he made a video of the tourist attraction and showed it to his team on his return and they unanimously agreed that this exactly what they had been looking for all over the world.

Costa Teguise History

Dear Sir,

As a constant visitor to Lanzarote I have always felt attracted to Costa Teguise. However I am puzzled by its origins. The Island's two other tourist resorts, Puerto del Carmen and Playa Blanca were both developed around local fishing villages which are still in existence, Costa Teguise, however is not even close to Teguise town.

GUINEVERE. In 1970, the multi-national conglomerate Explosives Rio Tinto, or ERT, acquired 11 million



LETTERS TO LANCELOT



square metres of land at Teguise, 7 million of which were approved for development. Their aim was to build a unique and meticulously planned upmarket development designed by a team of professionals who would create a traditional Lanzarote building style in total empathy with the unique volcanic landscape, where residents and holidaymakers could enjoy the magnificent natural surroundings. The site was to be named Costa Teguise as it was on the coast of the municipality whose county seat was Teguise Town, known as the Royal and Ancient Capital of Lanzarote since the arrival of the Normans at the beginning of the 15th century.

They selected the artists César Manrique as artistic director. Born on Lanzarote, and internationally acclaimed for both his art and highly original architectural style, he assembled a team of artists, designers and architects to help carry out the plan. Manrique decided that

the area need a luxury hotel as a cornerstone of the development and he invited award-winning architect Fernando Higueras, to design the five star Las Salinas Hotel as a flagship providing a touch of class. Salinas is the Spanish word for the salt ponds flats which originally occupied this site. An aerial view of the shape of the layout of the terraces and roofs is a perfect reproduction of the historical scenario which housed the salinas. This theme was continued in the construction of a high quality apartment complex nearby named Los Molinos, Windmills, as they provided the power to pump seawater into shallow ponds dug out of the ground where the salt evaporated.

Los Dolores Fiesta

Dear Sir.

We and a group of friends are planning a holiday on Lanzarote in September and we were highly recommended to ensure that we visit the Fiesta of Los Dolores because people come from all over the Canary Islands to take part in the celebration. What is the history of this event and in which part of the island does it take place.

Marianne Digby, Portsmouth

GUINEVERE The fiesta of Los Dolores 2021 is celebrated in the village of Mancha Blanca, Tinajo from 15 to 19 September.

Rolling Stones- Pink Floyd Grand Canary 1972?

Dear Sir,

A good friend of mine found a blog by Pepe Santana on the subject of a festival by the Rolling Stones and Pink Floyd which supposedly took place in Agaete, Gran Canaria in 1972. Following a holiday in the village, a German tourist called Peter Graf connected to the music indus-







→

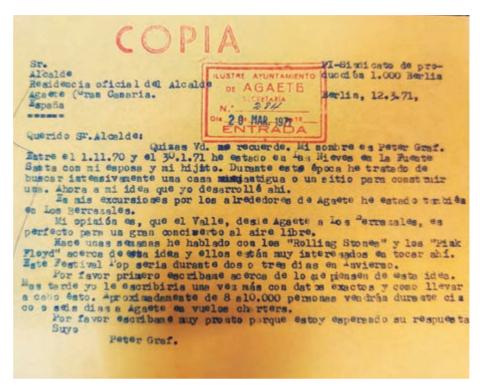
try was in touch with the mayor of the Town Hall whose letter bears the municipal confirmation of receipt. He claimed to be in touch with both groups who confirmed their interest in performing. Having read many articles in Lancelot on British pop in its heyday of the 1960s and 70s can you find out if this festival ever took place and when?

Esther Garcia Las Palmas de Gran Canaria

GUINEVERE We have checked up on your query about The Rolling Stones and/or Pink Floyd concerts in Agaete in 1971 and have come up blank on both groups. There was a Jürgen Graf at RIAS radio station in Berlin around that time who was involved with several major artists but no one knows of a Peter Graf. We contacted architectural artist Luis Ibañez who met three of the Beatles when they turned up at his studio in Tenerife in 1963 when they were on the threshold of fame, but he knows nothing about the proposed festival in Agaete.

There was the suggestion of a concert by Queen in Tenerife, when Brian May studied for his doctorate in Astrophysics in 2008 at the Roque de los Muchachos Observatory, but the economics of such an event turned out to be literally "astronomical." As you may know he had been studying astronomy at King's College, London when, as a promising guitarist of an unknown band he was invited to join a member of a group destined for superstardom.

What probably happened in Agaete, Grand Canary was that someone at the Town Hall met a member of one of the groups on holiday and following a discussion over a beer thought it would be a good idea to hold a festival to promote the resort internationally but it was a non starter. It worked for the Montreux Jazz Festival (subsequently also Rock and Blues) in 1967 which has been an annual event ever since - and is even referred to in the Deep Purple classic, "Smoke on the Water"- but very



Part of the letter from Agaete Town Hal

few other places off the international beaten track have succeeded. If any of our readershas any additional information about the proposed event kindly let us know.

Lanzarote - Alamo Connection? Dear Sir,

Your magazine often publishes accounts of the Canary Islanders who emigrated to found San Antonio Texas in the early 18th century. Is there any record of their participation in the famous Battle of the Alamo and what was the outcome? I spend many months a year on the island and have recently begun reading about famous battles and I wondered if any of the descendents from Lanzarote were involved in this conflict which eventually led to the independence of Texas from Mexico.

Gerhard Heinrichs.

Playa Blanca and Frankfurt

GUINEVERE. The person who has provided Lancelot with almost all of the information we have published on the subject is Dorothy Perez, herself a former president of the Association of Canary Islands Residents of San Antonio. Six of her di-

rect ancestors were present at the Battle of the Alamo which was originally a fortress and a mission named for San Antonio de Valera and is known as the Shrine of Texas In 2009, Dorothy and her brother Ruben were among the founders of an organisation dedicated to the preservation of the memory of all the brave men who fought in the conflict. The following is her account.

On 23 February 1836, Mexican General Santa Anna and his army of 2,000 professional soldiers began the siege of the Alamo, Franciscan Mission. Although hopelessly outnumbered, the group of 157 ill-equipped volunteers prepared to give their lives rather than surrender their position, as the Alamo was the key to the defence of Texas. Their commander, William B. Travis, desperately sent out couriers to other communities carrying pleas for help, two of whom were caught and slain by the Mexicans as they tried to smuggle themselves through the lines. Both were Canary Islands descendents whose names are commemorated on the Alamo Cenotaph to-



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gether with all other defenders who lost their lives.

On the eighth day of the siege, a band of 32 volunteers from the settlement of Gonzalez arrived, bringing the total number of defenders to 189. With the possibility of additional help fading and hearing the dreaded "degüello" (throat-cutting) call by Mexican Army buglers signalling that the defenders of the garrison would receive no quarter, Colonel Travis drew a line on the ground and asked every man willing to stay and fight, to step over it. With but one exception, they all did although they knew they were facing almost certain death.

The final assault came before daybreak on the morning of 6 March, as columns of Mexican soldiers emerged from the predawn darkness and headed for the Alamo's walls but the defenders repelled several attacks with cannon and small

arms fire. Regrouping, the Mexicans scaled the walls and having blasted open the barricaded doors with a captured cannon, they rushed into the compound. The desperate struggle continued until the outnumbered defenders were completely overwhelmed. By sunrise, the battle had ended and Santa Anna surveyed the scene of his victory at a cost of 600 men killed or wounded. He had lost almost one third of his entire army fighting a group of less than 200 untrained volunteers.

In the following month on the 21 April, the Mexican Army was defeated at the Battle of San Jacinto by a force half their size under the command of General Sam Houston who spurred his men with the battle cry "Remember the Alamo." The Alamo continues to symbolise a heroic struggle against impossible odds – where men made the ultimate sacrifice for the sake

of freedom.

The Mexicans spared the lives of women and children and Dorothy Perez is descended from Juana Navarro Perez - the daughter of the Vice President of Texas, whose step-sister was married to James Bowie (of Bowie-knife fame). At the age of 11 months, Dorothy's great grandfather Alejo Perez was the youngest of the survivors. Two of his mother's uncles were the only native Texans to sign both the Declaration of the Independence of Texas and the Texas Constitution when it was elected the 28th member of the United States of America in 1845, nine years after the Battle of the Alamo. Following the efforts of Dorothy Perez, the grave of Alejo Perez was declared a Historic Site by the State of Texas in 2009 and Lanzarote is most certainly connected to the Battle of the Alamo which took place in 1836.



Saturday 07.30. - 13.00 Stockroom 08.00 - 13.00



HMA Ambassador to Spain Hugh Elliot



The British Ambassador at an event in Orihuela on Armed Forces Day with serving officers, veterans, reservists and volunteers of the British Legion



British Ambassador British Legion Centenary

Most of you will know me as British Ambassador to Spain, but like many of us I wear and have worn a variety of other hats. I'm a husband and a father. I have served as trustee of the British Spanish Society and Chair of Canning House, the UK's centre for Latin America and Iberia; I am Patron of the British Benevolent Fund and an active supporter of Multiple Sclerosis charities. I also keep up the struggle against the impact of the gastronomic wonders of Spain through being a mediocre hockey and squash player. However, one of the roles I am most proud to fulfil is that of Patron of the Royal British Legion in Spain. And as we celebrate not only Armed Forces Day, but the centenary of the Legion, I wanted to reflect a little on what it means to me and why its work is so important to UK Nationals in Spain.

On Saturday I was honoured to attend an event in Orihuela, alongside serving officers, veterans, families, reservists and volunteers, to mark this double commemoration. Just four weeks ago, I was lucky enough to be able to visit HMS Kent, while she made a port visit to Alicante –



Guard of Honour of the Royal British Legion

a visible demonstration of the close cooperation between the British Armed Forces and our Allies. It was international collaboration brought to life: we had a British frigate, working as part of a NATO task group, under the command of a Spanish admiral, contributing to Europe's regional security. The ship's captain

had nothing but praise for the welcome he and his crew had received in Alicante, which is a glowing testament to our countries' continued cooperation on defence and security. In historical terms we are in a particularly good place, as not all of the previous HMS Kents (and there have been eleven since 1652) enjoyed the same relationship with the Armada!

The work of the Legion is likewise both longstanding and bilateral. Over the last 100 years, it has fought to improve the lifelong care and support to serving and ex-serving personnel and their families, but its achievements are wider than many appreciate, both as champion of the Armed Forces and its contribution to wider society. It works very closely alongside Spanish charities such as Cruz Roja and makes every effort to relieve pressure on the Spanish support services where they can. And speaking at the anniversary event, the mayor of Orihuela, Emilio Bascuñana Galiano, could not have been more welcoming or supportive.

To many of us, the Legion is only visible during the Poppy Appeal, but as I was able to hear in person from Don Cubbon, District North Chair, and many others in Orihuela, it provides year-round support, which

goes largely unseen. Two years ago, the branches around Alicante and Murcia provided invaluable financial and practical assistance to those who were victims of the devastating floods. Over the last 18 months, the fundraising climate and COVID restrictions have made the work of the Community Support Team incredibly tough, but the Legion's dedicated volunteers have found ways to deliver much-needed support to its beneficiaries in Spain, despite the difficult circumstances.

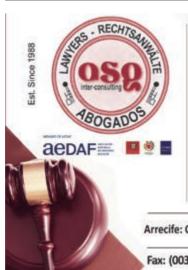
The Legion is an essential partner to our consulates - sharing our Brexit and travel advice, providing financial assistance to welfare cases and supporting British prisoners with visits. The emotional, practical and financial support it has provided to vulnerable UK Nationals in incredibly complicated and challenging circumstances has been truly invaluable. It is not an overstatement to say that some individuals would not have made it through without it.

That is why the work of the Royal British Legion in Spain matters and why, as we mark this important moment in its history, I look forward, come November, to wearing my poppy with pride; safe in the knowledge that - whatever the challenges of the future - the Legion will continue to serve our communities here in Spain for the next 100 years and beyond.



Hugh Elliot praised the work of the Community Support Team and the Legion's dedicated volunteers in providing support to its beneficiaries





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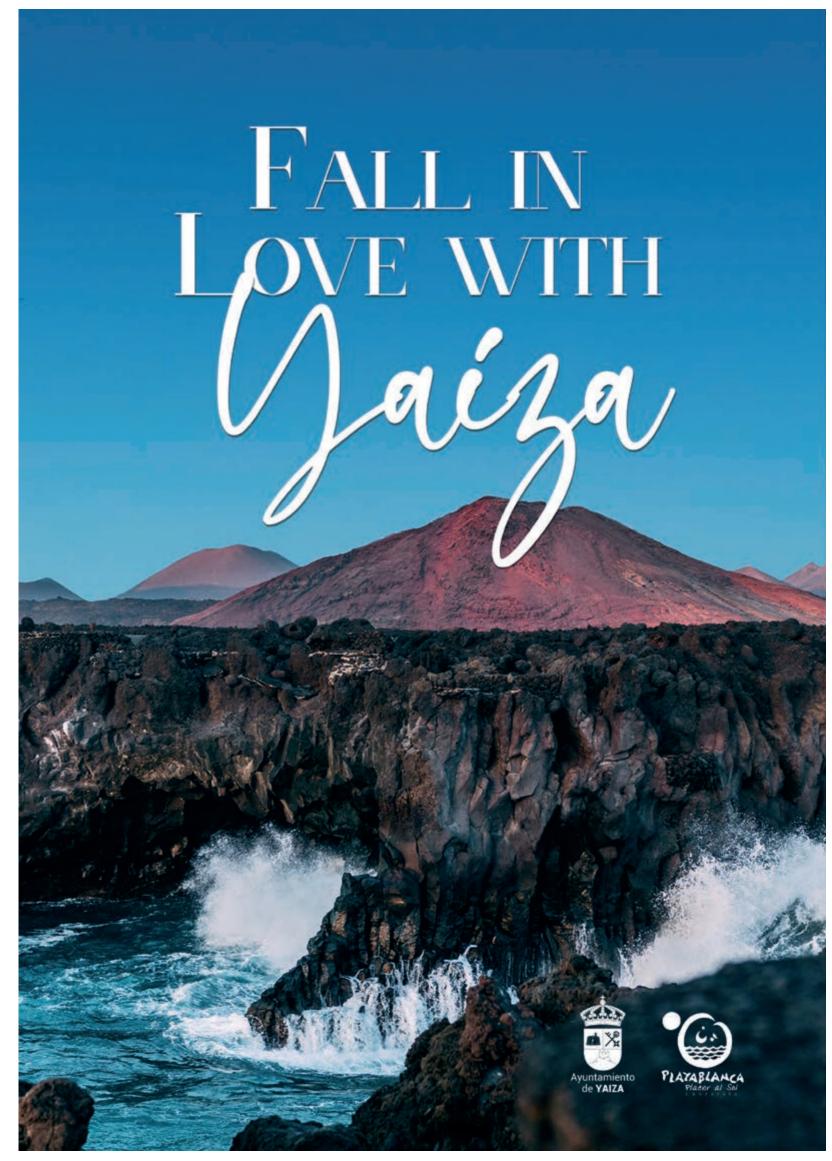
Thank You Emerlan

Three British diplomats came to Lanzarote to thank Emerlan, the Lanzarote Association of Voluntary Association of Emergencies and Rescue Services, for the wonderful help they provided and continue to provide for British residents on the Island especially during the COVID 19 pandemic. Emerlan volunteers, who also distribute food and other essentials to the needy - were among frontline workers, doctors, nurses and medics, who offered outstanding and friendly assistance to all on Lanzarote, including the foreign resident community. The officials also met with local Brits to discuss the changes in circumstances since Brexit, especially the crucial area of private insurance.

British Consul for Southern Spain and the Canary Islands, Charmaine Arbouin, Vice Consul Las Palmas, Jackie Stevenson and Honorary Consul on Lanzarote Sue Thain, photo Liz









Brexit and Inheritance Tax in Spain

Great Britain was exiting the EU effectively on January 1stof 2021 and during the current year we have been asked many times whether this has any bearing on inheritance tax in Spain for British citizens.

The short answer to this is no and the legal background is the following:

The European Court of Justice (ECJ), which ruled against the Spanish Inheritance and Gift tax legislation (Law No. 22/2009) on September 3rdof 2014 and it specifically argued that Spanish legislation constitutes an obstacle to free movement of persons and capital, in breach of Article 63 of the Treaty on the Functioning of the European Union (TFEU) and the Agreement on the European Economic Area.

Shortly after, Law No. 22/2009 was amended to comply with the afore-mentioned ECJ judgement, and the modification was implemented by means of Law No. 26/2014 with effect as of 1 January 2015 and enabled EU/EEA residents to benefit from Spanish regional regulations for donations and inheritance. However, the Spanish legislator interpreted the ECJ judgment restrictively, so that successions and gifts involving cross-border elements outside the EU/EEA couldn't benefit from the regional regulations. Consequently, in those cases the federal law for inheritance and gift tax still had to be applied, which in most cases wasmuch less favourable to the affected taxpayer.

The judgments issued by the Spanish Supreme Court in the first half of 2018 statedclearly and firmly, that Law No. 22/2009 must not, in any way, differentiate between residents inside and outside the EU/EEA when granting the benefits laid down in the regional regulations applicable to inheritance and gift tax. Furthermore, those judgments sentenced



the Spanish government to reimburse the claimants on taxes paid in excess tothosethey would have paid if they had access to the regional regulations.

The Supreme Court made it very clear that the ECJ decision of 3 September 2014 also protects non-EU/ EEA residents from any infringement to the free movement of capital, and consequently, that the Spanish law, which set out the rules to determine which law was applicable to a specific succession or donation, was contrary to the EU regulations. Furthermore, the Spanish Supreme Court considered that the violation of the EU-legal frame was adequately characterised in the respective case, namely it was manifest and severe, otherwise it would not have sentenced the Federal State to pay compensation to claimants.

In context to the above legal dispositions, we'd like to explain the general Inheritance Tax rules in Spain and in ournext article we'll point out the particulars of the Canary Island legislation and demonstrate through a few examples how it works.

Several different conceptsare defining the fiscal treatment of the estate and establishing the parameters under which the tax is calculated:

First. Categories of kinship

- 1) Children of minor age (under 21)
- 2) Children (includes adopted ones) of full age, spouses, parents and registered partners
- 3) Siblings, aunts, uncles, nieces, nephews, stepsiblings
 - 4) Nonblood related persons

Second: Category of pre-existing wealth of the legal heir(s)

This category establishes the multiplication factor with which the calculated tax will levied, but as a rule one can say that the lower the kinship category and the pre-existing wealth of the heir(s) is, the higher the multiplication factor will be.

Third: Category of personal allowances

The personal allowances decrease with the grade of kinship, meaning children of minor age have the highest allowances and the lowest or no allowances are applicable to the lower categories.

There are special allowances for disabled persons or in some regional laws there are some for certain age groups.

Fourth: Value of personal household

Generally, there is 3% of the total value of the estate added on for the personal household assets, unless proven otherwise. Anylife insurances are exempt of this rule and will be added after to the value of the estate.

After this introduction to the general rules quite a few regional governments have passed corresponding legislation to improve the national one, leading in most cases to decrease the tax due. The Canary Islands are amongst those regions where inheritance tax is the lowest. Please note, that these legislations can suffer modifications at any time due to circumstances or impositions by supranational legislation, forcing national legislation to change.

A Brief Guide to Property Purchase



LANCELOT has prepared the following for the benefit of holidaymakers unfamiliar with the language and laws of Spain. It is not, and is not intended as, a substitute to advice from a solicitor and/or an estate agent.

Only buy from the office of an Estate Agent and seek the services of an independent solicitor.

It is not advisable to give anyone a GENE-RAL POWER OF ATTORNEY. Where necessary, it is prudent to grant a limited power of attorney (only) to an independent solicitor.

Do not believe that you are protected because the conveyance will be notarised, as the Notary presumes that you are acting on the advice of your Lawyer.

When buying property insist on the presence of an impartial sworn translator. By law a Notary can refuse to notarise a deed if the conveyance is not translated into the language of the party(ies) concerned.

Before you purchase make sure the Vendor has paid all back property taxes, *Impuesto sobre bienes inmuebles*, to the local Town Hall, by checking the receipts.

If, by purchasing, you will become a member of an Association of Owners, make sure that the Vendor has paid all his community bills. Also check on the liquidity of the Association itself, and examine their statutes, *estatutos*. Their rules may not permit you to keep your domestic pets.



Before buying land present a written enquiry at the local Town Hall (with a return address on the Island) asking if there is planning permission to build on the site of your choice and if any building restrictions apply there.

Instruct your solicitor to conduct a search at the Property Registry, *Registro de la Propiedad*, immediately before the conveyance and return there as soon as the notarised document can be collected from the Notary.

Make sure that your architect is one of the 24 members of the Canarian College of Architects working on Lanzarote, otherwise you will have to pay a second fee. If in doubt call the Colegio de Arquitectos in Arrecife on 928 800799 or fax: 928 800798. Spanish-speaking.







Hospiten recommends healthy habits to prevent eSport injuries

Postural hygiene, the right equipment and rest periods are some of the recommendations made by specialist Antonio Hernandez Lecuona

eSport players dedicate hours to this discipline, and there are numerous cases of young professionals withdrawing from competition due to back, hand and elbow injuries. Preventing these injuries is possible being aware of the associated medical conditions and taking into account a series of habits as confirmed by Dr. Antonio Hernandez Lecuona, head of the Traumatology and Orthopedics Surgery Service at Hospiten Rambla University Hospital.

"The most common injuries are those affecting the back and are a result of the extended periods of time players spend sitting in front of the computer, whilst holding the controls of consoles for long periods of time causes even more serious injuries".

Professional eSport player, of Tenerife Sports Club, Andres Rodriguez 'Andyelmessy', is aware of this and that is why he goes to Hospiten Rambla University Hospital for a check-up every year, "to be able to compete at my highest level of fitness", explains the player.

Taking care of thumbs, wrists and elbows

The thumbs suffer from De Quervain tendonitis (inflammation of the lining of the abductor longus and extensor digiti minimi tendons) and trigger finger tendonitis, which affects the tendons that flex the thumb.

The famous carpal tunnel syndrome is another of the conditions eSport players suffer from due to the position their hands are in for long periods of time during games and especially in games played on a keyboard.

In the elbow, the most serious injury is lateral epicondylitis, better known as tennis elbow, which causes inflammation of the tendons



connecting the muscles of the forearm to the outside of the elbow.

The importance of rest

"Rest periods are essential," says Dr. Hernandez Lecuona, because it is a sport that puts stress on the hands and requires holding a static posture for a long time. For that reason, the doctor recommends that, in games involving longer periods of activity (more than 20 minutes), "there be pauses of at least five minutes between games". For short games, establishing a 10-minute break every 40 minutes is sufficient.

To prevent back injuries, the specialist advises adopting the correct posture - avoid leaning forward and try to keep the lumbar area supported by the back of the chair, whose position must be personalized, taking into account the physical characteristics of each individual player.

The right equipment - essential to preventing injuries

Regarding the equipment used during games, it is recommended that the computer monitor be at the level of the player's eyes and at a distance of approximately one outstretched arm. The keyboard must be propped up at an angle of about 15 degrees, to be able to hold the wrists in a neutral position and for the elbows to be flexed at a degree of about 30 degrees. The mouse must be located far enough from the keyboard to allow it to be handled comfortably.

"When holding the console controls, players tend to rest their forearms on their thighs and lean forward, which, over time, can lead to back injuries," says the doctor, advising players to support their arms on a table to avoid lesions.

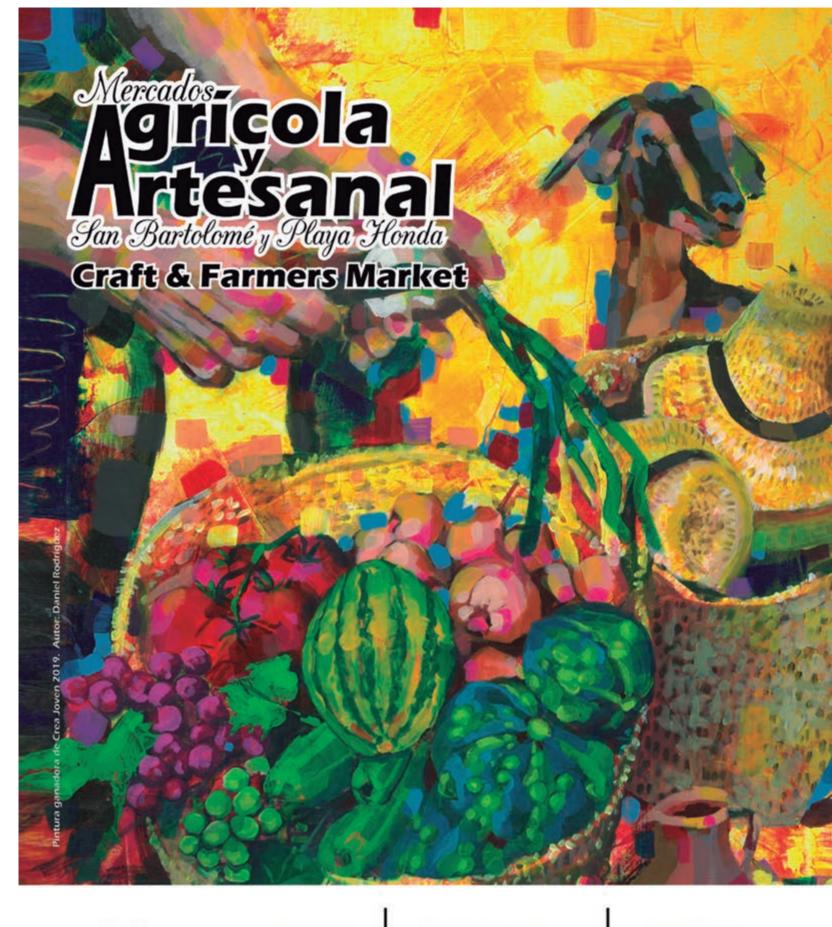
Warm up and stretching

Dr. Hernandez also points out that "it is essential to warm-up correctly to play without injury, warming the muscles and joints with a variety of exercises". After playing, he explains that "the most appropriate thing is to develop a stretching routine which includes exercises to stretch the hands, finger by finger, as well as the wrists and elbows".

About the Hospiten Group

The Hospiten Group is an international healthcare network with 50 years of experience committed to providing the highest quality service, which has twenty private medical-hospital centers in Spain, the Dominican Republic, Mexico, Jamaica and Panama. The group is chaired by Dr. Pedro Luis Cobiella and attends more than 1,900,000 patients from all over the world every year with a workforce of more than 5,000 people.

Hospiten Lanzarote: For further information, 928 596 171













San Bartolomé

Plaza León y Castillo

5th September 3rd October 7th November 11th - 12th December Playa Honda

Calle Mayor

18th September 16th October 20th November 18th December



Central Southern Route La Geria

Puerto del Carmen, the island's largest tourist resort, has almost 13 kilometres of beaches and a picturesque fishing harbour in the Old Town. On the main Island highway close to the Puerto del Carmen turnoff, a road opposite leads to ASO-MADA. Drive through and turn left at the first T junction until reaching a main road. This is LA GERIA, the wine-growing region of Lanzarote where grapes are cultivated in a manner not used anywhere else in the world. The result is an unforgetteable landscape dominated by the sight of thousands of shallow pits stretching as far as the eye can see.

The young vines planted inside are covered with layers of porous black volanic grains which feed them moisture and protect them from the harsh rays of the sun. They



are sheltered from the constant Trade Winds by the semi-circular walls of dry volcanic rock above.

Puerto Calero Marina

One of Europe's truly beautiful marinas in a magnificent setting which hosts international regattas.

The bustling commercial area is enhanced by an open air Museum of Sculptures located among the landscaped pathways comprising 12 impressive pieces by important artists. Watch out for the Puerto Calero signpost on the main island road between Puerto del Carmen and Yaiza.







Papagayo Beaches

Yaiza and El Golfo

Turn left driving past UGA village until rejoining the Island highway where YAIZA is soon reached. The town square contains several buildings typical of Lanzarote's traditional architecture with the Town Hall at one end and the ancient Los Remedios Church at the other.

To the right a few kilometres along after the town is a sign to CHARCO DE LOS CLICHOS, the GREEN LAGOON, (and neighbouring EL GOLFO village), which is reached after a short ride along a winding picturesque coastal road. A brief stroll round the corner brings us to the GREEN LAGOON. Scientists are not absolutely certain as to the source of its colour, some believe it is caused by algae, others attribute it to the green olivine semi-precious stone, found in abundance on the Island. (There are several good fish restaurants around the bay at EL GOLFO).

Returning along the coast there is a large parking area to the right. The seas below can frequently be seen battering away at the cliffs trying to force a way through. During the 18th century volcanic eruptions, lava thrown out by the volcanoes covered a large area of the ocean in this area which it has been attempting to

reclaim back ever since.

Yet another pretty scene just a few hundred metres along is presented by the JANUBIO salt ponds. Employing over one hundred workers at the turn of the century to provide sailing ships with salt for keeping food fresh, the salt works gradually fell into decline with the advent of refrigeration.

Stratvs Vineyard

Driving through La Geria from the direction of Yaiza, Bodegas Stratvs is on the right directly off the main road. The display at the shop in the spacious visitor's gallery offers a fascinating glimpse into traditional wine cultivation on Lanzarote. The vineyard is open 7 days a week 10:00 a.m. to 7:00 p.m. and there are 2 daily guided tours by appointment. However, visitors can visit the premises and cafeteria without appointment.

Playa Blanca Papagayo Beaches

Twenty years ago a tiny fishing village, PLAYA BLANCA on the south coast, is now a flourishing but tranquil resort with a beautiful beach bordered by a picturesque restaurant-lined promenade. The small harbour is used by ferries sailing to

Fuerteventura, the Fred Olsen Express car ferry makes the 20 minute crossing six times daily.

Close by along the headland to the east several paths lead to the magnificenti PAPAGAYO BEACHES. Composed of several small bays and coves, many consider these golden sands to be the most beautiful in Spain.

Marina Rubicón

This habour at Playa Blanca combines the most modern and well-equipped docks for sea-going yachts with the olde-world charm of traditional island architecture housing amenities and facilities on the shoreline including an art gallery. Two new deluxe hotels overlook the marina and the coastal promenade.

The Fire Mountains

Returning north on the main road turn left in YAIZA to MONTAÑAS DEL FUEGO, the FIRE MOUNTAINS, part of TIMANFAYA NATIONAL PARK. This region was devastated by intermittent volcanic eruptions over a six year period, 1730 - 1736. The scenery is both breathtaking and vividly awesome, a few hundred metres to the left a string of camels await passengers for a scenic ride round the rim of a volcano.

The red and white barrier at a toll booth signals arrival at the road which leads to the parking area at Hilario's Plateau.

Here the DIABLO RESTAURANT serves meals from a grill fitted across a natural volcanic chasm, with geothermic heat rising from the bowels of the volcano cooking the food!

A coach fitted with multi-lingual commentary leaves to tour the nearby region of volcanic destruction taking a route offering the clearest indication of what took place here some two and a half centuries ago. There are stops for photographs and the 45 minute trip is included in the price of the admission fee to the

4

Park. Open daily 09.00 - 17.00 hrs.

For the best times and conditions to visit the Cabildo Tourist Centres download the CACT Lanzarote App at Apple Play or Google Store.

Timanfaya Information

On exiting via the barrier turn left and after two kilometres watch out for the Timanfaya Visitors Centre on the left before Mancha Blanca. This is an excellent source of multi-lingual information about the Park and its volcanoes. Admission is free, open 7 days a week 09.00 - 16.45.

El Monumento

Continue past Mancha Blanca to Tao, turn right until the next roundabout. The MONUMENTO AL CAMPESINO at the right of the road was one of the first creations of the late Cesar Manrique whose intention was to commemorate past generations of Lanzaroteans who stuck to their toil in the fields even after volcanic eruptions had devastated their most fertile land. These hardy early 18th century pioneers invented the irrigation method still in use throughout Lanzarote today. They had noticed that wherever an amount of black volcanic grains known as picon thrown out by the volcano had settled on fertile soil, some type of plant-life eventually emerged from the ground. Soon realising that the grains were porous, farmers began covering their fields with picon. The typical farm house contains a restaurant serving local cuisine. Nearby, the public can watch artisans create traditional arts and crafts which can be purchased in the souvenir shop. Open daily 10.00 - 18.00, restaurant 12.00 - 16 .30, bar 10.00 - 17.45.

San Bartolomé

A short distance along take the



Guacimeta, San Bartolomé

right fork towards San Bartolomé. This is the geographical centre of the island and an important agricultural region where vegetables grow in the sandy 'jable' soil, unique on Lanzarote. Sweet potatoes, water melons and squash are the main crops grown in this region. Buildings of interest in the town itself include the Casa Mayor Guerra, the 18th century home of the former military governor of the island.

Tanit Ethnic Museum

Close to the Town Hall is the Tanit Ethnic Museum which contains a display of the working and cultural life of the island over the past centuries. Open Mon to Sat 10 - 14, closed Sunday.

Cesar Manrique Foundation

On the outskirts of town cross straight over the main Monument-Arrecife road until passing some ruins on a plateau to the left. Continuing downhill round a sweeping curve for a few hundred metres the imposing white gateway of the FUNDACION CESAR MANRIQUE appears on your left with its adjoining

spacious parking area. The Foundation is housed in what was originally one of the world's most uniquely beautiful homes built by Cesar Manrique for himself and where he lived for over twenty years. Set in a sea of petrified lava and constructed on two levels by interlinking five volcanic bubbles, this residence has attracted journalists from the world's leading architectural magazines and as a work of art in its own right is certainly worth visiting.

In September 1992 only six months after the Foun-dation opened its doors Cesar Manrique was killed a few yards away in a car accident. Without his intuitive genius for enhancing without spoiling nature, Lanzarote would today look just like many other holiday resorts with sunshine and nice beaches. Open Monday to Saturday 10.00 - 18.00 hrs and Sunday 10.00 - 15.00 hrs.

Museo Agricola El Patio

The buildings and grounds of El Patio Farm Museum represent an authentic and comprehensive reconstruction of traditional Lanzarote folklore and culture including



its unique agricultural history. Take the Arrecife-Tahiche main road, turn right at Tiagua and follow the signs. Mon - Fri 10 - 5.30, Sat 10 - 2.30.

Northern Route Teguise

The main road north from Arrecife leads to TEGUISE, the capital of Lanzarote for over 500 years until ceding the title to Arrecife in the middle of the last century. Moorish corsairs attacked this old town many times murdering, pillaging and carrying its inhabitants off into slavery. A small alley at the side of the church in the main square is called Sangre - Blood - on account of Christian blood flowing through the nearby streets on many occasions. Opposite, the SPINOLA PALACE fronted by two stone lions was the home of a wealthy 19th century merchant family which has been restored and is open to the public. Every Sunday and Public Holiday a market is held in and around the square.

The resort of Costa Teguise has five beaches the largest of which is Playa de las Cucharas.

Piracy Museum Santa Bárbara Castle

Standing on Mount Guanapay overlooking Teguise is strategically placed to overlook the coastline on both sides of the Island and was originally built to warn the Island capital below if pirates were sighted.

A Piracy Museum is located in the medieval fortress with a wonderful array of interactive screens, panels and information boards with the names and histories of some of the most famous names of pirates and privateers in maritime history. British and North African buccaneers prowled the waters of the Canaries in search of booty as well as attacking individual islands such as Lanzarote which suffered a series of devastating raids from the 16th until the 18th centuries.

The Pirates Museum open Monday to Friday 9.00 - 16.00 Sunday and Public Holidays 10.00 - 16.00. Currently closed for alterations.



Costa Teguise

Timple Music Museum Palacio Spinola, Teguise

This museum in the beautiful interior of the 19th century Spinola Palace is dedicated to the "timple" miniature guitar whose strident tones are known as the "The Sound of the Canary Islands." A timple is an integral part of every folklore group and the museum traces its evolvement on the island since the start of the last century. Fifty-five instruments from all over world are on display, all of which create a similar sound to the "timple", the most well known of these is the Hawaiian ukelele. Open Monday to Friday 9.00 - 16.00 . Sunday and Public Holidays 9.00 - 15.00. Closed Saturday.

Haria

The road north passes Los Valles an important agricultural village continuing past several laybys offering commanding views across to the opposite coast. Rounding some sharp curves cut through the cliffs the road descends to HARIA, nestling peacefully in the Valley of 10,000

Palms. Reminiscient of a North African oasis the town was a spa for wealthy Canarians in the past. The Artesanal Market every Saturday 10.00 – 14.30 is rated 5 Stars by Trip Advisor; Arts & Crafts Workshop Mon-Sat 10-14.00.

Manrique House Museum

Follow the signs to the House Museum of César Marique in Haria. It was the artist's second home where he spent the last few years of his life having converted his original residence into the Foundation at Tahiche which bears his name. Everything has been left in the original state it was in when he died. Open 7 days a week, but advance purchase of tickets is recommended due to limited capacity.

Mirador del Rio

Continuing northward past Maguez village a road towards the cliff-top leads to Guinate Tropical Park. A short drive on the main road and you arrive at MIRADOR DEL RIO, a belvedere with breathtaking views of the straights below and islands out to



→

sea. Open daily 10.00 - 18.00 hrs.

The Green Caves

The route continues downhill towards the GREEN CAVES, (open daily 10.00 - 18.00 hrs.), on the opposite coast over a region known as Malpais de la Corona, 'badlands' caused by the eruption of nearby Monte Corona. During an eruption whilst debris is shot out skywards, volcanoes also often break out below ground, a molten lava stream forging a tunnel. One such volcanic tunnel, the Atlantida, is below the earth's surface at this point which at 7 1/2 kilometres is the longest in the world.

Jameos del Agua

This large grotto harbouring an underground lake forms the last section of the Atlantida Tunnel and came into being when the molten lava stream met the cooler waters of the nearby Atlantic Ocean. An amenity not to be missed in this wonder of nature embellished by Cesar Manrique, is the underground concert hall located in a massive volcanic cavern. Open daily 10.00 - 19.00 hrs. and Tuesday, Friday and Saturday nights, 19.00 - 03.00 hrs.

The Cactus Garden

The route south passes through several villages until reaching an area where the fields are all planted with cacti. Known as the 'tunera' cactus it attracts the female cochineal beetle from which carmine dye is extracted. Dusty white patches on the leaf indicate a colony of this parasite and if crushed turn to bright crimson. Guatiza village is the centre of this cactus crop and is the home of JARDIN DE CACTUS - the CACTUS GARDEN - the seventh and last of the Tourist Centres, which opened in March 1990. Open daily 10.00 - 18.00 hrs

Arrecife

Continuing south the road leads past a white stone gateway leading



Arrecife

to Costa Teguise, one of the three major tourist resorts on Lanzarote. Arriving at the capital ARRECIFE, home to half of the 70,000 inhabitants of Lanzarote, whose tree-lined promenades and SAN GINES Lagoon are beautifully landscaped. A colourful street market takes place on the promenade every Wednesday selling traditional island arts and crafts among other items.

The main shopping area is in and around Calle Leon y Castillo which has a drawbridge at one end leading to SAN GABRIEL Castle, the Arrecife History Museum. A drive around the NAOS fishing harbour past some abandoned windmills leads to another medieval fort. CASTILLO SAN JOSE, whose 18th century interior was converted by Cesar Manrique in 1974 to house the International Museum of Contemporary Art. Open daily 11.00 - 21.00 hrs. On the lower floor an excellent restaurant with panoramic views out to sea. Open daily 10.00 - 01.00 hrs

Marina Lanzarote

Just a short walk from the town centre along the seafront leads to the shops and restaurants of the luxury Marina Lanzarote, newly-opened in October 2014. A first class selection of shops and boutiques overlooking the colourful tableau of transatlantic yachts bobbing at their moorings await the visitors as well as dining facilities to suit every taste and every pocket, offering everything from local and international cuisine to smart snack bars and cafeterias.

Golf - Theme Park

The island has two 18 hole par 72 golf clubs at Puerto del Carmen and Costa Teguise as well as Rancho Texas animal theme park at Puerto del Carmen.

Rancho Texas

Rancho Texas is an animal and water park close to Puerto del Carmen and just off the main island road. Among multiple attractions: a live sea lion show, dolphin interac-



tion, a huge pool with water slides, a splash park and a country and western show. Among services is a free bus pick up. Open 265 days a year.

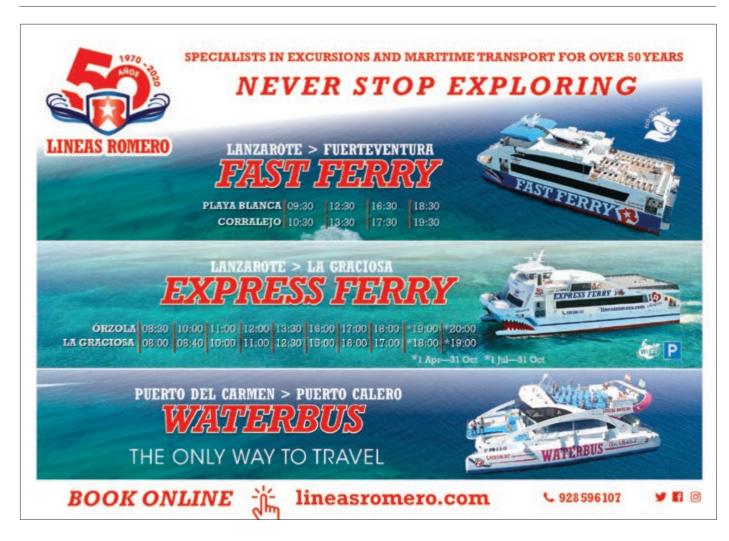
La Graciosa & Fuerteventura Ferry

Lineas Maritimas Romero operate frequent sailings from Orzola Harbour to La Graciosa as well as excursions from Puerto del Carmen. Other services include: Water-taxi Puerto del Carmen-Puerto Calero and Water-bus Playa-Blanca- Marina Rubicón-Papagayo. Departure and arrival times are convenient for tourists wishing to spend a whole or half day on Lanzarote's sister isle.

The neighbouring island of Fuerteventura is only 12 minutes away by Líneas Romero from Playa Blanca to Corralejo.



La Graciosa



16th Century Origins of the Dye in Mexico

History of Cochineal on Lanzarote

"Cochineal from Lanzarote dyed the uniforms of the Life Guards at Buckingham Palace and of the Canadian Mounties"

Collated by Larry Yaskiel

Photos: Suso Betancort / Asociación Milana / Liz







→

During the Spanish colonisation of Central and South America in the 16th century, the leader of the conquistadores Hernán Cortes informed the monarch about the stunning scarlet and crimson colour of cloths dyed with pigment displayed in the market places of Mexico City which he described as a "perfect red." Its source is the cochineal insect which feeds parasitically on the prickly pear cactus.

Once there was a color so valuable that emperors and conquistadors coveted it, and so did kings and cardinals. Artists went wild over it. Pirates ransacked ships for it. Poets from Donne to Dickinson sang its praises. Scientists vied with each other to probe its mysteries. Desperate men even risked their lives to obtain it. This highly prized commodity was the secret to the color of desire—a tiny dried insect that produced the perfect red.

Red, with its brilliant hue and broad cultural history, had inspired artists' imaginations and seduced viewers for millennia. Painters and dyers for centuries had strived to find the colour source to rival the best reds of nature, and to express the spirit, symbolism and sustenance of life. Their quest ended among the Aztec native inhabitants of 16th-century Mexico, when Spanish explorers encountered the American cochineal, according to Amy Butler Greenfield in the *Smithsonion* magazine. The author is a descendant of a family of weavers.

"More Valuable than Silver or Gold"

In 1556, King Felipe II stated, "Cochineal is one of the most precious products to come out of our overseas territories. The dye accounts for one fifth of all income entering the country's coffers, a shipload of which is more valuable to Spain than a shipload of silver and gold." At that time, the Spanish textile industry was overwhelmed with an insatiable demand for luxury clothes for the domestic market as well as for export. Emerging clothing industries of Europe were to discover that cochineal was better than any other dye used in the past for wools, cottons, silk and satins.







Renoir (1841-1919) Two Sisters



Secrecy Maintained

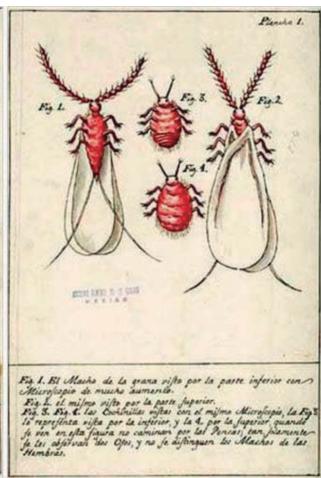
The Spanish monarch issued strict instructions to ensure that information about the origins and cultivation should not be revealed to any foreign power with offenders facing the death sentence for treason. This explains why uncertainty about the

true nature of the origin of the dyestuff reigned for several centuries among the other European textile producing nations who were unable to gain a collective picture of the manner of the cultivation and subsequent production methods used in cochineal factories.

*The Smithsonian Air and Space Museum in Washington D.C. recently received a \$200 million dollar endowment from Jeff Besos

→ The Aztecs Discovered the Secret of Cochineal Cultivation







An illustration of cochineal collection by Mexican priest and scientist José Antonio de Alzate y Ramírez, 1777. Newberry Library, Edward E. Ayer Manuscript Collection, the Aztecs and the Making of Colonial Mexico



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The Canary Islands Lanzarote and Tenerife

In the early 19th century, Spain decided to cultivate the plant on the Canary Islands of Lanzarote and Tenerife because of the similarity of climate and soil to that of Mexico. Canary cochineal was soon in great demand as it was considered superior to that supplied by Mexico and Peru. The cultivation of cochineal for its carmine dye became the major product of the Canary agricultural industry and was of major importance to the economy of Lanzarote. Traditionally located in and around the villages of Mala and Guatiza on the island's east coast, fields of the prickly pear cactus plant, upon which the cochineal breeds, extended over 550 acres of fields which can still be seen.

Exports to England

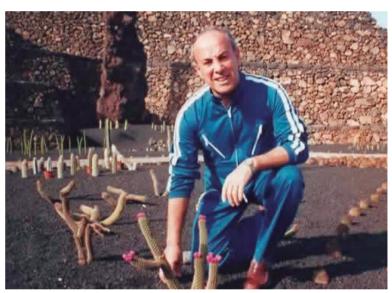
The textile factories of Britain absorbed the major share of the cochineal output of Lanzarote which was used to produce red fabrics of an unmatchable sheen and intensity. Court gowns and royal robes were dyed with cochineal as were the uniforms of British officers, most famously, the ceremonial dress of the Life Guards who guarded Buckingham Palace and the Royal Canadian Mounted Police.

Aniline Dyes

However, the discovery of aniline dyes in the 1850s marked the decline of cochineal cultivation in the Canary Islands. The synthetic dye was available at a much lower price as production in a laboratory was very much cheaper than the labour intensive cultivation of the plant.

In a surprising turn of history, over the past decade, the cochineal market is booming once again thanks for contemporary demand for safe food and cosmetic colouring.





César Manrique created the Cactus Garden in this location to honour the traditional cultivation of cochineal on Lanzarote. Photo Liz



First Woman President of the Lanzarote Cabildo Sebastiana 'Chana' Perera Revived Traditional Cochineal Cultivation at Mala

The former Cabildo President organised a pilot project called "Atlantida" for her pupils which evolved into what is now the Milana Cochineal Centre at Mala, dedicated to the once flourishing local industry. Students learn the basics of cochineal breeding and harvesting in order to allowing visitors an insight into the entire process from the placing of the parasite beetle on the host plant through to its extraction from the cactus.

International Recognition

Her efforts resulted in two major exhibitions of cochineal garments created on Lanzarote in the United States of America. Marsha Bol, curator of the Folk Art Museum in Santa Fe, New Mexico, visited the Mala facility and acquired two dresses, one red one black and a grey shawl as well as a pair of men's trousers, to display at her museum in America. She said how delighted she was to exhibit black and grey textiles, as most of their visitors and even some experts believed that red is the only colour obtained from cochineal dye. Due to the success at Santa Fé, the Lanzarote exhibit then travelled to the Bowers Museum in Santa Ana, California.

In 2016, the European Union recognised the importance of the preservation of cochineal cultivation with a Denomination of Origin Seal as part of the Rural Development Programme



Chana Perera holds a variety of products dyed with cochineal

Highly decorative women's fashions dyed with cochineal from the tuneracactus fields of Lanzarote are displayed by prestigious museums in the United States of America

> 10th anniversary of English Lancelot, Cabildo President Sebastiana Perera cuts the birthday cake assisted by Consul Peter Nevitt representing British Ambassador Sir Roger Fearn, and Lancelot Director Antonio Coll



Cochineal Fashion Parade at Real Club Naútico de Arrecife Supported by the Canarian Government and the Ayuntamiento of Haria

Photography Sergio Betancort



Each costume on display is dyed with cochineal cultivated and elaborated in the school of Chana Perera at Mala



Canarian Government official, Carmen Nieves, Ayuntamiento of Haria Councillor Evelia Garcia, designer Regina Ferragut and Director Club Nautica Julio Romero. Regina Ferragut was a pupil at the school of Sebstiana Perera at Mala and attributes to her influence her successful career as a designer of clothes dyed with cochineal

Isabel, daughter of Chana Perera, accepts the award on behalf of her mother from club president Julio Romero





Montse, granddaughter of Chana Perera, ensures the continuation of the Lanzarote cochineal dye industry by the next generation

Technical Features of Breeding and Harvesting Cochineal

The colouring matter in cochineal f L is carmine acid and the dye is made from the bodies of small insects found on the prickly pear cactus known locally as "tunera." The process of extracting cochineal is extremely tedious and requires great skill, it takes approximately 25,000 live insects, or 75,000 dried insects to make one pound of dye. Farming involves distributing the beetles over the cacti. They are scraped off the plants with a spatula, then dried in the sun and crushed to a powder which produces the red dye. Besides dyeing material, cochineal is used in cosmetics, food processing, pharmaceutical products and some soft drinks and aperitifs, most famously Campari (until 2006).

Characteristics of the Male and Female

The mouth of the insect has been adapted by nature to bite into the host cactus and absorb its vegetable juices. Its body is soft, dark of colour and covered in a white wax resembling ash. Carmine acid held in this coat is the source of the dye created by the female of the species. Males are greyish red about 2 to 3mm long and their wings are coated with a fine substance. Females are dark bluish red, wingless, 3 to 4mm long and have a short suction proboscis with which they suck in their nourishment from the host plant. One male comes to 300 females. Pregnant females' bodies swell up significantly as they fill with eggs. Cultivation involves distributing the insect over the cacti, ensuring that each plant has its share of productive females, and collecting the larvae after three months. Biologically, the cochineal scale insect belongs to the coccidae family and is related to the dactylopius.

Breeding Harvesting Drying

Cochineal insects live on two closely related types of cacti, opuntia and nopalae. The latter is the host plant for eight to nine types of cochineal, the former for over two hundred. Both types have been bred



The landscape at Mala and Gautiza consists of field after field of prickly of pear cactus known locally as 'tunera' cultivated as a host for the cochineal insect which feeds parasitically on its flesh







and used since pre-Columbian times. Wild cochineal can be collected all year round from the host plant, the wild growing nopalae cactus. The bred types are collected during special harvest seasons, usually two to four per year. During each harvest a certain amount of females are left behind to ensure that the strain survives. At harvest time these female cochineal beetles are gathe-

red by women wearing protective clothing on account of the cactus spikes. They scrape the parasite off the plant into metal trays with long handled spoons with sharp pointed spouts. Having been dried in the sun they are then packed into polythene bags. By the time this happens the beetles have lost their red colour and are now black having first turned grey during the drying process.

Cochineal Centre in the Municipality of Haría

The Milana Cochineal Centre is where the dye is now processed and serves as an additional attraction for visitors to the island enabling them to observe the entire cultivation procedure of this unusual source colorant, the only such facility on the continent of Europe.



https://asociacionmilana.com/





Lanzarote News Roundup

Reports from the Canarian Government

The Canary Islands Government Policy on Sustainable Development Praised by the United Nations Department of Economic and Social Affairs Published as an Inspiring Practice on the UN Agenda 2030 Website



Canarian President Ángel Victor Torres is highly satisfied with the UN report

Political Will

The UN highlights the political will shown by the Government of the Canary Islands, the dissemination of the initiative, the process carried out with the use of new communication technologies, the identification of adequate resources to carry out the necessary actions and progress towards Open Government. "This initiative not only allows the invol-



vement of citizens, economic and social actors, as well as professionals who are experts in processes related to sustainable development, but also provides an effective and replicable solution for collaborative work and the local association in a geographically fragmented territory and in the context of a global pandemic, for the localization of Sustainable Development Goals, SDG."

The head of the Directorate General for Research and Coordination of Sustainable Development in the

Government of the Canary Islands, David Padrón, has shown his satisfaction with the recognition by the international organization, which responds to the effort carried out by civil society, the private sector, universities, local and island corporations, and the Autonomous Government of the Canary Islands, with the aim of locating the 2030 Agenda and preparing the Canarian Agenda for Sustainable Development as the result of a collaborative alliance between all parties.

Major Award for Research on Kidney Disease

Under the heading "Cardiovascular risk factors in advanced chronic kidney disease," the report of Dr Mateo is based on her examination of sixty patients with advanced kidney disease in the nephrology department of Lanzarote hospital which led her to conclude that there is a high prevalence of cardiovascular risk factors, especially arterial hypertension on the island. She stresses the importance of multidisciplinary work with a great relevance for Primary Care in the prevention diminished kidney function that limits of life.

This was the first Conference of the Canarian Association for the Prevention of Cardiovascular Risk to be held online due to the health situation caused by the pandemic. More than 60 experts participated in the meeting, whose objective is the training of health professionals who work directly with patients. The hospital is run under the auspices of the Ministry of Health of the Canarian Government.

Research by Patricia Mateo, resident doctor of Geriatrics at Lanzarote Hospital Doctor José Molina, wins 2nd Prize for Best Original Work at the XV Conference of the Canary Association for Cardiovascular Risk Prevention.



The Prizewinning team from Lanzarote Hospital

Lanzarote News Roundup



Jumbo-Visma Cycling Team Promotes the Canary Islands Members Won Gold and Silver Medals at the Olympics in Tokyo



The Jumbo-Visma Cycling Team during training in the Canary Islands

The Canary Islands Government f L Tourism strategy to boost the Canaries standing among professional sports athletes took a great leap forward when Promotur succeeded in signing a sponsorship agreement with Team Jumbo-Visma, best cycling team in the world in 2020. This partnership received an incredible boost when P. Roglic and T. Demoulin won Gold and Silver medals in the Individual Time Trials at the Olympics in Tokyo. Tourism Councillor Yaiza Castilla said, "due to optimum geographical and climatic conditions, Jumbo Visna prepare for major international events four to five times a year in the Canaries which is well covered by the international media and attracts the attention of cycling and other extreme sports enthusiasts everywhere.

Primoz Roglic

The altitude, the long climbs and the good weather are the main reasons why Team Jumbo-Visma chooses the Archipelago as the venue for its training sessions. This is expressed by tOlympian Gold medalist



Primoz Roglic, the best world cyclist of 2020 and double winner of the Tour of Spain, who once again selected the Islands to carry out his set-up in 2021. "Tenerife presents the perfect combination for cyclists, with many climbs, very good roads and an exceptional climate. It is the only place where we can do 'training camps' at height in good conditions. You can go from being more than 2,000 meters high down to sea level in a very short space of time. And that is the optimum training location for us," he concluded. A fact corroborated by all the members of Team Jumbo-Visma, who insist that "there is no better place in the world to prepare for altitude.



Yaiza Castilla, Canary Islands Councillor for Tourism, Industry and Commerce

The best teams in the peloton fight every year to prepare their runners here to work on endurance capacity since training at height makes you transport more oxygen when you return to sea level and, in the end, that boils down to better performance."

Diversication Strategy

Positioning the Canary Islands ahead of other destinations among professional athletes who need to train outdoors, regardless of whether it is summer or winter, is part of our diversification strategy. Good weather throughout the year allows training without interruptions, something essential for those who must maintain their daily sports routine in the face of high-performance competitions," explains Yaiza Castilla. The Councillor concluded "the climate plus high-level facilities respond to the need of any elite athlete, in tandem with a variety of accommodation tailored for their needs including special diets and medical services." In fact, the Archipelago has become, on a recurring basis, the place chosen by numerous professional teams for high-competition training in different modalities. In the case of cycling, the Canary Islands are chosen by hundreds of professionals who seek, in addition to good weather all year round, ideal terrain conditions for this practice.



Lanzarote News Roundup

Reports from the Canarian Government

Canarian Government Tourism Introduced an Innovative Voucher Holiday Campaign in July Attracting 130,000 Resident Participants

Winners Received 200 Euro Bonus Vouchers towards the cost of their Accommodation or Travel A total of 1,025 businesses registered for the programme, including 209 travel agencies and 816 accommodation establishments 274 hotels and 542 non hotels.

urismo de Canarias closed the registration on 13 July after a 10 day campaign inviting participants to claim one of the two "We Are the Lucky Ones" (Somos Afortunadas) Tourist Vouchers for which 130,000 participants over the 8 Islands registered. In order to receive the €200 voucher for accommodation, qualifiers had to spend at least the same amount of their own money towards their hotel bill and in the case of travel agency vouchers, the participant had to commit to a minimum stay of 4 nights during the summer season or two nights between October and December, the final date being 15 December. The draw took place in the presence of a notary.

Councillor for Tourism, Industry and Commerce of the Government of the Canary Islands, Yaiza Castilla: "Participation exceeded all expectations in terms of interest and monitoring by the entire population of the eight islands and both modes of vouchers exceeded the amount qualifying for the 25,000 vouchers





Managing Director of Promotur Islas Canarias, José Juan Lorenzo, applied his digital marketing knowledge and experience to the organisation of the uncomplicated programme which resulted in a rapid and efficient technological campaign carried out in record time



for each mode, accommodation or travel. This initiative reactivated holiday travel between the Islands at a time when the Covid 19 pandemic had reduced visitors from abroad to hardly a trickle which severely affected both the hotel and airline sector due to the uncertainty of prospective holidaymakers in the countries of origin of our regular holidaymakers. Our campaign also emphasized the role that domestic tourism can play to boost the economy of all eight islands at such a critical time."



A prime example of extreme events is the well established Ironman Lanzarote the oldest triathlon in Europe which celebrates its 30th anniversary next year. See previous page.







Report from the Canary Government Health Department



Challenge "8 Islands 8 Marathons – Give Life" Urgently Seeking Blood and Bone Marrow Transplant Donors Cycling Campaign in the Pyrenees and on the Canary Islands

The Health Department of the Canarian Government seeks to promote the donation of vital organs, especially blood, because donations have greatly decreased during the Covid 19 pandemic. The 8 Islands require 300 pints of blood a day to save the lives of at least 3 adults or 5 to 6 children. If you wish to donate blood search www.efectodonacion.com to find the clinic closest to your home. Donors of bone marrow should be between 18-40 years old and must sign a consent form at www.canariasmedulaosea.org

Whilst the cycling team crossed the 800 km route across the Pyrenees in 8 stages starting out in Rosas, Girona to San Sebastian an information campaign took place in each individual area in the media and on social networks stressing the importance of the donation of these vital organs. A parallel campaign took place on the Canary Islands of El Hierro, La Graciosa, Gran Canaria and La Palma, however, the pandemic caused postponements on the other Islands.







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Reports from the Cabildo

Cabildo President Dolores Corujo awarded folklore artist Ico Arrocha the distinction of Favourite Son of Lanzarote

Lanzarote honored the memory of Ico Arrocha in an emotional event held at the Jameos del Agua Auditorium.

Margarita Perera and Albano Arrocha, widow and son of the singer, collected the Crab Award and the Gold

Medal that accredit the recognition of the singer from La Tiñosa as a Favorite Son of Lanzarote

Photos Sergio Betancort, Jesús Betancort, Liz



Cabildo President, María Dolores Corujo

The memory and voice of the late Ico Arrocha came alive at Jameos del Agua Auditorium throughout the evening at an event in which the singer's values were recognized in his promotion of the music, folklore and traditions of the Island of Lanzarote and in which, not only was his family given the distinction that accredit Federico Arrocha Hernández as Lanzarote's Favorite Son, but which also marked the commemoration of the Canary Islands' Day.

The event began with the interpretation of the Canarian Anthem by Pancho Corujo, with the entire audience on its feet to listen to the young tenor from Lanzarote. Relatives and friends of Ico Arrocha, authorities and representatives of the island's folk groups, fell silent before the torrent of Corujo's voice. Then came a performance by Guadarfía folklore group, to which Ico Arrocha had belonged throughout his life. This was followed by one of





Pancho Corujo and Guadarfía provided the musical background for the event held at Jameos del Agua

the most emotional moments of the night, when an image of Ico Arrocha appeared on the screen and his voice is heard interpreting a folia.

Culture Councillor Alberto Aguiar, read the minutes of the Plenary Meeting of every member of the Cabildo which unanimously, bestowed the honour of Favourite Son of Lanzarote posthumously to Ico Arrocha. He was a person who shone with his own light, without being aware of

it, with the humility and generosity of great men, always presenting a friendly image of this island, singing and telling about the fire of our volcanoes, the stillness of the waters and the vigor of the wind that characterizes Lanzarote." Arrocha's son quoted some verses that a respected composer had dedicated to Ico.

President of the Cabildo de Lanzarote María Dolores Corujo affirmed that "the merits contracted by Ico as a man of music, of folklore, characteristics that are amply recognized in his appointment as a Favorite Son of Lanzarote which still live in our memories because it is impossible to forget his voice, the mastery with which he performed folías and Seguidillas or the tenderness with which he performed the boleros. To the richness of his voice, to his mastery, to his love for Canarian popular music, we must add the value of him as a person," said the president. A finishing touch for a special night in memory of Ico Arrocha.





The Arrocha family with the members of the Cabildo





The President presents a symbol of Jameos to the family

Hotel Paradise Theatrical Work at El Salinero Theatre 4 November Highly Acclaimed International Mime Company

The Lanzarote Cabildo and the CajaCanarias Foundation are jointly presenting a theatrical work entitled Hotel Paradise performed by Familie Flöz an internationally renowned company of mime artists based in Berlin. "The plot is a story of tragedies crossed with comedy and the action takes place in a family hotel in the Alps, equipped with a thermal spring. The mime cast consists of the elderly director, the shy receptionist son and his impetuous sister, who dispute the future of the company; the rough cook, the kleptomaniac cleaning lady and the customers: a newly married couple, some mountain climbers, and a prostitute. When the first death occurs, staff and guests are swept up in an avalanche of mystery. Familie Flöz is an international group of creators, actors, musicians, dancers, directors and technicians which has been performing since 1996.









Reports from the Cabildo

Lanzarote's University School of Tourism Celebrates XI Annual Graduation



Lanzarote's University School of Tourism celebrated the XI Annual Graduation with the presentation of diplomas in the presence of Cabildo Councillors Paula Corujo and Marcos Bergaz with School Director Eva Crespo. The President of Las Palmas University Lluis Serra Majem presided over the proceedings.



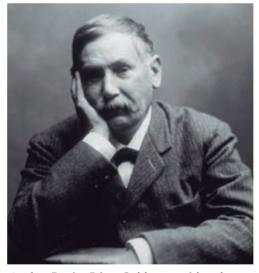
Students Graduate from the Lanzarote Tourism University School

Benito Pérez Galdos (1840-1920) Centenary Exhibition

enito Pérez Galdos, a Spanish novelist **B**considered as second only to Cervantes, was born in Las Palmas, Canary Islands, in 1840. He went to Madrid as a student and lived there, except for his travels, until his death in 1920. Working as a journalist, his introduction to the Spanish public came about through his translation of the Pickwick Papers by Charles Dickens about whom he said "I look on Dickens as the teacher I loved more than any other." He made this remark at the English writer's grave in Poets' Corner, Westminster Abbey, on his first visit to England when he also visited the Dickens' family plot at Highgate Cemetery.

The Pickwick Papers

The novel Galdós translated tells the story of the Pickwick Club of London which decides to establish a travelling society in which four members led by their president, Samuel Pickwick, set out on journeys around Britain and wrote reports on what they had observed. It is interesting to note that The Pickwick Papers was both Charles Dickens first book and its translation into Spanish, the first published work by Galdos and both authors were 24 years old at the time.



Author Benito Pérez Galdos, considered as only second to Cervantes in Spanish Literature



Education Councillor Paula Corujo organised the display at the Biblioteca Insular



Plácida Checa Fajardo, Exhibition Commissioner is seen with other officials from the Canarian Government and the Lanzarote Cabildo







Prime Minister Pedro Sánchez Holidays on Lanzarote

During his one week holiday on Lanzarote, Spanish Prime Minister Pedro Sánchez attended the celebration of the 100th anniversary of the birth of José Saramago at his former home A Casa in Tías. Mayor José Juan Cruz paid tribute to the late Portuguese Nobel Prize Winner for Literature in the presence of his widow Pilar del Rio who heads the Saramago Foundation, Minister of Health Carolina Darías, Canarian President Ángel Victor Torres, Delegado del Gobierno, Anselmo Pestana, President of the Lanzarote Cabildo Maria Dolores Corujo and former Prime Minister J.L. Rodriguez Zapatero. Mayor Cruz concluded, "Tias opened its windows to the world through the vision of this universal author." Photos Dory Hernández

Timanfaya hosts a debate on how to boost geothermal energy on the island

The Cabildo of Lanzarote held a discussion with geothermal experts on the manner in which the development of geothermal energy can continue to be promoted on the island, as part of the general debate on green energy. Among other issues, the experts debated the detection of thermal anomalies in Lanzarote from remote sensing data, the structure of the island's geology and the technology necessary to carry out geothermal tasks.

Energy Councillor Ariagona González is committed to thermoelectricity as one of the viable options to generate renewable electricity from volcanic heat and move towards energy self-sufficiency on the island





The Canarian Government and the Ministry of Defence have initiated a programme to introduce new ethnic vegetation to the arid grounds of the military base on the summit of the Famara Cliffs. According to Cabildo Environment Councillor Ariagona González, this cultivation will produce seeds for nurseries in other areas of the island which require additional plant life and flora.



Reports from the Cabildo

Distinguished Services to Tourism Awards and Citations 2021

Isle of Lanzarote Trophy: Volotea Airlines for "initiating new routes to Lanzarote from France, despite severe travel restrictions caused by the Covid 19 pandemic."

Special Citations: 100 Years Anniversary Birth of César Manrique and of José Saramago: and to the team of SCS Canarian Health Services on Lanzarote.

Business: Lineas Romero Ferries.

Events: IFC Canoe Ocean Racing World Championship Personalities: Famed Chef de Cuisine Luis León.

Awards for 2020: Isle of Lanzarote Trophy: Irish Travel Agents Association, IAAT. For voting Lanzarote "Best Sun and Beach" resort in Europe" annually for over 15 years

Business: Restaurant Icarus Teguise.

Personalities: José Martínez, Francisco Martínez, Hijos de Padrón, Pérez Moreno, Eduardo Spinola, Cristóbal Sánchez and Mercedes Hernández Pérez.

Special Mention: All who assisted in the evacuation of tourists when the pandemic broke out, guides, hotel employees, bus drivers; AENA personnel, Civil Protection, Red Cross, Guardia Civil, Volunteers of Lanzarote Security and Emergencies.

The Romero brothers were born on the island of La Graciosa and still love its rugged natural surroundings and the refreshing smell of sea salt in the air and remain dedicated to the conservation of the environment and firmly believe in responsible tourism. From its humble beginnings when a rowing boat carried mail between La Graciosa and Lanzarote, the company of the brothers Luis, Juan Jorge, Federico and their sister Rosa who named it Lineas Romero. Nowadays the ultra modern fleet with a catamaran operates between Lanzarote, La Graciosa and Fuerteventura carrying holidaymakers between the isles and on excursions to examine the flora and flora on the sea bed from a glass-bottom boat. General Manager on Lanzarote Luis Padron points out that bicycles and pets travel free of charge. La Graciosa-based Lineas Romero employs a staff of 150 people.







Cabildo President Dolores Corujo and Tourism Councillor Ángel Vázquez will be presenting the awards on World Tourism Day at the end of September





The Cabildo President and the Minister of the Higher Sports Council in Madrid with the Mayors of Tias and San Bartolomé at the selection of the Island's multi-disciplinary sports facilities for hosting and training national and international sports events











Eating out on Lanzarote

All energy used in the Tourist Centres is from ecologically sound renewable sources







Museo de Campesino

Open daily 12.00 -. 16:00

Tomato and fresh goats cheese served with garlic oil and oregano, Pork medallion specialty served with wild mushrooms and dates; classical rabbit with salmorejo sauce served with a creamy jable sweet potato purée; Classic rabbit recipe served; fried and crispy chicken breast filled with ham and served with a creamy Canarian almogrote cheese sauce. Also dishes for the "little ones."

El Diablo Restaurant

Open 10.00 -16.45 daily 15 July - 15 September 09.00 - 16.45.

A once-in-a-lifetime eating experience awaits guests at the El Diablo Restaurant in the Fire Mountains. Food is cooked on a grill heated by geothermal heat emerging from a volcanic chasm below in the bowels of the earth. The temperature inside the mountain at this point is 500° C and even a few inches below the surface it is 100° as can be seen in two displays by park rangers. Before or after your meal be sure to go on the guided tour of the Volcanic Route on coaches equipped with multi-lingual commentaries. The tour is included in the admission price paid at the park entrance.



Castillo de San José Wednesday

Saturday 12.30 - 16.00 19.30 - 23.00 Sunday 12.30 -16.00

Starters include Caramelised goat's cheese, Iberian roast pork carpaccio, foie shavings and vanilla salt. Main dishes include, Atlantic wreckfish with king prawn Canarian tuna steak Tataki style, honeyed squid rice with saffron and cured cheese slices, Carved grilled entrecote, Pork cheeks served and seasoned with local salt flower, duck magret with crispy skin served with Porto sauce and dates, Desserts include, goats milk yoghourt with local strawberry compote.

Jameos del Agua Dining

Friday nights 3 menus Vegan - Classic - Premium

The restaurant is considered among the most beautiful dining lo-

cations in the world. Rita Hayworth, who had been filming on Lanzarote when it first opened in 1978, told the international press "I have just experienced the "eighth wonder of the world." Selection includes: Tofu tartar served with guacomale, tomato, soft lettuce and soya, sesame and palm honey vinaigrette. Wild asparagus and mushroom risotto with coconut milk, curry and toasted pine nuts; shitake mushroom. Roasted maize meal roll, vegetable stir fry served with terivaki sauce. Harvest-fish sirloin with maize meal and cilantro broth or duck thigh comfit of sweet potato and figs. Cheese mousse with passion fruit.

Denomination of Lanzarote volcanic wines served at all the Tourist Centres. Information 901 200 300 online reservations: www.cactlanzarote.com/es/events/

Please check timetables during limited lockdown on www.cactlanzarote.com/es/events/



Reports from the Tourist Centres

History of the Islote de Fermina Tourist Centre Originally Designed by César Manrique in 1970

The original plans by César Manrique in 1970 for the 14,000 m2 Islote de Fermina leisure centre, consisted of a 3,600 m2 swimming pool, a solarium, a jetty and a cafeteria. Soon to reopen

Collated by Larry Yaskiel / Photography Hugo Alberto Rojas



Executive Director CACT Tourist Centres Benjamín Perdomo

The citizens of Arrecife will soon be able to enjoy the Islote de Fermina Leisure Centre more than fifty years after César Manrique designed it for the city of his birth

Fermina Garcia Santana

In 1918, the harbour master of the port of Arrecife, granted Fermina Garcia Santana an enterprising local businesswoman involved in the shipping industry, permission to build a dockyard on an islet just off the shore of Reducto Beach. She built a sloop and named it La Fermina which has remained the name of the location ever since. Fifty years later in 1968, a property development company called Protucasa was founded by the Cabildo Insular Councils - 60% owned by the Caja de Canarias bank - for the purpose of developing a tourist industry which became the first Canarian firm listed on the Stock Exchange.

Major Projects on Lanzarote

Managing Director Juan Marrero Portugués decided on three major projects for Lanzarote, the Grand Hotel and Hotel Lancelot in Arrecife, a tourist complex at La Santa and he also commissioned César Manrique to build a leisure centre on Islote de Fermina. The artist had already garnered a reputation by converting



Jameos del Agua into a night club and theatre on Lanzarote and creating Lago Martiánez pool complex at Santa Cruz, Tenerife.

Rita Hayworth and Josephine Baker

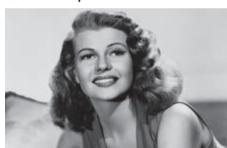
By coincidence, Hollywood icon Rita Hayworth had just finished filming "The Salt Route" for an American movie company on Lanzarote and César Manrique invited her to the grand opening of Jameos del Agua as guest of honour which she was delighted to accept. The very next day the film star flew to Paris where she announced at a press conference that she had just come from seeing the "eighth wonder of the world" which was called Jameos del Agua. And when asked where it was she replied, on Lanzarote, and was then asked "and





every major detail proposed by the artist

César Manrique



Rita Hayworth



Josephine Baker

where's Lanzarote!" The inauguration of Lago Martiánez was likewise attended by a world star, American-born French musical entertainer Josephine Baker. From the very beginning of his career the quality of César Manrique's creations enhanced the reputation of Lanzarote and the Canary Islands among the international elite all over the world.



This attractive leisure centre will be an additional attraction of the island capital for holidaymakers and cruiseline passengers

Avoiding Queues

The CACT management recommends visiting the various centres at the following times to avoid long waiting periods:

Fire Mountains:

after 13.00 hrs.

Jameos del Agua:

10.00 hrs and after 15.00 hrs

Cueva de los Verdes

10.00 hrs

Casa Museo el Campesino

10.00 – 14.00 hrs where having visited the Centre visitors are welcome to observe the traditional crafts of local artisans.



Reports from Tías

The Ayuntamiento of Tias Modernisation Programme for Puerto del Carmen

Strongly Supported with Financial Subsidies from the Tourism Ministry of the Spanish Government, of the Canary Islands Regional Authority and of the Lanzarote Cabildo. Executive Officials from each Administration were Highly Impressed by the Innovative and Meticulous Planning



Mayor of Tías José Juan Cruz

panish Government Secretary of State for Tourism Fernando Valdes held a working meeting to discuss the modernisation programme for Puerto del Carmen accompanied by Delegado del Gobierno Anselmo Pestana, Cabildo President Dolores Corujo. Tias Mayor José Juan Cruz and Deputy Mayor and Tourism Councillor Mame Fernánde explained the development and improvements currently in hand. Earlier in the day the Minister for Industry, Tourism and Commerce, Reyes Maroto explained the government's strategy for sustainability in the tourist regions.

Sustainable Urban Mobility Plan of the Ayuntamiento of Tias

The Town Hall's objective is to achieve a sustainable, inclusive, safe and efficient mobility plan with the participation of citizens and the relevant social agents in tandem with III Plan for the Modernization, Improvement and the Increase in the Competitiveness of Puerto del Carmen. Mayor Cruz pointed out that "the municipality consists of 21,500 inhabitants and 30,000 tourist beds

Photos Dory Hernández



Spanish Government Secretary of State for Tourism Fernando Valdes Delegado del Gobierno Anselmo Pestana, Cabildo President Dolores Corujo, Tias Mayor José Juan Cruz and Deputy Mayor and Tourism Councillor Mame Fernández



Mayor José Juan Cruz, Deputy Mayor and Citizens Participation Councillor, Nicolás Saavedra, Mobility Councillor Sergio García, and technician Manuel Pineda

whose mobility must be efficiently combined with environmentally friendly alternatives. Our most important challenge is to define the criteria to provide an optimum model."

The main objectives cover the following areas: pedestrian mobility and public space; bicycles and skateboards; a safe and efficient road network; parking and electric charge points plus mobility in hotel areas and more sustainable mobility habits through participation and information.







Tías Town Hall have installed LED street lighting at Matagorda to save energy and reduce lighting contamination. LED bulbs consume less power which reduces greenhouse emissions. Easily the most significant advantage of LEDs when compared to traditional lighting solutions is the long lifespan. The average LED lasts 50,000 operating hours to 100,000 operating hours or more which is 2-4 times longer than standard fluorescent lighting

A second meeting was held of the Cabildo-Town Hall Complementary Offer for the Rejuvenation of Puerto del Carmen with President Dolores Corujo, Mayor José Juan Cruz, Deputy Mayor and Tourism Councillor Mame Fernández which was attended by the proprietors of 25 local businesses related to tourism. The main points raised were accessibility, parking, obsolete commercial premises and the need for an innovative approach for the local business centre as well as financial support. The Cabildo President praised the local Mayor and Council for initiating the Puerto del Carmen modernisation plan, the first of any tourist area in the Canary Islands.

Tourism Councillor Mame Fernández stressed that the day to day running of the economic framework of the resort is in the hands of the local business sector whose opinions are vital and the Council invites them to contribute their opinions we will do everything possible to offer financial support through infrastructure and other schemes. He also announced the opening a Municipal Tourism Office at Biosfera Plaza to facilitate contact. "We ask for your involvement and support allowing us an opportunity to work hand in hand with the private sector which is welcome to discuss renovation projects or offer suggestions for improvements."





Tourism Councillor Mame Fernández expressed his satisfaction at the Ayuntamiento of Tias receiving the Blue Flag of the EU for Playa Grande, the largest beach in Puerto del Carmen. The award guarantees pristine waters and perfect safety conditions for bathers.



Cabildo President Dolores Corujo Mayor José Juan Cruz, Deputy Mayor, Tourism Councillor Mame Fernández



The Heritage Department of Tias Town Hall in association with the ONCE Foundation has begun offering cultural information in Braille, starting with a description of San Antonio Hermitage. In the photographs, Culture Councillor Pepa González with Vanessa Mendoza



Reports from Tías



Fiestas del Carmen at El Varadero from 29 July to 8 August Many Holidaymakers Enjoyed the Displays and Concerts



The Fiestas del Carmen took place between the 29 July and the 8 August at Plaza El Fondeadero with events including a workshop on building canoes, and instructions on diving for youngsters and an exhibition of a simultaneous chess game. Sports included beach volleyball and table soccer, bowls, indoor soccer, a canoe regatta and the popular annual La Tiñosa to Barranco de Quiquere race overlooking the seashore. Concerts took place every night to suit every taste from rock to folklore.

Diving instruction is very popular because Lanzarote has 25 dive stations, more than any other Canary Island and Playa Chica next to the Fariones Hotel is the oldest and most popular diving site on Lanzarote. Of 100,000+ divers a year, 35% are from the UK followed by Germany, 20% and the Spanish mainland, 16%. Some enjoy as many as four or five diving holidays a year on the island.















Tias is renovating the bolas (local bowls) pitch in El Fondeadero harbour which is always a great attraction for tourists who try and work out how the game is played and the scoring system. Deputy Mayor Mame Fernández and Sports Councillor Sergio Garcia said that following the extraction of the sand from both pitches the side walls would be renovated and the ground prepared for new sand to be laid. Tias Town Hall is inviting tenders to refurbish the children's playground at Plaza de los Naciones.



Ray Zapata wins Silver Medal in Floor Gymnastics at Tokyo Olympics Lanzarote's First Ever Podium Level Olympics Participant





In congratulating Ray Zapata on his Silver Medal success, Cabildo President Dolores Corujo said that he is the perfect role model to inspire the island's youth

Ray Zapata, born 26 May 1993, who won the Silver Medal at the Tokyo Olympics, is a Spanish artistic gymnast and a member of the national team who has been living on Lanzarote with his family for many years. The athlete became interested in the sport thanks to his sisters, who took him to one of the exhibitions held every year on the island and was attracted by the discipline of artistic gymnastics after starting classes with the Island Sports Service. It was the Club Isla de Lanzarote who recognized his potential and whose colours he has worn ever since at national and international competitions. His first major triumph was winning the bronze medal in the men's floor exercise at the 2015 European Games held in Glasgow.

Ray Zapata has had to overcome some difficult times over the years when he was forced to train in Barcelona and Madrid far from family and friends. But he had the good fortune that retired Spanish Olympian Gervasio Deffer, now his coach, encouraged and supported the athlete from Lanzarote. He had a wealth of experience to pass on to Ray as he had won an Olympic Gold in the pole vault and silver in the floor exercise.

Ocean Lava Lanzarote Half- and Olympic Distance Lanzarote Triathlon Plus Ocean Lava Kids at Puerto del Carmen 22/23 October

"Kenneth Gasque has brought thousands of the best triathletes in the world to Lanzarote over the past 29 years through imagination, professionalism and determination"

Over 250 athletes from 24 different countries are competing in the Ocean Lava event presented by Kenneth Gasque, his Sports Director Juan Antonio Carreño and Sports Councillors from the Cabildo and the Ayuntamiento de Tias, Francisco Javier Aparicio and Sergio Garcia as well as Tias Tourism Councillor Mame Fernández. The officials were unanimous in their praise for Kenneth Gasque - also the founder of Ironman Lanzarote in 1992 - for his imagination, professionalism and his determination in creating both sporting events which have brought thousands of the best triathlon runners in the world to the island over the past 29 years and which has also attracted the island's youth to take up sports activities and lead a healthier life.





Reports from Yaiza

Yaiza Mayor Óscar Noda Announced the Opening of the Link Road at Playa Blanca following an investment of 2.1 million euros in the infrastructure

The broad thoroughfare connecting Avenida Papagayo with Avenida Salida a Femés, is equipped with broad paving and bike lanes. Mayor Óscar Noda said that the long-awaited linkup relieves traffic congestion and shortens journeys for both residents and visitors in a large urban tourist zone

Photos Alex Salebe



Yaiza Mayor Óscar Noda

t the end of June, the Ayunta-Amiento chaired by Óscar Noda opened the newly-built 720-meterlong road that connects Papagayo avenues and Salida a Femés, in the tourist resort of Playa Blanca. The project, at a cost of 2.1 million euros was co-financed by the Municipality of Yaiza and the Spanish Government and is the result of an agreement between the Yaiza City Council and the Secretary of State for Tourism. Both administrations considered the crucial importance of connecting these two major highways for the benefit of the local population and the large amount of tourists as well as a significant amount of foreign property owners who own holiday homes in the area. Óscar Noda highlights that "the new road relieves vehicular traffic from the center of town and offers a pleasant walking area for pedestrians and cyclists, particularly residents of Las Coloradas, Castillo del Águila. The connection also has an environmental component since by shortening distances vehicle emissions are reduced."

Councillor Jonatan Lemes said





During the opening ceremony Mayor Noda was joined by his First Deputy Mayor and Councillor for Tourism Ángel Dominguez and Councillor for Public Works Jonatan Lemes for a walk along the new road

that "in addition to the road and the two roundabouts the connection provides traffic with more fluidity as well as offering the additional amenity of a dedicated bike lane, parking areas, pedestrian crossings and landscaped sidewalks with urban furniture, things which we may not pay much attention to on a day-to-day basis, but which add comfort and character to our public spaces."

Planned Projects

The Mayor of Yaiza praised "the dedication work of the Councillor for Public Works and the Technical Office team, in charge of the large volume of projects underway as well as those still in the planning stages. They include the thorough refurbishment of the road connecting Puerto Calero with the main insular IES

high school at the junction of the LZ highway budgeted at €950,000, the infrastructure and resurfacing major streets in Yaiza and improvements €1.3 million; repairing and asphalting the Avenida Papagayo to the Las Coloradas area, €1.1 million.

As far as the inter-administrative collaboration agreements which allow Yaiza to execute projects such as the connecting road, Mayor Noda stresses "for public institutions, political will is not enough, but an administration like Yaiza Municipality has the ability to undertake agreements which allows it to partner supramunicipal entities because the Town Hall is 100% up to date with its financial obligations and is the administration with the greatest volume of investment capacity in Lanzarote, and tangible facts back this up."



Marking the Saint's Day of San Marcial de Rubicón Patron Saint of Lanzarote and of all 7 Canary Islands



Mayor Óscar Noda said how he hoped that future celebrations would take place without the Covid 19 distancing restrictions which limited the congregation this year

Mayor Óscar Noda accompanied by Municipal Councillors and members of the local population attended the first of three masses celebrated at Femés Church on the anniversary of the creation of the Diocese of the Canaries in 1404, the first in Europe. The church was completed in 1733 and stands on the site of a still earlier place of worship destroyed by pirates in the sixteenth century. At one time it was an episcopal seat of Bishop Manuel Davila y Cardenas. See page 52.



Femés Church, the original seat of the Diocese of the Canary Islands



Yaiza published three comics created by IES Yaiza students under a Citizens Participation Workshop campaign. Mayor Óscar Noda stated, "It is important for our younger local inhabitants to be able to express their concerns and demands through artistic expression. Yaiza guarantees the continuity of citizen participation by students in their school environment and in other sectors of society



Yaiza Mayor Óscar Noda and his Tourism Councillor Ángel Dominguez praised the outstanding efforts of Puerto Calero for being awarded this year's distinction of the Blue Flag for the 26th year in succession. In their message of congratulations to the President of Calero Marinas, José Calero, they praised his commitment to the conservation of the environment and maintaining standards of outstanding quality from the very beginning. The Yaiza Mayor also thanked José Calero for placing his marina's facilities at the disposal of Lateen Sailing team to practise for competitions.



Tourism Councillor Ángel Dominguez



Yaiza invited tenders to build a climbing wall in Parque Mediterraneo to cover a surface area of 140m2. The location was visited by Mayor Óscar Noda and Sports Councillor Ángel Lago



Reports from Yaiza





Arrival of the Normans in 1402, from "Le Canarien," courtesy British Library. See page 51

A 15th century engraving of the Normans and their sailing ship on which they arrived on Lanzarote in 1402. Clearly seen are the figures of the two leaders, noblemen Juan de Bethencourt and Gadifer de la Salle standing on deck holding their baronial emblems. A Papal Bull of 1404 established the Canarian-Rubicón Diocese at Femés in Yaiza Municipality where it remained for eighty years until being transferred to Las Palmas.

San Marcial de Rubicón was the castle built by Juan de Bethencourt on the south east coast of Lanzarote where he landed in 1402.

The Norman knight headed an expedition financed by Henry III of Castile to colonise the Canary Islands in the name of Spain. Prominent among the party were his two chaplains Fray Pedro Bontier and Juan Le Verrier whose diary of the first years of the conquest entitled "Le Canarien" has remained the official chronicle of the event up until this very day.



Yaiza Extreme Sur MTB weekend competition was carried out under very adverse weather conditions with the participation of over 200 athletes over the 13 km and 21 km courses. Winners were Samuel Rodriguez (MTB) and Aitor Navarro (Trail)









Young triathletes from Yaiza Municipality, Yerove Rodriguez Machin, Carla de Marco Castaña and Bruno Castro Mar, were among the Canary Islands team competing in the championships of Spain for schoolchildren. As this was their first experience at national level they were congratulated by Mayor Óscar Noda and Sports Councillor Ángel Lago



Yaiza celebrated promotion to the 3rd Division following an exciting final game against La Laguna which ran to 120 minutes and was decided by penalties. Mayor Óscr Noda and Sports Councillor Ángel Lago congratulated the team especially the goalkeeper who made the vital penalty save which decided the game





Susana Pérez, Elsa Bestegui, Proprietor, Lava Beach and Nely and Rosi Rosa, Proprietors of Suite Hotel Fariones

According to Susana Pérez, President of the Lanzarote Federation of Hotels, two hotels in Puerto el Carmen, Suite Hotel Fariones and Hotel Lava Beach are among the Top 10 establishments in Spain which have won awards for energetic innovation of their Sustainability and Rehabilitation projects. The nominations under the auspices of the Secretariat of State for Tourism and the World Tourism Organisation took place at the 2021 Fitur Tourist Fair in Madrid, one of the three most important dates on the calendar of the international travel industry. The facilities and amenities of each hotel fulfilled the 17 criteria established by the United Nations for Sustainable Development.

Suite Hotel Fariones is reopening next year following an 18 month complete renovation of all its premises in order to continue to provide guests with the optimum quality service they have always received. They welcome back visitors to their exceptional location directly at the beach offering spring-like weather throughout the year.



Suite Hotel Fariones



The Hibiscus Hotels Group welcomed back visitors to the Lava Beach Hotel offering all previous clients a 12% discount on the web price as a reward for their loyalty. Their establishment overlooks the Atlantic Ocean in a quiet peaceful area with direct access to a long stretch of dark volcanic sand. A wonderful promenade with a bike lane runs directly past the garden and a good selection of shops and restaurants are close by.





Channel 4 and A Place in the Sun team up with Roper Properties and two pairs of satisfied clients in the highly popular weekly TV programme, obligatory watching for viewers seeking holiday homes abroad. Following their

purchase of property in Puerto del Carmen they and the presenter Ben Hillman, are seen with Kevin Roper, who has been selling real estate on the island since 1984, whose motto is "Selling happiness on Lanzarote".



Reports from San Bartolomé

Ayuntamiento Support for the Elderly and their Dependents Employment Programmes for the Young and Self Employed



Mayor of San Bartolomé Alexis Tejera



Members of the Municipal Governing Council

"Education is the Pillar of Modern Society"

In a review of his first two years in office Mayor Alexis Tejera highlights the attention his administration has paid to all sectors of the municipality's inhabitants by staying close to the citizens and their individual problems. "It was and remains important to stay in touch with neighborhood associations, collectives, schools and NGOs offering the Town Hall's support. A major priority was the inception of a Family Respite - a home from home - providing accommodation, to assist the elderly and their dependents offering help for family members who have to take time off work to help out at home. The Social Services Department pays special attention to carefully monitor people living alone who may suffer a lost sense of purpose, financial insecurity, difficulty with everyday tasks and mobility helping them to find the right care provision and access to healthcare services.

Among other achievements, the Ayuntamiento of San Bartolomé has pioneered employment programmes for the young and the self-employed, activated the full potential of the open shopping area to help businesses severely affected by the Covid 19 crisis and by the modernisation of the town cen-

tre. It was likewise of importance to ensure the aesthetics of the expanding Playa Honda Industrial, Business and Services Park to a standard befitting the isle of birth of César Manrique.

The Ayuntamiento introduced regulations to reduce congestion on the main connecting roads to benefit traffic flow, and the public works department have resurfaced over fifty roads as well as sprucing up public gardens and landscaped areas. In the area of education we constantly invest to improve facilities at our two infant schools located in the town and at Play Honda because "Education is the Pillar of Modern Society." The same applies to sports schools and social cultural centres. A successful VIII Annual Health Week was the result of social cohesion and we are now planning the Playa Honda Health Centre.

Approval of the future General Plan of the Municipality will allow for the modernisation of the central area of San Bartolomé, improve accessibility within Playa Honda and start work on the major Urban Park project. San Bartolomé Council will continue along this path for the benefit of the local population because people are our priority and we are determined to maintain the highest possible standards on their behalf.



Mayor Alexis Tejera is hopeful that the enlargement of the **Water Recycling and Treatment** Plant will solve shortages experienced by local farmers. Located on the road to Arrecife. the EDAR II facility, is managed by Canal Gestión Lanzarote Water Board and the budget for this expansion programme is estimated to cost €12 million. The project is co-financed by FEDER, the Spanish acronym for the European Regional Development Fund 2014-2020, which is a financial instrument of the **European Commission whose** purpose is to strengthen economic and social cohesion in the **European Union by correcting** the imbalances between its regions. Work is scheduled to begin by the end of the year.



The oldest gofio windmill on Lanzarote Molina José Maria Gil, located in San Bartolomé was awarded 2 gold medals plus a distinction at the annual Agro Canarias Gofio Award. Gofio which was the staple diet of the ancient Guanche inhabitants, consists of maize or millet, roasted then ground to flour and used as a breakfast cereal. Mayor Tejero send them his congratulations







Working to create a 100% accessible Playa Honda by the removal of architectonic barriers and providing slopes, Mayor Tejera with the Public Works Councillor Raúl de León



Winners of the XI Summer Shop Window Display



Youth Centre Opens

Espacio Joven youth centre is open weekly on Friday nights from 18.00 - 21.00 hours at San Bartolomé Bowl for youngsters over the age of 11. Workshops offer instruction in artistic make up, wall painting for social messages, how to play the drums and other subjects and facilities such as include board games. Mayor Alexis Tejera praised Ana Maria Lopes of the Town Hall Community Intervention Department for this initiative as part their educational policy of vocational training and basic skills curriculum. Espacio Joven opened in July with a highly enjoyable evening of skateboarding exhibition a graffiti workshop with the music provided by a DJ. It is located at C/ Serreno 14, next to the football ground.







Reports from San Bartolomé



Playa Honda beaches offers full lifeguard and lifesaving facilities as well as access for bathers with reduced mobility



The Mayor and Education Councillor Alma Garcia González during their visits to summer schools in the district



The Mayor visits facilities for the elderly which include a gymnasium, physiotherapy and memory stimulation









At the annual VIII Annual Health Week at San Bartolomé alternative courses of treatment were introduced besides traditional cures and remedies were explained such as yoga and meditation, emotional recall and mental health, memory enhancement and advice on improved strength and coordination.







Photo News Roundup





President of the Denomination Council of Lanzarote Wine Victor Diaz and Managing Director Nereida Pérez

According to the Council for the Denomination of Lanzarote Wine, this year's harvest began towards the end of July. The Canaries are the first area in the entire northern hemisphere to begin harvesting grapes at this time because of the volcanic soil and the spring-like weather throughout the year. Lanzarote wines are cultivated in the traditional manner in the winegrowing region of La Geria.

Among distinctions for Lanzarote wineries at international events: Bodegas El Grifo won Gold for Malvasia Volcánica Lias 2018 and Silver for the Tinto Collection 2019 at the 28th edition of the Brussels 2021World Contest in which 46 countries participated. Bodegas Martinón won Gold at the XIX Bacchus International Wine Competition 2021 in Madrid.

William Shakespeare mentioned Canary wines, no less than 86 times in his works: Henry IV Part 2, "But, i'faith, you have drunk too much canaries, and that's a marvelous searching wine!" Merry Wives of Windsor, Act I "I will to my honest knight Falstaff, and drink canary with him." Shakespeare also calls these wines Malmsey, Malvasia in Spanish, a word found on the label of most wines on Lanzarote.







Paint and Care for Your Island" Cabrera Medina Conservation Contest for Schools

Lanzarote-based Orvecame, the Canary Islands leading car hire firm held its annual prize-giving for winners among local school-children who created the best examples illustrating environmental protection of the countryside and towns of the Island. This event publicizes the importance of preservation among the youngest inhabitants from a very early age and among those present was the Deputy Canarian Councillor for Culture and Education.



Executives from Canary Islands Car, CICAR, were once again present at the **B-Travel International Tourism Show in Barce-**Iona in June where they publicized their Audio Guide which can now be downloaded via a free app to mobiles. The easy to follow multi-lingual commentaries with musical background cover local culture and traditions besides a clear description of the route. The Lanzarote-based and founded car rental firm. Cabrera Medina, operate 10,000 vehicles, by far the largest fleet in the Canary Islands.



Reports from Teguise

35th Anniversary of the Cultural Plan of Teguise World Carpet Santiago de Compostela Pilgrimage

Teguise joined 250 cities from 30 countries to create the Jacobean Holy Year World Carpet for the Pilgrimage of Compostela on St James Day Sunday 25 July. In honour of the occasion the Plaza de Los Leones de la Villa displayed a design by Miguel Ángel Laguna

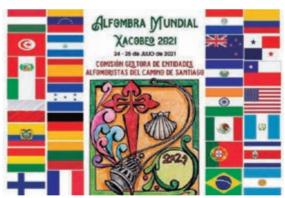


Mayor Oswaldo Betancort

ayor Oswaldo Betancort decla-red: "It was a great honour for Teguise to participate in the elaboration of the World Carpet in honor of a city with a wealth of heritage and in recognition of all pilgrims who made their way on the Camino de Santiago de Compostela. We share the tradition of making carpets representative of Corpus Christi with salt dyed in colors to join this global initiative and remind everyone that, despite the pandemic, it was imperative to promote our joint cultural heritage. My thanks to all who visited the historic Villa de Teguise to unite with the people of Galicia and many others in the project to create the world's largest carpet."

The Managing Commission of Carpeting Entities of the Camino de Santiago is the world's largest organization of carpenters and its main objective is to disseminate and promote the spirit of the annual Camino de Santiago pilgrimage and the tangible and intangible heritage linked to it, highlighting its natural and human cultural wealth.









Tourism Councillor Antonio Callero stressed the cultural tourism effect that will result from the cooperation with so many major markets represented among the thirty countries

This is one of the important projects prepared for the Holy Year in which more than 250 municipalities participate from cities in Germany, Argentina, Brazil, Bolivia, Colombia, Chile, Costa Rica, France, the United

States, Ecuador, El Salvador, Guatemala, Honduras, Hungary, India, Italy, Lithuania, Mexico, Nicaragua, New Zealand, Paraguay, Poland, Panama, Peru, Portugal, Tunisia, Venezuela and Spain.







Mayor Oswaldo Betancort addresses the participants at the final session of the Summer Campus of XXI Century Canarian Foundation held in Convento Santo Domingo, Teguise on "the Migration Phenomena in the Canary Islands" the southernmost border of Europe"





The exhibition of the Cultural Plan is based on every aspect of Teguise culture created by local schoolchildren including ceramics, sewing, painting, how to build a timple guitar and in addition, they produced a video teaching sign language



Agreement signed between Teguise and La Palma

Based on an agreement with the Cabildo of La Palma, Teguise continues to send the oldest documents in the archives for conservation to the Isla Bonita. Culture Councillor Sara Bermúdez said that the documents were in an advanced stage of deterioration and needed to be treated with great care.

Photo: Mayor Oswaldo Betancort, Councillor Bermúdez, La Palma Archivist, Historian Francisco Hernández and Teguise Archivist María Dolores Rodriguez.



The historical Molina de Teguise located at the Plaza de la Mareta is being restored by master carpenter Juan Agustin Padron. The undergoing rehabilitation was visited by Cabildo President Dolores Corujo Public Works Councillor Jacobo Medina and Teguise Mayor Oswaldo Betancort



Reports from Teguise

Over 6,000 visitors participated in the Fiestas del Carmen weekend at Teguise





The opening address on La Graciosa was by former Mayoress Maragona Páez













The Ayuntamiento of Teguise paid tribute to the Patron Saint of Lanzarote Our Lady of the Snows at Las Nieves Chapel. Although snow never falls on Lanzarote, all places of worship on hilltops in Spain are called by this name. Unfortunately pandemic restrictions limited the amount of congregants participating in the official yearly procession from Los Valles to the summit of the Famara Cliffs. Mayor Oswaldo Betancort accompanied local citizens from Teguise, Haria and other parts of Lanzarote, Teguise,



According to Youth Councillor Sara Bermúdez, the district's four skate parks are being repaired and refurbished starting with the facility at Costa Teguise, to be followed by Caleta de Famara, Teguise Town and Tahiche



Teguise Music School presented a series of workshops and educational concerts throughout the Municipality teaching children from the age of 4 and over to learn how to play woodwind and brass instruments as well as singing lessons. For more information: escuelademusicteguise@hotmail.com



Thank You and Gracias for Your Help During the Covid 19 Pandemics

On behalf of our readers, Lancelot wishes to thank all frontline workers, doctors, nurses, medics and care providers for the outstanding friendly and professional treatment we have all received on Lanzarote during the Covid 19 Virus Pandemic. This also applies to the entire staff at Dr José Molina Orosa, Arrecife, as well as at all the municipal clinics, where everyone concerned has shown the utmost patience to us all especially the elderly. Our gratitude must likewise be sincerely expressed to the health departments of the Canarian Government, the Cabildo and every Ayuntamiento for facilitating the vaccines and administering the vaccinations. In addition, we wish to express our appreciation for the friendly help and assistance of the Red Cross, Guardia Civil and the Policía Nacional, Policía Municipal and Bomberos during these very difficult times. We are also grateful to the local press, TV and radio for keeping us all up to date on the latest social-distancing status and pandemic statistics on the Island.

Muchas gracias y un fuerte abrazo a todos.





Reports from Haría

Haría to Renovate and Refurbish La Garita Beach Area Providing Access for Bathers with Reduced Mobility



Haría Mayoress Chaxiraxi Niz

The Ayuntamiento of Haría is making major improvements to the accessibility and infrastructure of La Garita Beach area with an investment of 190,000 euros which will provide everyone access to a bathing area which will be safer and up to date based on today's standards and aesthetics.

Mayoress Niz expressed her thanks to the Tourist Infrastructure Directorate of the Canary Government which is contributing an additional 100.000 euros towards the costs.

Councillor for Planning and Public Works Víctor Robayna, explained that the remodeling of La Garita coastline will consist of demolishing and leveling out part of the road and sidewalks to even out the entire surface as well as replacing or reinforcing the present walls.

Additional Details

Underground low voltage electricity connections will be installed to provide public lighting and power the water supply for showering on the beach. Access ramps with railings will now allow bathers with reduced mobility the possibility of reaching walkways on a wider area of the beach and to enter the sea. The current walls are being replaced or reinforced and urban furniture along the promenade will include benches, bollards, bicycle racks and planters to enhance the landscaping. The alterations are planned to be finished by the end of 2022.



Mayor of Haria, Chaxiraxi Niz, stressed that the elimination of architectural barriers and a firm commitment to all areas of the municipality is a major priority for the Town Council





Reports from Haría



Rural Tourism and Traditional Artisan Handicrafts

Tourism Councillor Evelia Garcia points out that Haria is both the home of rural tourism and of traditional Lanzarote handicrafts





Tourism Councillor Evelia García

Mirador de Haría

The Mirador de Haría Interpretation Centre overlooks the Valley of 1,000 Palms, which has the air of an oasis, a green and fertile region where the contrast to the barren rockiness of the southern part of Lanzarote could not be more marked. Because of this feature, early in the last century people from all over the Canaries built homes here to spend their summer holidays.





Traditional Handicrafts

The making of crafts has always been a tradition in Haria. Thanks to the skills and patient hard work of its local artisans, these traditional handicrafts are still available today. Many use palm leaves for making baskets, hats and dolls and the local clay is excellent for pottery and ceramics. Among them, basket weaver Eulogio Concepción holder of the Canary Islands Trophy for Traditional Arts and a Sculpture by Haria Avuntamiento and Aurelio Miguel Pérez stone mason craftsman who received the Fiesta de Los Dolores Prize. At the Taller de Artesania Workshop, visitors are welcome to observe potters, basket-weavers, wood-carvers and embroiderers at work and their wares can be purchased: Miguel Clavijo (pottery), Itzi Alvarés (painting) Maria Franceschin (jewellery), Mayah Artesanos (leather) Mon - Fri from 9 to 2. On Saturdays the Handicraft Fair is open from 10.00 to 14.00 (Miguel Clavijo (Pottery) Mon-Fri 9 - 14.00 Itzi Alvarez (Painting) Tues-Fri 9 - 15.00 Maria Franceschin (Jewellery) Mon-Fri 9 - 14.00 Mayeh Artesanos (Leather) Mon-Fri 8 -14.30 Evenings Wed and Fri 17.00 - 19.30



Basket weaver Eulegio Concepción winner of the Canary Government Trophy for Traditional Arts. Photo: Suso Betancort

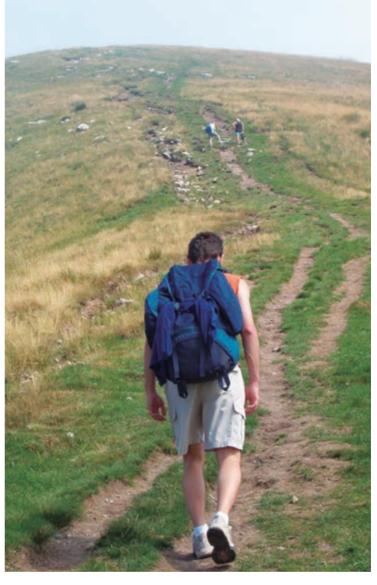


Reports from Haría

Hiking Trails

There are 10 hiking trails in Haria district which allow visitors to enjoy every feature of natural beauty in both the countryside and the hills. The nearby Corona Volcano which overlooks the entire area known as "malpais" or badlands, is the source from which the tunnel carved out during an eruption millions of years ago leads underground to what later became the Jameos del Agua and Cueva de los Verdes tourist attractions. The Valley of the Palms has the air of an oasis, most of the trees represent the remains of a palm grove planted in the sixteenth century. At the summit of the Famara Cliffs there is a breathtaking view out to sea of the Chinijo Archipelago, a nature reserve as well as of the pink salt ponds on the seashore at the foot of the cliff. Below Haria itself is the municipal capital of the northern part of the island, a prosperous and dignified community whose sheltered position has always brought it success in agriculture. A quiet and dignified town chosen by César Manrique as his last home and where he is buried, which is now managed by the César Manrique Foundation and can be visited.











Wild Race Haria
I Wild Race Haria took place on
Saturday 31 July and attracted
275 athletes over the 5 km
course with 15 trials plus 25
children under 12 over a 0.5
km course







Photo News Roundup



The design of the Petralava tiles series takes its inspiration from volcanic rock. Its sober, elegant appearance is an attractive option for modern settings and architectural and interior design projects



Indelasa Introduces Exciting new Range of Tiles

Colours and Finishes

As can be seen in the comprehensive display of the latest local and international trends in architecture in the showroom of Indelasa, the Petralava Collection comes in three finishes according to format: Natural, Non-slip and Lappato (a shiny texture that is added to the surface of the tile to give it a semi gloss appearance) and five colours: Ivory, Sand, Stone, Grey and Graphite. The collection's wide range of sizes, colours and finishes are suitable for private homes, commercial premises and large areas both indoors and outdoors especially to tile the area around swimming pools as well as for facades.



Roper Groceries Home Deliveries

Roper offers a personalised service of home deliveries by phone on 690175244 or WhatsApp; online at Ropertelepedidos@gmail.com; or on the web https://online.ropercanarias.es or preparing your order for in store collection. We can also answer your queries on stocks and supplies, and, when necessary connect you directly with heads of departments. Looking for a great steak, rib of beef, rack of lamb or the right cut of meat for that special meal, head to our branch of one of the best butcher chains in Spain who can also deliver it to your door. Groceries Roper is proud to have gained a reputation for client satisfaction because of the large variety, good quality and freshness of their selection of meat, fish, seafood and vegetables, among the local population as well as among tourists.





Photo News Roundup







The Lanzarote-owned and operated Spar Supermarket chain is dedicated to the protection of the environment by use of energy-saving consumption to reduce carbon dioxide emissions. By improving energy efficiency, they use less electricity and there is less need to rely on carbon-intensive power plants. The source of almost 70% of energy consumption by Spar is supplied by photovoltaic and geothermal installations, a pioneer project on industrial premises on Lanzarote.

This allows Spar to supply its twenty shops on the island - which employ 600 workers for three months. Their policy is an important contribution to responsible tourism. Spar Lanzarote is wholly committed to the well being of customers by offering fresh quality products. As much of this is home grown customers have the satisfaction of knowing that their purchases benefit the economic growth of the Canary Islands, especially important at this time of the Covid 19 pandemic.

Hotel Fariones Reopens in Full Splendour

The Five Star super luxury Hotel Fariones reopened again at the beginning of the summer and is once again functioning in full mettle. Having undergone a major refurbishment over a two years period, it had reopened its doors just briefly when it was forced to close again by the Covid 19 pandemic along with all the other hotels on the island. However in just the few weeks it was open the former Queen Sofia of Spain chose the Fariones for her overnight stay when visiting the island to pay tribute to the voluntary emergency staff caring for the sick and the needy. Still remembered for blazing the path for tourism in Puerto el Carmen and the whole of Lanzarote when she opened her doors in 1966, the Fariones Hotel is once again open.



Finca de Uga Cheeses Win Awards at Agro Canarias 2021 once again as in previous years

The "Bodega Cabra y Oveja" category won the Super Gold Trophy and "Secreto de Mago," the Gold. This year's event attracted 181 samples from 62 cheesemakers and the results reflect the work carried out by the professional staff at Finca de Uga dairy production farm over the past 15 years. This recognition was by a jury of renowned experts at the most important annual cheese tasting event in this region who evaluate characteristics such as flavour, texture, colour, aroma and pairing.



Tourist Information



Christian Worship

Church of England

All services are Holy Eucharist with hymns. 10 am Nazaret: Iglesia Nuestra Señora, 1st and 3rd Sunday in the month. 12.30 pm Puerto del Carmen: Nuestra Señora del Carmen (Old Town Harbour). 5.00 pm Playa Blanca: Nuestra Señora del Carmen, Main Street. For more information call 928 514 241.

Catholic Church

Nuestra Señora del Carmen, Puerto del Carmen harbour. Sunday Mass 11.00, 18.00; Saturday night, 20.00. San Ginés Church central Arrecife, Sunday 10.30, 12.00, 20.00; Saturday 10.30, 12.00, 20.00.

International Evangelical Church

Meets at La Hoya, Puerto del Carmen Sundays 11 am, service in English, call 928 173618 for more details. Arrecife services in Spanish. Sunday 10.30 am and 18.30 pm, call 928 812027 for more details. For informal meeting at Costa Teguise, call 928 590342.

Inter-denominational Sunday Worship at Costa Teguise

Services are held in english at the Hotel Beatriz Costa & Spa every Sunday morning at 11:00am. Holy Communion is celebrated on the first Sunday of each month.

For more information please contact Stuart 630 175 810 or via our website www.sundayworshiplanzarote. com

Norsk Kirkescentre and Social-**Cultural Centre**

Norwegian Church abroad - Religious and Social Cultural Centre C/ Rociego Puerto del Carmen close to Cinco Plazas. Open mid-September to mid-May: Tuesday-Friday 11.00 -16.00, Saturday 11.00- 15.00, Sunday Service 18:00. Office tel: 928 515 561 Pastor Knut Kaldestad: 616 407 693

There is no synagogue on Lanzarote. For information about Sabbath and Festival services on Las Palmas call 928 248 497.

CONSULAR REPRESENTATIVES



British Honorary Consul Lanzarote

Sue Thain – (To contact call) Tel: 902 109 356

Fax: 928 267 774

Belgium	928 230701
Denmark	922 275757
Finland	928 224358
France	928 292371
Ireland	928 808546
Germany	928 275700
Holland	928 242382
Italy	928 241911
Sweden	928 260884
Switzerland	928 274544
Norway	928 495035/6

British Consulate

Jackie Stevenson is the British Vice Consul at Las Palmas. To seek advice, or make an appointment with a consular official in Las Palmas or Lanzarote, call the number above. Notarial bookings online service: www.ukinspain.fco.gov.uk

EMERGENCY CALLS

- 1	Emergencies	112
,	Ambulance	928 812 222
- 1	Hospital	928 595 000
- 1	Fire Brigade	928 816 312
- 1	Police	928 597 107
١	Water Board	928 814 400
(Guardia Civil	928 811 886
,	Ayuntamiento Arrecife	928 81 04 52
,	Atuntamiento Haría	928 83 52 51
,	Ayuntamiento S. Bartolomé	928 52 01 28
,	Ayuntamiento Teguise	928 84 50 01
,	Ayuntamiento of Tias	928 83 36 19
-	Ayuntamiento de Tinajo	928 84 00 21
,	Ayuntamiento de Yaiza	928 83 62 20



Markets

Arrecife Markets

Charco de San Ginés Wed and Thur 9-2

Recova Town Market Mon to Sat 9-2

Historic Old Town Saturday 9-2

Puerto Calero Friday 9-2

Puerto del Carmen

Plaza del Varadero Friday 10-3

Playa Blanca

Marina Rubicón Wed & Sat to 10-2

Teguise Market

Sundays and Public Holidays 9-2

Costa Teguise

Pueblo Marinero Thursday mornings 9-2

Tinajo, Mancha Blanca Sunday 9-2

Haría Artesanal Market

Saturday 10-14:30

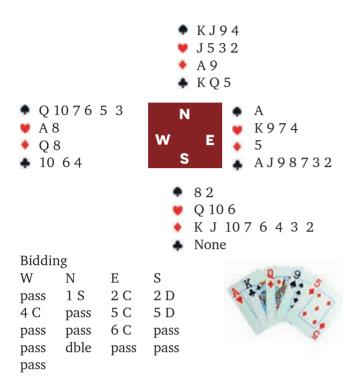
Postage and Post Office

Letters and postcards within Europe 1.40 euro, USA 1,50 euro. Puerto del Carmen post office is open Monday-Friday 08.30 - 14.30 hrs, Saturday 09.30 - 12.30 hrs. Arrecife post office: Monday-Friday 08.30 -20.30 hrs, Saturday 09.30 - 13.00 hrs. Opening times are for stamps and registered letters etc. but both offices close earlier for money transfer.

BRIDGE No 141

By Maria Brandt

An interesting and well played hand Dealer West All vulnerable



After West passed and North opened with 1 Spade the bidding became fiercely competitive. East finally became declarer in 6 Clubs doubled by North. South led the Spade 8, declarer covered with Dummy's Spade 10, North covered with the Jack of Spades taken with the Spade Ace.

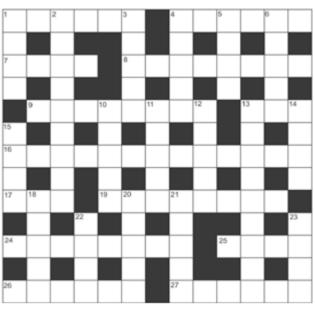
Next came the 4 of Hearts to the Ace of Hearts in dummy. Then declarer led the Queen of Spades, covered by the King of Spades by North and ruffed in hand. East next led the King of Hearts followed by the 7 of Hearts and ruffed in dummy. Then the 7 of Spades was covered with North's 9 of Spades and ruffed in hand. A second Heart ruff put the lead again on the table and the six of Spades, now a winner, enabled declarer to discard his singleton five of Diamonds.

All that remained was to lead dummy's last trump and finesse through North. This way North could make only one trump trick.

SOLUTION TO GENERAL CROSSWORD NO.80 ACROSS; 1&30 Margaret Thatcher, 5 Adagio, 10 Sucre, 11 Osteology, 12 Operative, 13 Scene, 14 Retinue, 16 Spouse, 19Frugal, 21 Myeloma, 23 Tenet, 25 Gymnastic, 27 Rigoletto, 28 Scion, 29 Scribe, 30 See 1 across. DOWN; 1 Missouri, 2 Rochester, 3 Arena, 4 Ebonite, 6 Drop Scone, 7 Globe, 8 Oxygen, 9 Athens, 15 Nightclub, 17 Smoothish, 18 Falconer, 20 Legato, 21 Mammoth, 22 Stores, 24 Niger, 26 Asset.

SIMPLE CROSSWORD No 141

By Imelda Coombes



ACROSS

- 1 A school textbook. (6)
- 4 Picture house. (6)
- 7 To satisfy. (4)
- 8 Wine. (8)
- 9 Capital of Brazil. (8)
- 13 Insane. (3)
- 16 Scalpel. (8,5)
- 17 To place in position. (3)
- 19 An annual horse race. (3,5)
- 24 Capital of Lanzarote. (8)
- 25 A shaft. (4)
- 26 The East. (6)
- 27 A plum like fruit. (6)

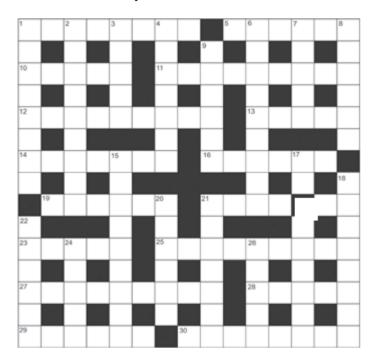
DOWN

- 1 Nuisance. (4)
- 2 To translate. (9)
- 3 Jewish leader. (5)
- 4 A dog. (5)
- 5 Common sense. (4)
- 6 The press. (5)
- 10 Male garment. (5)
- 11 Depart. (5)
- 12 Leg joint. (5)
- 13 Receptacles for letters. (9)
- 14 Another name for caribou. (4)
- 15 Egyptian goddess. (4)
- 18 Mistake. (5)
- 20 To lift up. (5)
- 21 To fear greatly. (5)
- 22 Gala. (4)
- 23 Average. (4)

SOLUTION TO SIMPLE CROSSWORD NO.140 ACROSS; 1 Pupils, 4 Swamps, 7 Stop, 8 Overcast, 9 Tempered, 13 Peg, 16 Interrogation, 17 Old, 19 Hysteria, 24 Beriberi, 25 Mind, 26 Begged, 27 Expect. DOWN; 1 Post, 2 Protested, 3 Shore, 4 Sieve, 5 Arch, 6 Posse, 10 Perch, 11 Riots, 12 Drake, 13 Primitive, 14 Gone, 15 Silo, 18 Liege, 20 Yield, 21 Tripe, 22 Ling, 23 Edit.

GENERAL KNOWLEDGE CROSSWORD No 81

By Imelda Coombes



ACROSS -

- 1 A region of NW Spain. (8)
- 5 A distinguishing mark of social disgrace. (6)
- 10 An Old World variety of sorghum with erect hairy flower spikes and round seeds. (5)
- 11 One of a pair of garments resembling stockings without feet. (9)
- 12 The sight of a gun nearest the breech. (4,5)
- 13 Confusion or chaos regarded as the normal state. (5)
- 14 A full-bodied golden-coloured sweet sherry. (7)
- 16 Light quick meals. (6)
- 19 A sign of the Zodiac from June 21st to July 22nd. (6)
- 21 A city in NW England on the River Dee. (7)
- 23 A dishonest or unprincipled person. (5)
- 25 A thick corded ribbon used to stiffen belts. (9)
- 27 Lying with face downwards, as in submission. (9)
- 28 To make something void or abolish it. (5)
- 29 The prescribed form of a religious ceremony. (6)
- 30 Buried with funeral rites.

DOWN -

- 1 Elizabeth Garrett , 1836-1917, English physician and feminist. (8)
- 2 A port on NE Spain, on the Mediterranean. (9)
- 3 The currency units of Iran. (5)
- 4 To be performed in a lively manner. (7)
- 6 To express in another language or dialect. (9)
- 7 The third letter of the Greek alphabet. (5)
- 8 The open main court of a Roman house. (6)
- 9 Playing marbles of these quartz or resembling them. (6)
- 15 A large group of musicians. (9)
- 17 Horatio Herbert —, 1850-1916, British field marshal. (9)
- 18 Vibrated with short slight movements. (8)
- 20 To annul or rescind officially. (6)
- 21 A medieval stringed instrument resembling a lute. (7)
- 22 Correct in behaviour or conduct. (6)
- 24 A thin mortar for filling joints between tiles. (5)
- 26 To break or tear something apart. (5).

LOCAL ORGANISATIONS

Ombudsman - Diputado del Commún

For complaints about a utility or public authority: Rambla Medular, 99, Arrecife. Arrecife, 8-2 Mon to Fri, Tel: 928 812 407 The service is free and confidential.

Cabildo Consumer Protection Office

For complaints about private or state-run businesses or services: Cabildo Building, Arrecife, 9-13 Mon to Fri. Tel: 928 80 33 67.

E-mail: consumo@cabildodelanzarote.com

Cabildo Wildlife Protection Service

Tel: 696 733 177 (07.00-22.00)

Mararia - Official Women's Support Office

In case of maltreatment or abuse. All nationalities welcome. C/ Fajardo n° 24 - 1°B. C.P: 35500 Arrecife (Lanzarote). Tlf. 928 804 834. E-mail: voluntarias.ascmararia@gmail.com. In case of emergency call 112

SARA Animal Protection Society

Next door to the Tahiche Garden Centre, Tahiche, open 10:30 - 13:00 Monday to Saturday, Tuesday 17:00 - 19:00. Tel/fax: 928 173 417. www.sara-protectora/eng

Alcoholics Anonymous

English-Speaking Meetings

Call 638 484 113 or visit www.aalanzarote.com Costa Teguise Barcelo Hotel Mon and Wed 18.00-19.00. Tel: 928 511 846 or 928 173 525

Visiting Rotarians Welcome - Lanzarote Rotary Club - Arrecife

Weekly meeting Friday 14.30 at Lancelot Hotel Arrecife Visiting Rotarians welcome. Information: Tel.: 928 80 50 99.

English-Working Lodge

(Emulation) in the Spanish Constitution (recognised by U.G.L.) will welcome visitors October-April. Information: Tel: 928 83 34 90

Local Bridge Club

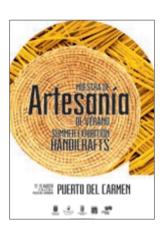
From September to June, two Bridge Clubs on Lanzarote hold weekly meetings in Arrecife to which visitors are welcome: Tuesdays 18.30 at the Arrecife Gran Hotel and Wednesdays at 19.00 at the Casino Club Náutico, Arrecife. Both are located on the promenade. www.bridgelanzarote.com





Concert at San Bartolomé

A friendly battle of two tenors took place at San Bartolomé Theatre between Pancho Corujo of Lanzarote and Borja Quiza of La Coruña, both highly popular Spanish opera singers. They regaled the audience with arias from La Traviata, Turandot, Don Carlos among other works and were enthusiastically received.



12-15 August Handicrafts Fair at El Varadero Puerto del Carmen

40 artisans display their handicraft. Simple ceramics traditionally made without the potters wheel, embroidery, traditional dolls, hats and baskets of palm leaves, wood carving and jewellery made from olivine, the local precious stone.

8 September Yaiza Fiesta de los Remedios

24 october Teguise Fiesta de San Rafael

4 Nov Concert El Salinero Theatre Arrecife

Familie Flöz Mime Theatre perform Hotel Paradise

December 4

Máguez Fiesta de Santa Barbara



22/23 October Puerto del Carmen Volcan Lava Triathlon

Race with over 250 athletes

Yaiza 15 August Fiesta de la Cariedad La Geria Vineyard

Celebrating the traditional cultivation of the local wine region including grape treading with many holidaymakers participating.

20 -25 August Fiesta de San Ginés Arrecife

Opening address by opera singer Pancho Corujo



Saturday 11 September Fiesta Los Dolores Mancha Blanca

For the past two centuries this celebration has evolved into the most popular annual folklore gathering in the whole of the Canary Islands attracting up to 40,000 visitors over the four day event centred round an Arts and Crafts Fair where the many booths contain the products of local artisans. The event celebrates a miracle which took place following volcanic eruptions on the outer area of the Fire Mountains at the end of September 1824.

"Suddenly, a blazing stream of molten lava ominously began flowing towards Mancha Blanca threatening the village with total destruction. According to legend, the terrified villagers gathered together in the church to pray for their salvation. Following the service they emerged from the church bearing an effigy of the Virgin of Los Dolores on their shoulders and began marching towards the approaching torrent roaring towards them. When the incandescent lava mass was almost upon them it suddenly changed direction and flowed harmlessly away towards the seashore. Since that time a fiesta of thanksgiving takes place each year in September celebrating the Feast Day of Los Dolores, the Patron Saint of Lanzarote".

Municipio de Tías

Discover us!











THE WARMEST Welcothe Ever

Welcome to your European refuge in a natural paradise.

In Canary Islands, everything is ready for you to experience the best climate, all year round.





