

# LANZAROTE TOURIST GUIDE

Island Journal

# Lancelot

**WHERE TO GO**

**WHAT TO SEE**

**HOW TO GET THERE**

Summer 2021 **37<sup>th</sup>** Year Issue 154 €1.50

## Sir Walter Raleigh on Lanzarote in 1617

Historical Anglo-Canarian Relations



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## **Thank You and Gracias for Your Help During the Covid 19 Pandemics**

On behalf of our readers, Lancelot wishes to thank all frontline workers, doctors, nurses, medics and care providers for the outstanding friendly and professional treatment we have all received on Lanzarote during the Covid 19 Virus Pandemic. This also applies to the entire staff at Dr José Molina Orosa, Arrecife, as well as at all the municipal clinics, where everyone concerned has shown the utmost patience to us all especially the elderly. Our gratitude must likewise be sincerely expressed to the health departments of the Canarian Government, the Cabildo and every Ayuntamiento for facilitating the vaccines and administering the vaccinations. In addition, we wish to express our appreciation for the friendly help and assistance of the Red Cross, Guardia Civil and the Policía Nacional, Policía Municipal and Bomberos during these very difficult times. We are also grateful to the local press, TV and radio for keeping us all up to date on the latest social-distancing status and pandemic statistics on the Island.

*Muchas gracias y un fuerte abrazo a todos.*

## EDITORIAL

*"Treat the Earth well. It was not a gift to you from your parents, it is on loan to you from your children."*  
Kenyan proverb

# Mirador del Rio Belvedere

The main feature of this issue deals with relations between Britain and the Canary Islands for over six centuries. It is interesting to see how the visits of the first explorers gradually developed from literary connections to the commercial area. In the 19th century this culminated in British companies exporting a great volume of fruit and vegetables from the Canaries to the UK and part of London Docks was named Canary Wharf. The British Ambassador to Spain Hugh Elliott expresses his interest in this connection in a comment on page 15.

Many visitors to the island ask themselves why Lanzarote seems totally different to every other tourist destination. The two word answer is, César Manrique. An artist considered by international environmentalists and architects as the precursor of Art in Public Spaces, whose works from the second half of the twentieth century predated those by other Land, Art and Earthworks devotees.

A fine example is the Mirador del Rio, a belvedere overlooking the El Rio Straights on the top of the Famara Cliffs which separate Lanzarote from the Isle of La Graciosa, the eighth Canary Isle. What Manrique created out of literally nothing, as far as inspiration goes, defies the imagination. The site on which this Cabildo Tourist is located was formerly an artillery battery set up by the Spanish navy to prevent arms and ammunition reaching rebels during the Cuban War of Independence from Spain in 1895-1898. Several European nations supported the rebellion and sent arms on ships which passed through the El Rio Straights on their journey to the Carribean. When the Mirador was completed in 1984, Architectural Digest wrote "this is one of four most important structures erected anywhere in the world this year."

If you enjoyed your first visit to Lanzarote you may wish to own a holiday-cum-retirement home on an island with round the year sunshine and only a short journey from most European capitals. Adios until our next issue in September.

**Whilst every attempt is made to ensure that articles and advertisements are factually correct, the publishers and printers cannot be held responsible for any errors or omissions. Intending purchasers must satisfy themselves by inspection or otherwise of each of their statements.**

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## Strelizia Plant Bird of Paradise

Dear Sir,

I noticed a photograph of the “strelizia, or “Bird of Paradise,” plant in the Canarian Government “Hello Canarias” webpage referred to in a back issue of your magazine. The beautiful and unique flower of this plant has always fascinated me and I wonder about the origin of the name as strelizia does not sound like a Spanish word. Does the plant originate in the Canary Islands and why is it also referred to as “Bird of Paradise?”

Sophie Sharpstone  
Hastings UK

**GUINEVERE** The plant was named for Charlotte de Mecklenburg-Strelitz, who by marriage to King George III, was the Queen of Great Britain and Ireland from her wedding in 1761 until the union of

the two kingdoms in 1801, and was also the grandmother of Queen Victoria. She lived at Kew Gardens and her landscape gardener Acton named the plant for her. The Bird of Paradise nickname is simply because the flowers resemble birds’ heads. The plant originates from the Cape of Good Hope in South Africa, the source of many of the non-endemic plants and flowers in the Canary Islands brought by British ships of the Union Castle Line, which called at the Canaries on their return journey to the UK. The seeds of the plant used to be eaten by the Kaffirs.

According to botanists David and Zoe Bramwell in their three volume work on the plants of the Canary Islands, the strelizia is widely cultivated both for ornamental purposes and as along-lasting cut flower. It is a slow-growing plant which requires seven years to flower from seed. For commercial purposes it is usually repro-

duced by division of the rootstock.

A larger version known as the “great white strelizia” grows up to four metres high and develops a trunk. The banana-like leaves grow in a single plane and the white flowers are very spectacular. The plant is grown from seed or by division and requires a sheltered humid environment.

## Rosettes

Dear Sir,

There is an article in your last issue about the ‘roseta’, i.e. rosette, being declared a cultural heritage. As somebody who has been sewing for many years I would be grateful for information on how to sew a rosette.

Shirley Fox  
South Tottenham, London UK

**GUINEVERE** The rosette is a beautiful looking stitch. Each loop drops vertically from the stitch line,



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## SANTOS



instead of lying on it. The way the loop is twisted gives it a knotted effect. One must follow a curved and spiral stitch line to try this stitch. Ideally, it follows a right to left direction. Traditional 'Rosetas' on Lanzarote and Tenerife are made of coarse lace and sold as doilies or sewn on to table cloths as well as traditional dresses and blouses. Nowadays you only see them worn by folklore musicians and dancers, the costumes and designs differing from island to island, and even from village to village.

Another facet of the craft textile in the Canary Islands is the production of openwork design known as 'calados' made by unthreading areas of a linen cloth and working an openwork design in those spaces remaining. The linen is stretched taut within a rectangular frame and then marked out using a needle to remove enough fibres to form the desired design of the openwork.

## Tobacco Planting

Dear Sir,

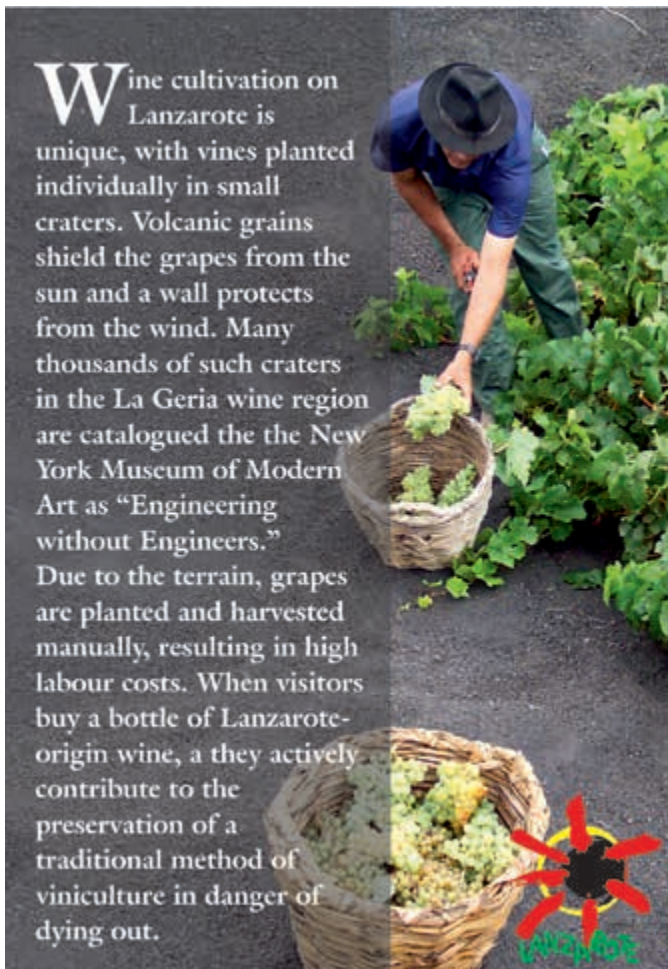
On our first visit to the island in September 2016 we attended the annual arts and crafts fair at Mancha Blanca. We came across a stand where an artisan was rolling cigars and on the wall was a photograph of a tobacco plantation in Cuba. Unfortunately, one of the children felt unwell we had to rush back to the hotel to find a doctor. I wanted to know whether tobacco is cultivated on Lanzarote and whether local-made cigars on sale anywhere. My grandfather, who turns 85 later this year, has smoked cigars all his life and as a birthday present we wanted him to join us on our next holiday to Lanzarote and take him somewhere where they are made.

Can you help?

Sandra Bellingham  
Portsmouth UK

**GUIEVERE:** We turned to Benedicto Cabrera, a horticulturist and proprietor of the Vivero Las Palmeras nursery in Arrecife whose son Idate is the current manager. He told us that the boom years for tobacco cultivation were from the 1950s to the 1970s. During the 1960s, more than one million kilos a year were grown on plantations in Tinajo bringing prosperity to the region. One of the major producers was Julián Cabrera (father of the author of this response Ed), who exported large quantities to Las Palmas and Tenerife as there were no cigarette or cigar factories on Lanzarote.

Tobacco grown on Lanzarote was of the Common Virginia category, whose nicotine content is too high for making cigarettes. A tobacco plant can grow to a height of two metres and the closer to the sea it is planted, the higher the nicotine content. →



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The Canary Islands has a long history of cultivating tobacco and it was they who took their skills to Cuba and established the country's cigar industry. A Canarian from the island of La Palma, who was taught by a native Indian in Cuba, was the first person to make cigarettes and cigars from the leaves of a tobacco plant.

According to Tenerife historian Jann Evan during the early 1960s there were fifty-one cigarette manufacturers in the Canary Islands, thirty one in Grand Canary, sixteen in Tenerife and four in La Palma. At the beginning of the 1960s Tenerife Province exported 55 million cigars a year. The best quality of all cigars made in the Canary Islands are "palmeros" from the island of La Palma.

### Canarian Wrestling

Dear Sir,

When I was last on the island for New Year I saw an exhibition of Canary Wrestling at the market in Blanca harbour. Where did the sport originate and what is its connection to Lanzarote and the other Canary Islands?

Andreas Larsson  
Malmö. Sweden  
(Las Brisas Playa Blanca)

**GUINEVERE:** Canarian Wrestling, "Lucha Canaria" is by far the most

popular and thriving native sport in the Canary Islands, according to ethnologist Mike Eddy. Only football and basketball attract more spectators and wrestling clubs exist on all the islands. Lucha Canaria's governing body proposed, unsuccessfully, that the sport be included in the Barcelona Olympics of 1992, the last time they were held in Spain. Canarian emigrants had taken the sport to South and Central America where it was very well received. Although certainly of Canarian origin the local "lucha" is very similar to styles of wrestling found in northern Spain, Switzerland, Celtic Britain and parts of Africa.

The poet Viana describes a late pre-conquest wrestling match in such detail that it is possible to identify all three throws that the winner employs. (Pre-conquest refers to the ancient inhabitants of the Canary Islands generally known as the Guanches. Ed). The prose chroniclers also recorded individual bouts between famous pre-conquest heroes, such as that between Adargoma of Galdar and Gariragua representing Telde, who met to determine the grazing rights of the kingdoms of Gran Canaria.

These bouts generally took the form of personal duels or trials by combat, although wrestling was also clearly used as a form of training for

war or entertainment at festivities, similar to knights jousting in ancient Britain. The native Canarians 'had public places outside the villages, where they held their duels, a circle enclosed by a wall of stone, and a place made high where they might be seen according to historian Abreu Galindo, writing in 1602.

In its modern form "Lucha Canaria" is a team sport, each comprising twelve wrestlers, a pair of rivals fighting one at a time. Individual bouts, known as "bregas", are fought within a sand-covered ring some 9 to 10 metres in diameter. At the start, a wrestler takes his opponent's right hand in his own and grasps the rolled up hem of his opponent's shorts with his left. As they come together their right hands brush the surface of the sand and the "brega" is underway. Using a combination of weights, trips and lifts each tries to unbalance his opponent and should any part of a wrestler's body, except for his feet, touch the ground he loses. Teams must win the best of three bouts to score a point.

Wrestling retained many of its early characteristics until the Spanish Civil War but regional variants, similar in style to Cumbrian wrestling, still survive. Even the use of the term 'North' and 'South' in Grand Canary reflected the former division of the island into two kingdoms. The non

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aggressive nature of Lucha Canaria in the early part of the twentieth century is revealed by comments of one Tenerifean writing in 1927 'it was quite something to see those big sturdy chaps, but supple with it, bending like willows and then brought down by trips, side steps and throws.'

### Greetings from San Antonio Texas

Dear Lancelot,

This letter is to celebrate the 23rd anniversary of my first visit to Lanzarote, at the invitation of the Mayor of Teguisse. I also remember being received by President of the Cabildo Enrique Pérez Parilla who presented me with a traditional Lanzarote folklore costume which I still wear.

For the past few months, I have been busy working on the family tree of Father Martin McGuill, who has been the Catholic Chaplain at Arlington National Cemetery in Wash-

ington D.C. for the past 36 years. I was delighted to discover that he is a descendent of Juan Curbelo of Teguisse, one of the 16 families from the Canary Islands who founded San Antonio, Texas in 1731. It was indeed, a double pleasure for me as I and my family are also descendents of Juan Curbelo.

Father McGuill is now qualified to be appointed a member of the Sons of the American Revolution, because he played a significant role in the battle.

I and other Canarian Descendents cannot thank Lancelot enough for keeping me in touch with the Land of my Roots, and I thank the Lord that we still keep in touch.

Very best wishes,

Dorothy Perez  
Logwood, Universal City,  
San Antonio, Texas USA

**GUINEVERE** Arlington Military Cemetery, across the Potomac River from Washington D.C., is where the dead from America's conflicts have been buried since the American Civil War. It was established on the grounds of an estate of the family of Confederate General Robert E. Lee whose wife was a great-granddaughter of Martha, the wife of George Washington. By coincidence, Dorothy Perez was the recipient of this year's Martha Washington Prize for her work as a genealogist. Since as far back as 1998, Dorothy Perez, supplied this publication with the vast majority of information we have published on the history of the Canary Islands Descendents of San Antonio, Texas. It is of great interest to read that the ancestors of the Catholic Chaplain were from Lanzarote (See page 67).







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## Cannes Underwater Museum

Dear Lancelot, hola amigos,

This is to let my friends on Lanzarote know that my latest project The Underwater Museum in Cannes on the French Riviera opened in February, the first such installation in the Mediterranean and the first on mainland Europe. It features a series of six monumental three-dimensional portraits, each over two metres in height and ten tons in weight. I'm currently finishing an Underwater Museum in Australia's Great Barrier Reef and an Underwater Forest in the tourist resort of Aija Nopa on Cyprus. (facebook@jasondecactaylor).

My very best wishes, and hoping that the pandemic is soon over for all of us. Saludos

Jason deCaires Taylor

**GUINEVERE:** Jason deCaires Taylor, British sculptor, environmentalist and professional underwater photographer spent five years building the Museo Atlantico for the Lanzarote Cabildo as a tribute to the 363 migrants who lost their lives off the coast of Lampedusa, Italy in 2013. Since creating the world's first underwater park in Grenada in 2006, Jason has assembled over 850 sculptures of life-size public works for Museums and Sculpture Parks, which provide a paradise for divers all over the world. Among his numerous achievements and distinc-

tions: Member of the Royal Society of Sculptors; National Geographic's Top 25 Wonders of the World; Ocean Exemplar of The World Ocean Observatory; Top 100 Global Thinkers Award which describes deCaires Taylor as the Jacques Cousteau of the Art World; the Rising Tide exhibit of four horses opposite Parliament on the River Thames, commissioned by Mayor of London Boris Johnson (2015); Museo Atlántico, Lanzarote (2016); Cannes Underwater Museum (2021), described by Architectural Digest as "stunning". He is currently working on a Sculpture Museum in the Great Barrier Reef, Australia, one of the great Wonders of the World visited by 5 million tourists a year, and an Underwater Forest for Aiya Napa tourist resort, Cyprus.

Jason deCaires Taylor's works are

constructed using pH neutral materials to instigate natural growth and the subsequent changes intended to explore the aesthetics of decay, rebirth and metamorphosis. His worldwide pioneering public art projects are not only examples of successful marine conservation, but works of art that seek to encourage environmental awareness, instigate social change allowing the public to appreciate the breathtaking natural beauty of the underwater world. The artist accepts and invites the marine ecosystem and the passage of time to alter his sculptures which will eventually blend in with the local sea life, the smooth sides of his art pieces roughening and become covered with algae, shells and corals, in total harmony with underwater nature.



*At Museo Atlántico on Lanzarote, the first underwater sculpture park in Europe, Jason deCaires Taylor's work evolves naturally into the marine environment as they are created from pH neutral material. His second park has opened in Cannes on the French Riviera*

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# Underwater Sculpture Museum of Cannes

Underwater photography Jason deCaires Taylor



The Mayor of Cannes and Jason deCaires Taylor with a model for one of the six sculptures. Photo courtesy, Office of the Mayor



The submerged ecological museum is in harmony with fishing and diving activities and serves as an observatory of the evolution of marine biodiversity

*“The Cannes Underwater Museum of Jason deCaires Taylor is as prestigious for our city as the Cannes International Film Festival”*  
David Lisnard Mayor of Cannes



Eminent American publication Architectural Digest wrote, “Stunning” -the French Riviera is known for its dreamy coastline, glitzy beaches and promenade. Cannes has added something magical to the shore—a stunning underwater art museum

**SEIS ESCULTURAS PARA REGENERAR EL FONDO MARINO**

Seis magníficos rostros esculpidos sorprenderán a este año a los buceadores que se sumerjan en aguas de Cannes. Recién inaugurado, este ecomuseo submarino es obra de Jason de Caires Taylor, que tiene otra instalación en aguas de Lanzarote. Con el tiempo, estos rostros quedarán cubiertos por algas y corales y estarán perfectamente integrados en el fondo marino de este enclave mediterráneo.



A report in Pronto Spain’s national weekly magazine (circulation 1 million) stresses Jason’s contribution to the environment with a photo of him inspecting one of his sculptures, and also refers to Lanzarote



**Bronze of César Manrique**

Dear Lancelot,

I have been a winter resident of Lanzarote for the past 27 years with a passion for the beauty of this impressive Island which I fell in love in 1995 and settled here. The life work of César Manrique in embellishing, influencing and preserving the island of his birth impressed me so much that I acquired an original bronze bust of the artist by well-known German sculptor Niklaus Relph in 1999. It now sits on a plinth facing a tall date palm which Manrique gave as a present to my neighbors, Francisco and Pastora Hidalgo. Enclosed are photographs of both items. I myself worked for the US Government in London as a press officer in the 1960s during the Apollo moon missions and the British Government during the UK's accession to the EEC and then as a senior official of the European Parliament. I have always found Lancelot a treasure trove of information especially an article by Antonio Coll about César Manrique's private life and his wife Pepa.

John Horton  
London and Cornwall



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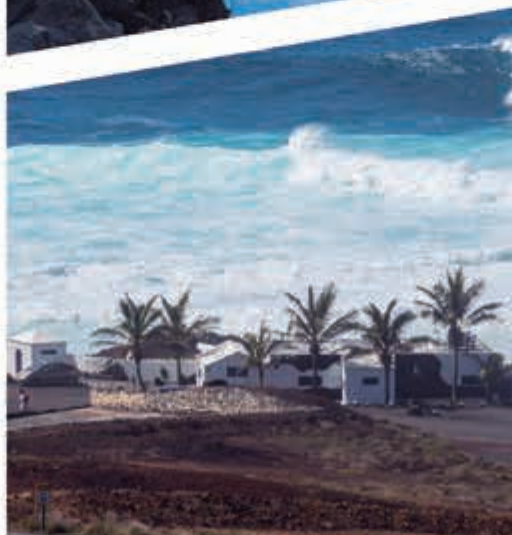
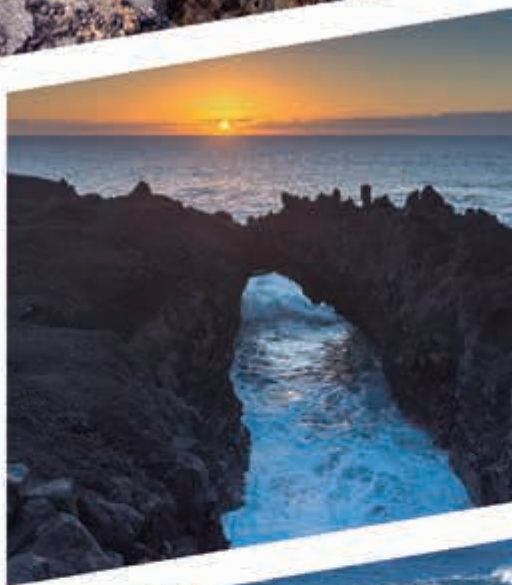
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# An Update for UK Nationals

From 1 January, UK Nationals have been able to spend 90 days out of every 180 within the Schengen area for tourism or other specific purposes, such as business meetings, without needing a visa. Any stays beyond the 90 days will be dependent on Spain's visa and immigration rules and any UK Nationals who would like to discuss extending their stay should contact their local *extranjería* office or call 060.

All foreign nationals intending to stay in Spain for longer than three months have always been obliged to register for residency – whatever their nationality. Therefore if you arrived in Spain before 1 January you must take steps to become resident if you consider your home to be here. Otherwise, you should be arranging to return to the UK. If you are trying to become resident and are in the process of registering or appealing against your application having been rejected, the 90-day rule does not apply to you.

HMA Hugh Elliott said: “I’m aware that many second home owners are concerned about overstaying as we reach 31 March. The Spanish Government has been clear that it will take a pragmatic approach to anyone who is stuck in Spain due to circumstances beyond their control, so I don’t want people to be overly worried on that count. However, if people do not intend to become resident here in Spain and see the UK as their base, we do expect them to take steps to return to the UK as soon as they can.”

A Spanish Ministry of Inclusion spokesperson said: “The Spanish Government is working to provide maximum legal certainty for British citizens resident in Spain. Throughout the negotiations, the issue of citizens’ rights has been, and remains, one of the main priorities. Spain is the country of residence of the largest community of UK nationals in the EU.



“The Spanish Government has no plans to deport British citizens who have made Spain their home and, for this reason, Spain has been one of the first EU countries to establish a documentation procedure under the Withdrawal Agreement, which consists of a declaratory system to apply for the new residence permit (TIE). We remind British citizens that, although there is no time limit, it is important to make this application as soon as possible as, among other things, it will facilitate the administrative processing and the crossing of the external borders of the European Union.”

If you are in the UK and considering travelling to Spain or are in Spain and have friends or family wanting to visit, you should be aware of the continuing travel restrictions on both leaving the UK and entering Spain. UK Nationals must make sure that they meet both the requirements to leave the UK and those to enter Spain, bearing in mind that they are not the same. From 30 March, entry to Spain will only be granted to those passengers who can demonstrate that their journey is essential, as well as to those who are already legally resident in Spain. Entering merely to visit, even if you have a second home here, is not a justified reason for entry. You may be questioned on arrival by Spanish border authorities to ensure you meet the entry requirements and they will only grant

entry if they are satisfied that your journey to Spain is essential and reserve the right to deny passage. Ultimately, the decision on whether to grant entry into Spain is made by Spanish border officials as set out in our Travel Advice. For the latest information and links to the restrictions on leaving the UK and entering Spain, we advise people to visit our Travel Advice page on gov.uk and sign up for alerts, so that they are notified of any changes: <https://www.gov.uk/foreign-travel-advice/spain>

## Summary

- Since 1 January 2021, British tourists have been able to travel visa-free for tourism or other specific purposes across the Schengen Area (except for Covid-19 restrictions) for up to 90 days in a rolling 180-day period. Anyone wishing to extend their stay, or become a worker or permanent resident will need to apply to the local authorities under Spain's domestic immigration rules.

- If you are unable to return to the UK before the expiry of your visa/permit or visa-free limit due to C-19 restrictions, you should contact your local immigration office (*Extranjería*) for advice. You can also call 060 from a Spanish phone line.

- Due to Covid-19, restrictions on entry from the UK into Spain have been in place since January 2021. Only Spanish nationals, UK nationals resident in Spain and other limited categories of entry are permitted. Please see FCDO Travel Advice for Spain for further details: <https://www.gov.uk/foreign-travel-advice/spain>

- UK nationals and their family members who were lawfully resident in Spain before the end of the transition period, on 31 December 2020, can continue to live, work, study and access benefits and services, such as healthcare, broadly as they did before the UK left the EU.



*Personal message from the Ambassador on the relationship between Britain and the Canary Islands with a mention of his visit to Lanzarote*



**The British Ambassador  
Hugh Elliott**

*“I know that travel restrictions have prevented UK nationals from visiting the Canaries, but I am sure that as soon as they can, visitors from the UK will be very happy to come back to the islands, where they have always received such a warm welcome. I had – to my shame, and regret - never been to the Canary Islands before taking up my current job. I am very lucky to have been able to visit last year and this for both work and pleasure. My wife Toñi and I have been able to see for ourselves just how special the relationship is between the UK and the Canary Islands. There is so much history; there are so many personal stories which are the lifeblood of that relationship. Covid has taken its toll, but I have every confidence that, UK visitors will flock back to your beautiful islands, and will breathe new life into a centuries-old love affair”.*

- Their rights are protected by the Withdrawal Agreement, whether or not they have registered for residency. Anyone who has not yet done so, should register for residency and apply for a TIE card which can be used to evidence their rights under the Withdrawal Agreement. Previous versions of this document (also known as the ‘green residency document’) remain valid. More than 360,000 UK nationals in Spain have already registered.

- The procedure for applying the resident document, which has been in place since 6 July 2020, distinguishes between those who already had a registration certificate or family member card of an EU citizen, and those who did not.

- Those arriving after the transitional period, i.e. from 1 January 2021, will fall under the general immigration regulations.



**The British  
Ambassador  
addressing local  
residents during  
his last visit  
to Lanzarote**

*“I am delighted that more funding has been provided to Age in Spain, Babelia and IOM through the UK Nationals Support Fund. These organisations provide vital support to UK Nationals who need additional help with their residency application in Spain, so I urge any UK Nationals who are struggling with the process to contact them for help.”*

For more information visit: <http://extranjeros.inclusion.gob.es/es/InformacionInteres/InformacionProcedimientos/index.html>

- The UK Government provides detailed advice for UK nationals in our Living in Spain Guide online at: [www.gov.uk/livinginspain](http://www.gov.uk/livinginspain); and the Spanish Government has also produced a detailed Q+A document on

residency in English: [https://www.inclusion.gob.es/ficheros/brexit/guia\\_brexit\\_2020\\_en.pdf](https://www.inclusion.gob.es/ficheros/brexit/guia_brexit_2020_en.pdf)

UK Nationals in Lanzarote having difficulty applying for residency can contact Age in Spain for help at: Age in Spain website: email: [residency@ageinspain.org](mailto:residency@ageinspain.org) Age in Spain. Contact helpline: +34 932 20 97 41 available Mon to Fri, 9am to 6pm.



# Consequences of Brexit on Non-Resident Income Tax as of January 1st 2021

## Non-Resident Income Tax

This tax is regulated by Royal Legislative Decree 5/2004, of March 5, which approves the revised text of the Non-Resident Income Tax Law (TRLIRNR).

Taxes on income obtained in Spanish territory by non-resident taxpayers, both individuals and entities (article 1 TRLIRNR).

There are two forms of being subject to this tax (article 15 TRLIRNR):

- a) income obtained without the mediation of a permanent establishment
- b) income obtained through a permanent establishment.

This tax includes specific provisions applicable to residents of other Member States of the European Union, provisions that will no longer be applicable to taxpayers resident in the United Kingdom once the transitional period has ended.

However, it should be noted that there is a bilateral agreement between the United Kingdom and Spain to avoid double taxation, an agreement that will continue to apply. For this reason, certain income that will no longer be exempt in application of internal regulations. However they would be exempt by income invoking the right to apply the Agreement (for example, interest).

## Consequences of Brexit on INNR, in the case of income ob-

## tained without the mediation of a permanent establishment:

Regarding the income obtained by residents in the United Kingdom accrued as of January 1st, 2021, the following changes derived from ceasing to be taxpayers resident in a Member State of the European Union must be taken into account:

Exempt income (article 14 TRLIRNR)

The following exemptions will no longer apply:

Interest and capital gains derived from movable property obtained by residents of another member state of the European Union (EU) with certain exceptions.

Profits distributed by subsidiary companies resident in Spain to their parent companies resident in another EU or EEA member state with effective exchange of information or to the permanent establishments of the latter located in other member states, provided that certain conditions are met .

Dividends and participations in benefits obtained by pension funds equivalent to those regulated in the revised text of the Law on Pension Plans and Funds (Royal Legislative Decree 1/2002, of November 29), that are residents in another Member State of the European Union or EEA with effective exchange of information or by permanent establis-

hments of said institutions located in another Member State.

Dividends and profit shares obtained by collective investment institutions regulated by Directive 2009/65 / EC of the European Parliament and of the Council or by collective investment institutions resident in EEA member states with effective exchange of information.

The royalties between associated companies, paid to a company resident in a Member State of the European Union or to a permanent establishment of said company located in another Member State of the EU, provided that certain requirements are met.

Exemption for reinvestment in habitual residence for taxpayers of the EU, Iceland and Norway: capital gains obtained by the transfer of what was their habitual residence in Spain may be excluded from tax, provided that the total amount obtained by the transfer is reinvested in the acquisition of a new habitual residence.

## Tax base (article 24.6 TRLIRNR)

The expenses described in article 24.6 TRIRNR can't be deducted, article according to which taxpayers residing in another State of the European Union, natural persons, can deduct the expenses described in



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the Personal Income Tax Law, and in the case of entities, those provided in the Corporation Tax Law, provided that it is proven that they are directly related to the income obtained in Spain and that they have a direct and inseparable link with the activity carried out in Spain.

### **Tax rate (article 25 TRLIRNR)**

In relation to income taxed at the general tax rate, the general tax rate of 19%, typical of EU residents, will no longer be applicable and 24% will become applicable. These incomes include: income from real estate, income from work, imputed income from real estate, ...

### **Option for EU residents to pay personal income tax (article 46 TRLIRNR)**

The regime of article 46 TRLIRNR will not be applicable, regime by which non-resident taxpayers, natural persons, who prove to be resident in another Member State

of the European Union or in a Member State of the European Economic Area with which there is an effective exchange of tax information, except residents in countries or territories classified by regulation as tax havens, who have obtained during the year in Spain for income from work and income from economic activities, at least 75 percent of their total income, or that the income obtained during the financial year in Spain has been less than 90 percent of the personal and family minimum that would have corresponded to him according to his personal and family circumstances had he been a resident in Spain and that the income obtained outside of Spain was, likewise, less than said minimum, and when the income obtained in Spain has been effectively taxed by the IRNR, they may choose to pay taxes as a taxpayer for the Personal Income Tax, but without losing their status as taxpayers by the IRNR.

### **Consequences of Brexit on IRNR, in the event of income**

### **obtained through permanent establishment: Complementary tax:**

It is required of permanent establishments of non-resident entities when they transfer income abroad. The complementary tax will not be applicable in the case of income obtained in Spanish territory through permanent establishments by entities that have their tax residence in another Member State of the European Union, except in the case of a country or territory considered as a tax haven, or in a State that has signed an agreement with Spain to avoid double taxation, in which nothing else is expressly established, provided there is reciprocal treatment.

With the United Kingdom there is an agreement to avoid double taxation, which isn't affected by Brexit and which doesn't contemplate this type of supplementary taxation, so that supplementary taxation would still not be applicable via this agreement.





## Training Eating Habits to Improve Performance and Avoid Sports Injuries

**H**ospiten is committed to healthy practices in sport, where nutrition is a fundamental to improving performance in sport and avoiding injuries. Food is one of the pillars of what is called invisible training and, together with rest and hydration, is one of the most forgotten factors between one training session and another, but it is essential for optimum performance.

According to Dr. Ignacio Llorente, a specialist in Endocrinology and Nutrition at Hospiten, athletes have been aware of food for a relatively short time despite it being a part of their training. “There is more emphasis on physical programming than on programming eating and hydration. They have to be aware that their eating habits must also be trained. An adequate diet improves results a lot, avoids fatigue and, above all, injuries”, says the doctor. One of the most common problems in long-distance events is that injuries happen, not because of the pace over the course of the race, but because of the diet before, during and after the race. At the end of the competition there is a period of about half an hour when it is very important for the runner to consume a large amount of carbohydrates and proteins for good muscle recovery and avoid the likelihood of muscle damage.

The diet for an athlete should be a roadmap to be followed throughout the training program. It must be a healthy, varied, balanced diet that includes all the components of what good nutrition is. It is important to include carbohydrates, starches of intermediate and slow rates of absorption, fruit and vegetables, as well as animal and vegetable proteins. In this case, legumes, or pulses, play an essential role.

Dr. Llorente stresses that “just as an athlete draws up a plan for the



race, the same must be done with food during exercise. In the days before the event, it is important to prepare the body for the physical effort to which it is going to be subjected”. The first thing is to increase the amount of carbohydrates in the diet, which are what will provide more energy in the first kilometers. A start to a race that must be trained on a deficit to take advantage of body fat as a source of energy for good performance during the race. And then train what to eat at each stop and in what order.

The importance of good hydration. It is essential for a runner to be clear about the profile of the race (route, variations in altitude, when to make stops...). In summary, draw up a plan adapted to the route so that you are hydrated at all times and do not run out of carbohydrate reserves. Hydration is essential in a long-distance race. The key to optimum performance is to set off well hydrated and drink continuously during the race. The refreshment stations are a

support for the runner, but runners must also carry liquid on them to be able to top up on hydration during the race. An athlete becoming dehydrated will determine whether or not they have a very significant decrease in athletic performance during a race. In addition, in the case of practicing an endurance sport, it is important to add a vitamin or mineral supplement and more so when training for a high performance competition.

The Hospiten Group is an international health network committed to providing the highest quality service, with 50 years of experience, which has twenty private medical-hospital centers in Spain, the Dominican Republic, Mexico, Jamaica and Panama. The Group is chaired by Dr. Pedro Luis Cobiella and attends more than 1,900,000 patients from all over the world annually and employs more than 5,000 people.

**Hospiten Lanzarote:**  
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# GUIDE TO LANZAROTE BY CAR

## Central Southern Route La Geria

Puerto del Carmen, the island's largest tourist resort, has almost 13 kilometres of beaches and a picturesque fishing harbour in the Old Town. On the main Island highway close to the Puerto del Carmen turn-off, a road opposite leads to ASOMADA. Drive through and turn left at the first T junction until reaching a main road. This is LA GERIA, the wine-growing region of Lanzarote where grapes are cultivated in a manner not used anywhere else in the world. The result is an unforgettable landscape dominated by the sight of thousands of shallow pits stretching as far as the eye can see.

The young vines planted inside are covered with layers of porous black volcanic grains which feed them moisture and protect them from the harsh rays of the sun. They

Please check timetables during limited lockdown on [www.cactlanzarote.com](http://www.cactlanzarote.com) or the individual attraction



*Puerto del Carmen. Tías*

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AND ALLOW  
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## GUIDE TO LANZAROTE BY CAR



*Playa Blanca. Yaiza*

are sheltered from the constant Trade Winds by the semi-circular walls of dry volcanic rock above.

### **Puerto Calero Marina**

One of Europe's truly beautiful marinas in a magnificent setting which hosts international regattas. The bustling commercial area is enhanced by an open air Museum of Sculptures located among the landscaped pathways comprising 12 impressive pieces by important artists. Watch out for the Puerto Calero signpost on the main island road between Puerto del Carmen and Yaiza.

### **Yaiza and El Golfo**

Turn left driving past UGA village until rejoining the Island highway where YAIZA is soon reached. The town square contains several buildings typical of Lanzarote's traditional architecture with the Town Hall at one end and the ancient Los Remedios Church at the other.

To the right a few kilometres along after the town is a sign to CHARCO DE LOS CLICHOS, the GREEN LAGOON, (and neighbouring EL GOLFO village), which is reached after a short ride along a winding picturesque coastal road. A brief stroll round the corner brings us to

the GREEN LAGOON. Scientists are not absolutely certain as to the source of its colour, some believe it is caused by algae, others attribute it to the green olivine semi-precious stone, found in abundance on the Island. (There are several good fish restaurants around the bay at EL GOLFO).

Returning along the coast there is a large parking area to the right. The seas below can frequently be seen battering away at the cliffs trying to force a way through. During the 18th century volcanic eruptions, lava thrown out by the volcanoes covered a large area of the ocean in this area which it has been attempting to reclaim back ever since.

Yet another pretty scene just a few hundred metres along is presented by the JANUBIO salt ponds. Employing over one hundred workers at the turn of the century to provide sailing ships with salt for keeping food fresh, the salt works gradually fell into decline with the advent of refrigeration.

### **Playa Blanca Papagayo Beaches**

Twenty years ago a tiny fishing village, PLAYA BLANCA on the south coast, is now a flourishing but tranquil resort with a beautiful beach

bordered by a picturesque restaurant-lined promenade. The small harbour is used by ferries sailing to Fuerteventura, the Fred Olsen Express car ferry makes the 20 minute crossing six times daily.

Close by along the headland to the east several paths lead to the magnificent PAPANAGAYO BEACHES. Composed of several small bays and coves, many consider these golden sands to be the most beautiful in Spain.

### **Marina Rubicón**

This harbour at Playa Blanca combines the most modern and well-equipped docks for sea-going yachts with the olde-world charm of traditional island architecture housing amenities and facilities on the shoreline including an art gallery. Two new deluxe hotels overlook the marina and the coastal promenade.

### **The Fire Mountains**

Returning north on the main road turn left in YAIZA to MONTAÑAS DEL FUEGO, the FIRE MOUNTAINS, part of TIMANFAYA NATIONAL PARK. This region was devastated by intermittent volcanic eruptions over a six year period, 1730 - 1736. The scenery is both breathtaking and vividly awesome, a few hundred metres to the left a string of camels await passengers for a scenic ride round the rim of a volcano.

The red and white barrier at a toll booth signals arrival at the road which leads to the parking area at Hilario's Plateau.

Here the DIABLO RESTAURANT serves meals from a grill fitted across a natural volcanic chasm, with geothermic heat rising from the bowels of the volcano cooking the food!

A coach fitted with multi-lingual commentary leaves to tour the nearby region of volcanic destruction taking a route offering the clearest indication of what took place here some two and a half centuries ago.





# GUIDE TO LANZAROTE BY CAR



There are stops for photographs and the 45 minute trip is included in the price of the admission fee to the Park. Open daily 09.00 - 17.00 hrs.

For the best times and conditions to visit the Cabildo Tourist Centres download the CACT Lanzarote App at Apple Play or Google Store.

### Timanfaya Information

On exiting via the barrier turn left and after two kilometres watch out for the Timanfaya Visitors Centre on the left before Mancha Blanca. This is an excellent source of multi-lingual information about the Park and its volcanoes. Admission is free, open 7 days a week 09.00 - 16.45.

### El Monumento

Continue past Mancha Blanca to Tao, turn right until the next roundabout. The MONUMENTO AL CAMPESINO at the right of the road was one of the first creations of the late Cesar Manrique whose intention was to commemorate past generations of Lanzaroteans who stuck to their toil in the fields even after volcanic eruptions had devastated their most fertile land. These hardy early 18th century pioneers invented the irrigation method still in use throughout Lanzarote today. They had noticed that wherever an amount of black volcanic grains known as picon thrown out by the volcano had settled on fertile soil, some type of plant-life eventually emerged from the ground. Soon realising that the grains were porous, farmers began covering their fields with picon. The typical farm house contains a restaurant serving local cuisine. Nearby, the public can watch artisans create traditional arts and crafts which can be purchased in the souvenir shop. Open daily 10.00 - 18.00, restaurant 12.00 - 16 .30, bar 10.00 - 17.45.



Guacimeta. San Bartolomé

### San Bartolomé

A short distance along take the right fork towards San Bartolomé. This is the geographical centre of the island and an important agricultural region where vegetables grow in the sandy 'jable' soil, unique on Lanzarote. Sweet potatoes, water melons and squash are the main crops grown in this region. Buildings of interest in the town itself include the Casa Mayor Guerra, the 18th century home of the former military governor of the island.

### Tanit Ethnic Museum

Close to the Town Hall is the Tanit Ethnic Museum which contains a display of the working and cultural life of the island over the past centuries. Open Mon to Sat 10 - 14, closed Sunday.

### Cesar Manrique Foundation

On the outskirts of town cross straight over the main Monument-Arrecife road until passing some ruins on a plateau to the left. Continuing downhill round a sweeping curve for a few hundred metres the imposing white gateway of the FUN-

DACION CESAR MANRIQUE appears on your left with its adjoining spacious parking area. The Foundation is housed in what was originally one of the world's most uniquely beautiful homes built by Cesar Manrique for himself and where he lived for over twenty years. Set in a sea of petrified lava and constructed on two levels by interlinking five volcanic bubbles, this residence has attracted journalists from the world's leading architectural magazines and as a work of art in its own right is certainly worth visiting.

In September 1992 only six months after the Foundation opened its doors Cesar Manrique was killed a few yards away in a car accident. Without his intuitive genius for enhancing without spoiling nature, Lanzarote would today look just like many other holiday resorts with sunshine and nice beaches. Open Monday to Saturday 10.00 - 18.00 hrs and Sunday 10.00 - 15.00 hrs.

### Museo Agricola El Patio

The buildings and grounds of El Patio Farm Museum represent an authentic and comprehensive re-



## GUIDE TO LANZAROTE BY CAR

construction of traditional Lanzarote folklore and culture including its unique agricultural history. Take the Arrecife-Tahiche main road, turn right at Tiagua and follow the signs. Mon - Fri 10 - 5.30, Sat 10 - 2.30.

### Northern Route Teguisse

The main road north from Arrecife leads to TEGUISE, the capital of Lanzarote for over 500 years until ceding the title to Arrecife in the middle of the last century. Moorish corsairs attacked this old town many times murdering, pillaging and carrying its inhabitants off into slavery. A small alley at the side of the church in the main square is called Sangre - Blood - on account of Christian blood flowing through the nearby streets on many occasions. Opposite, the SPINOLA PALACE fronted by two stone lions was the home of a wealthy 19th century merchant family which has been restored and is open to the public. Every Sunday and Public Holiday a market is held in and around the square.

The resort of Costa Teguisse has five beaches the largest of which is Playa de las Cucharas.

### Piracy Museum Santa Bárbara Castle

Standing on Mount Guanapay overlooking Teguisse is strategically placed to overlook the coastline on both sides of the Island and was originally built to warn the Island capital below if pirates were sighted.

A Piracy Museum is located in the medieval fortress with a wonderful array of interactive screens, panels and information boards with the names and histories of some of the most famous names of pirates and privateers in maritime history. British and North African buccaneers prowled the waters of the Canaries in search of booty as well as attacking individual islands such as Lanzarote which suffered a series of devastating raids from the 16th until the 18th centuries.



Playa del Jablillo. Costa Teguisse

The Pirates Museum open Monday to Friday 9.00 - 16.00 Sunday and Public Holidays 10.00 - 16.00. Closed Saturday.

### Timple Music Museum Palacio Spinola, Teguisse

This museum in the beautiful interior of the 19th century Spinola Palace is dedicated to the "timple" miniature guitar whose strident tones are known as the "The Sound of the Canary Islands." A timple is an integral part of every folklore group and the museum traces its evolution on the island since the start of the last century. Fifty-five instruments from all over world are on display, all of which create a similar sound to the "timple", the most well known of these is the Hawaiian ukelele. Open Monday to Friday 9.00 - 16.00 . Sunday and Public Holidays 9.00 - 15.00. Closed Saturday.

### Haria

The road north passes Los Valles an important agricultural village continuing past several laybys offering commanding views across to the op-

posite coast. Rounding some sharp curves cut through the cliffs the road descends to HARIA, nestling peacefully in the Valley of 10,000 Palms. Reminiscent of a North African oasis the town was a spa for wealthy Canarians in the past. The Artesanal Market every Saturday 10.00 - 14.30 is rated 5 Stars by Trip Advisor; Arts & Crafts Workshop Mon-Sat 10-14.00.

### Manrique House Museum

Follow the signs to the House Museum of César Manrique in Haria. It was the artist's second home where he spent the last few years of his life having converted his original residence into the Foundation at Tahiche which bears his name. Everything has been left in the original state it was in when he died. Open 7 days a week, but advance purchase of tickets is recommended due to limited capacity.

### Mirador del Rio

Continuing northward past Maguez village a road towards the cliff-top leads to Guinate Tropical Park.





## GUIDE TO LANZAROTE BY CAR



A short drive on the main road and you arrive at MIRADOR DEL RIO, a belvedere with breathtaking views of the straights below and islands out to sea. Open daily 10.00 - 18.00 hrs.

### The Green Caves

The route continues downhill towards the GREEN CAVES, (open daily 10.00 - 18.00 hrs.), on the opposite coast over a region known as Malpais de la Corona, 'badlands' caused by the eruption of nearby Monte Corona. During an eruption whilst debris is shot out skywards, volcanoes also often break out below ground, a molten lava stream forging a tunnel. One such volcanic tunnel, the Atlantida, is below the earth's surface at this point which at 7 1/2 kilometres is the longest in the world.

### Jameos del Agua

This large grotto harbouring an underground lake forms the last section of the Atlantida Tunnel and came into being when the molten lava stream met the cooler waters of the nearby Atlantic Ocean. An amenity not to be missed in this wonder of nature embellished by Cesar Manrique, is the underground concert hall located in a massive volcanic cavern. Open daily 10.00 - 19.00 hrs. and Tuesday, Friday and Saturday nights, 19.00 - 03.00 hrs.

### The Cactus Garden

The route south passes through several villages until reaching an area where the fields are all planted with cacti. Known as the 'tunera' cactus it attracts the female cochineal beetle from which carmine dye is extracted. Dusty white patches on the leaf indicate a colony of this parasite and if crushed turn to bright crimson. Guatiza village is the centre of this cactus crop and is the home of JARDIN DE CACTUS - the CACTUS GARDEN - the seventh and last of the Tourist Centres, which opened in March 1990. Open daily 10.00 - 18.00 hrs.



*El Reducto. Arrecife*

### Arrecife

Continuing south the road leads past a white stone gateway leading to Costa Teguisé, one of the three major tourist resorts on Lanzarote. Arriving at the capital ARRECIFE, home to half of the 70,000 inhabitants of Lanzarote, whose tree-lined promenades and SAN GINES Lagoon are beautifully landscaped. A colourful street market takes place on the promenade every Wednesday selling traditional island arts and crafts among other items.

The main shopping area is in and around Calle Leon y Castillo which has a drawbridge at one end leading to SAN GABRIEL Castle, the Arrecife History Museum. A drive around the NAOS fishing harbour past some abandoned windmills leads to another medieval fort, CASTILLO SAN JOSE, whose 18th century interior was converted by Cesar Manrique in 1974 to house the International Museum of Contemporary Art. Open daily 11.00 - 21.00 hrs. On the lower floor an excellent restaurant with panora-

mic views out to sea. Open daily 10.00 - 01.00 hrs

### Marina Lanzarote

Just a short walk from the town centre along the seafront leads to the shops and restaurants of the luxury Marina Lanzarote, newly-opened in October 2014. A first class selection of shops and boutiques overlooking the colourful tableau of transatlantic yachts bobbing at their moorings await the visitors as well as dining facilities to suit every taste and every pocket, offering everything from local and international cuisine to smart snack bars and cafeterias.

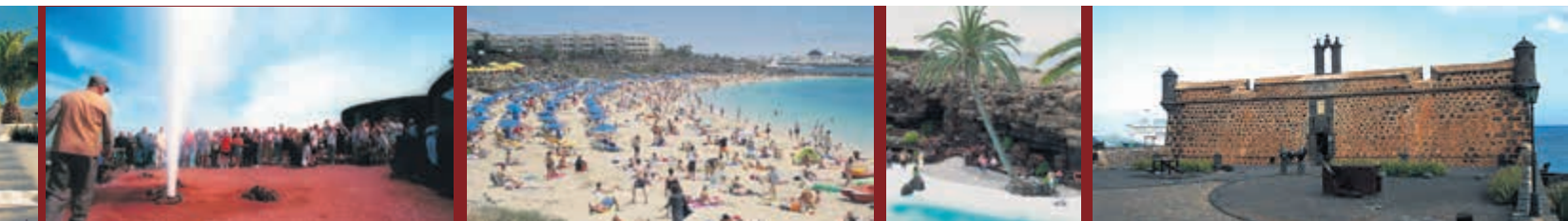
### Golf - Theme Park

The island has two 18 hole par 72 golf clubs at Puerto del Carmen and Costa Teguisé as well as Rancho Texas animal theme park at Puerto del Carmen.

### Rancho Texas

Rancho Texas is an animal and water park close to Puerto del Carmen and just off the main island road. Among multiple attractions: a





## GUIDE TO LANZAROTE BY CAR

live sea lion show, dolphin interaction, a huge pool with water slides, a splash park and a country and western show. Among services is a free bus pick up. Open 265 days a year.

### La Graciosa & Fuerteventura Ferry

Lineas Maritimas Romero operate frequent sailings from Orzola Harbour to La Graciosa as well as excursions from Puerto del Carmen. Other services include: Water-taxi Puerto del Carmen-Puerto Calero and Water-bus Playa-Blanca- Marina Rubicón-Papagayo. Departure and arrival times are convenient for tourists wishing to spend a whole or half day on Lanzarote's sister isle.

The neighbouring island of Fuerteventura is only 12 minutes away by Líneas Romero from Playa Blanca to Corralejo.



La Graciosa

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**NEVER STOP EXPLORING**

# Sir Walter Raleigh

1554 - 1618

## **Incident on Lanzarote Cited at his Trial for Treason**

*450 Years later in 2021, the discovery of remains of dining sets and iron cannonballs from Raleigh's fleet is holding up dredging work in the River Burgo in Galicia*

**Larry Yaskiel**

*Having been a favourite of Elizabeth I, Walter Raleigh (1554-1618) found himself on the wrong side after her death and was arrested in 1603 and imprisoned for 13 years in the Tower of London for his part in the Main Plot against James I. A few years after his release he was rearrested, found guilty of treason and sentenced to death. His last words spoken to the hesitating executioner were "What dost thou fear?"*

CADIZ





### Raleigh on Lanzarote in 1617

During Sir Walter Raleigh's last voyage in 1617 he called at Lanzarote to take on board provisions on his way to South America. Whilst on the island a skirmish took place between some members of his crew and the local inhabitants during which two sailors were killed. This incident found its way into Raleigh's trial for treason on his return to England later that year. Having been found guilty he was hanged at the Tower of London.

Although it had nothing to do with the actual charges Raleigh was facing, the skirmish on Lanzarote was introduced by the prosecutor as evidence of 'Raleigh's behaving like a pirate.' A certain Captain Bayley gave evidence claiming that Raleigh had encouraged his men to attack the locals. Another witness called Weekes testified on his behalf saying that Raleigh had arrived peacefully and his men got involved in a fight without his knowledge. According to Weekes, despite the loss of life of two of his sailors Sir Walter Raleigh had left the island without avenging their deaths which several of his captains urged him to do.

The court document read: 'On the 8 September 1617, Sir Walter Raleigh came to anchor off the Island of Lanzarota (sic), as you know one of the Isles of the Canaries. Whilst there, one Captain Bayley sailed one of his ships away claiming he feared that Sir Walter would 'turn pirate.' In my opinion he will in the end be sorry and ashamed for what he has done and for the scandal he has passed upon his general by sending in a report casting a doubt on his character. However, a man called Weekes who was at Lanzarote at the time, reported that Sir Walter having landed 400 men send word to the governor to allow him to load water and other necessities he required.'

### Brief Biography

Sir Walter Raleigh (1554 – 1618) was one of the most notable figures of the Elizabethan era and is well known for popularizing tobacco in



*The statue was erected at the Old Royal Naval College, Greenwich (London) in 1959 by US Ambassador John Hay Whitney, in commemoration of the 350th anniversary of the foundation of the Commonwealth of Virginia, which Raleigh opened up for colonisation by the British*

England. In his twenties he played a role in the suppression of rebellion in Ireland which led to the "Plantations of Ireland." This involved the confiscation of Irish-owned property by the English Crown and colonizing their lands with settlers from Great Britain as a means of controlling and anglicising parts of Ireland during the 16th and 17th-centuries.

### Colonising North America

Rising rapidly in the favour of Queen Elizabeth Raleigh was knighted in 1585 and played a leading role in the English colonisation of North America. The war with the Spaniards continued to be fought after the defeat of the Spanish Armada in 1588. One year later it was England's turn to attempt an inva-

sion by seeking out and destroying the surviving ships of the Armada in the ports of Galicia in an expedition under the command of Raleigh was beaten off by the Spanish garrison.

### Imprisoned in the Tower of London

After Queen Elizabeth died in 1603, Raleigh was imprisoned in the Tower for being involved in a major plot against King James I. In 1616, he was released to lead an expedition in search of El Dorado during which his soldiers ransacked a Spanish outpost, in violation of both the terms of his pardon and the 1604 peace treaty with Spain. Raleigh returned to England and, to appease the Spanish, he was arrested and executed in 1618.



### Epilogue in 2021

Over 400 years later in 2021, the Spanish Ministry of the Environment planned to improve the water quality in the Ria del Burgo coastal inlet, by dredging 583,337 cubic meters of this natural watercourse at A Coruña in Galicia. But this is subject to the results of a Historical-Archeological-Environmental report stating that over the past 15 years, remains of dining sets and cannonballs from the sunken vessels of Sir Walter Raleigh's fleet have been discovered on the bed of the river, according to a report Spanish daily El Pais.

### Six Centuries of UK Canary Relations

This year marked the sixth century of commercial relations bet-

Walter Raleigh, soldier, courtier and explorer wrote poetry that ranks with some of the finest in early modern England

ween the Canary Islands and Britain. According to historians, in 1480 a certain John (Juan) Day lived on Lanzarote. We believe this to be the very first recorded case of an Englishman living anywhere in the Canary Islands. Day was a merchant active in the dye trade travelling between the Canary Islands, Seville and Bristol. This was only seventy-eight years after the arri-

val of the Normans who had still not subjugated all seven islands to the throne of Castile as Tenerife did not fall until 1496. (The name John Day translates into Spanish as Juan Dia. Add a 'z' which is often the case with names in Spain, and we have Diaz, which is quite a widespread surname on Lanzarote).

### Book Published in London in 1583

It should not come as too much of a surprise to find an Englishman on Lanzarote at that time because according to a book published in London in 1583, "The Spaniards first conquered these islands with diverse English gentlemen in their company." The author, Thomas Nichols, was himself a trader in dyes and textiles who had settled in the islands as a factor for a firm in Bristol. Nichols dates the first commercial transactions between England and the Canaries as long before 1526 when English merchants had sent goods to Tenerife in exchange for orchil and kidskins and the English considered Canary wine to be of a far superior quality to that of Spain.

He writes, 'Lanzarote is governed by Augustin de Herrera, Earl of Lanzarote and Fuerteventura, adds Nichols. But the inhabitants of these islands are entitled to appeal against any injustice to themselves or their property to the King's judges at Gran Canaria. This is because the King reserves the rod of justice to himself otherwise his subjects might be badly treated by the island governors. The only commodities on the island are goats flesh and orchil (a much sought-after plant from which dye is extracted). Every week boats sail to Tenerife, Gran Canaria and La Palma laden with dried goats flesh called tussinetta, which serves instead of bacon and is very good meat. The island is 12 leagues in length and stands in 26 degrees.

Thomas Nichols quotes a chronicle describing the island when the Normans first arrived in 1402: As for the island of Lancerote (sic), which was called Tite-Roy-Gatra in the language of the original inhabitants, it





Sketch of Raleigh's ships lying opposite the mouth of the Orinoco. Measuring 2,250 kilometers in length it is one of the longest rivers in South America



is of the size and shape of the island of Rhodes. It contains many villages and fair houses, and used to be well peopled, but the Spaniards and other corsairs of the sea have so frequently made captures among them and thrown them into slavery, that now there are but few remaining, for when Juan de Bethencourt arrived there were scarcely three hundred people. These he conquered, though with great trouble and difficulty, and, by the grace of God, had them baptized. There is great abundance of springs and reservoirs of water, as also of pasture land and good land for cultivation. A great quantity of barley grows there, of which they make excellent bread. The country is well supplied with salt. The inhabitants are a fine race. The men wear

Walter Raleigh was responsible for the first ever English colonies in the New World from where he introduced tobacco and the potato to England

a long cloak over their shoulders, the women are beautiful and modest and wear long leather robes.'

Editor's Note. References above to 'abundant springs, reservoirs of water, barley, pasture land and good land for tillage' refers to the most arable area of Lanzarote which was destroyed 300 years later by the eruptions of the Fire Mountains during 1730-1736 which buried the

entire region under two metres of volcanic debris. This catastrophe not only eliminated the pastoral landscape but also signalled a distinct change in the weather pattern of the Canary Islands. Prior to the eruptions the Archipelago suffered frequent tornados and hurricanes as now exist in the Caribbean and parts of America, which culminated in severe drought from 1720 to 1730. This was especially bad on the island of Lanzarote where people literally starved to death and the only solution was to emigrate to the Spanish colonies in North and South America where they founded several major cities such as San Antonio in Texas, St Bernard in Louisiana and Montevideo in Uruguay.



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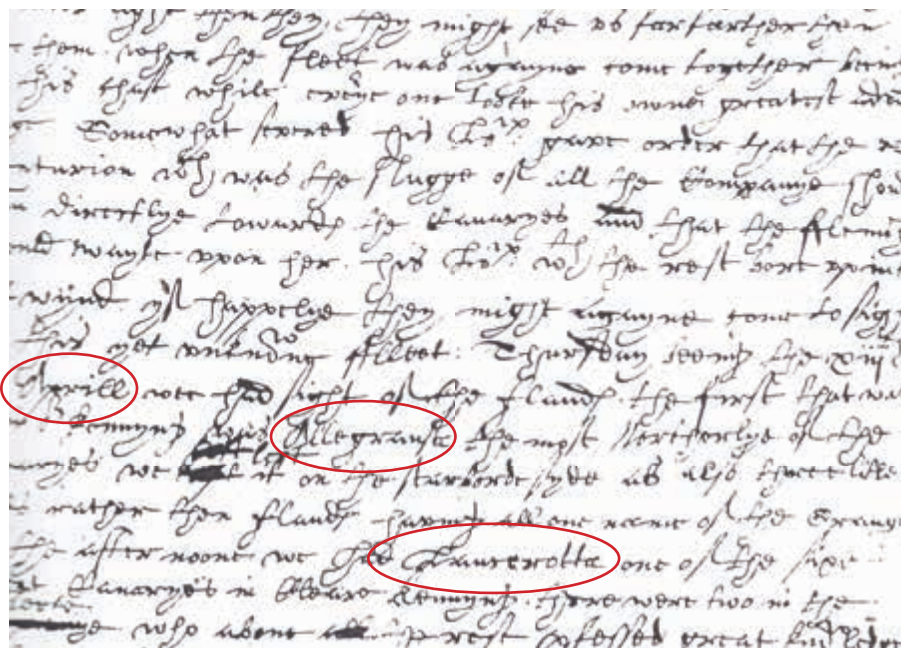
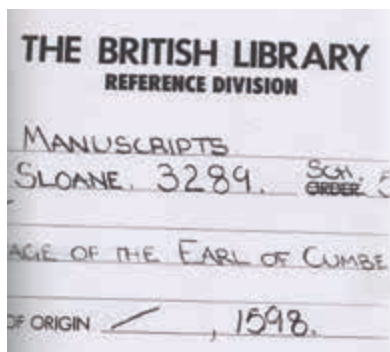
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# Earl of Cumberland on Lanzarote in 1597

In 1597, George Clifford, III Earl of Cumberland, stopped off at Lanzarote on his way to capture the island of Puerto Rico 'as a West Indian station, which would be useful for interception of Spanish lines of communication and as base from which to capture rich galleons.' As regards Lanzarote, his plan was to capture and hold to ransom the wealthy Marquis there, who was thought to be worth £100,000. 'On the Thursday before Easter, the 14th April, the fleet came to anchor before the island.' Although they captured the castle (now the Emigration Museum) and town of Teguise, the wealthy governor eluded Cumberland's men. Although they found no treasure, the sailors did find and consume several vats of (young) wine and returned to their ships with severe stomach pains.



Cumberland was also interested in obtaining "archil" (orchilla in Spanish), a plant from which dye is extracted, and which grew wild on the coast. This plant also attracted the attention of Lanzarotto Malocello of Genoa in the 14th century, for whom the island is named

Mem to ... are  
 And with this ...  
 in ...  
 vol. III. p. 769.  
 ano. 1586.



This feature contains excerpts from the book, "The British Connection to Lanzarote and the Canary Islands" by Larry Yaskiel, published by Ediciones Remotas.



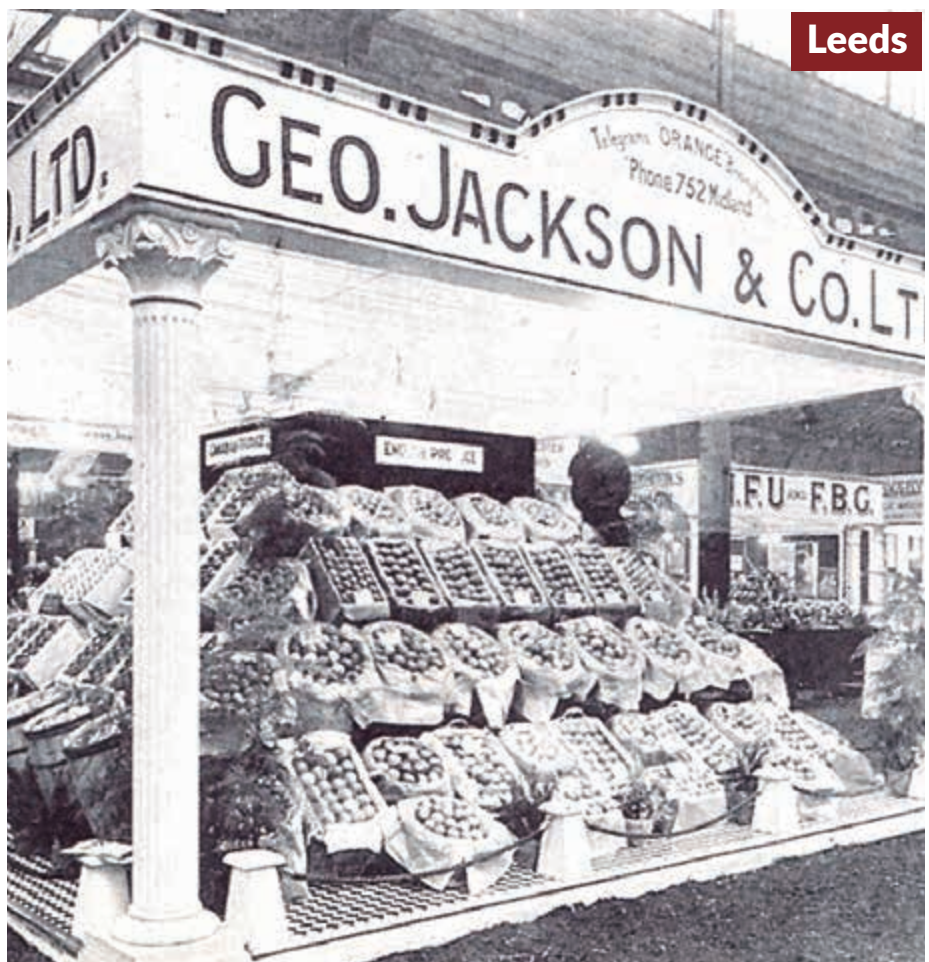
## 19th Century Anglo-Canarian Pioneers Exports of Fruit and Veg to Britain Commenced 1891 Large Quay at London Docks named Canary Wharf

The arrival of Scotsman Thomas Miller on Las Palmas in 1824 signalled the start of a trading and shipping enterprise which would have far-reaching consequences for Grand Canary as well as the other Islands. By the middle of the century, due to the business acumen of Miller and his associate Swanston, Las Palmas was to become a major coaling station for cargo ships sailing from Britain to South Africa and South America.

Alfred L. Jones arrived some sixty years later. He was a self-made industrial magnate who became chairman and managing director of the Elder Dempster Company of Liverpool. He chose Las Palmas as a coaling station for his Union Castle Shipping Line in 1884, and among other ventures, was responsible for introducing the banana into England in the 1890s.

### Forerunners of Tourism

They, their contemporaries and their successors were the driving force behind the conversion of a sleepy, idyllic subtropical town without a single sheltered harbour into one of the busiest seaports in the Atlantic. Their







Liverpool



John Reid Young is a fourth generation member of the Miller-Swanston family whose ancestors exported fruit and vegetables, as well as building hotels and other enterprises. His grandfather was the first merchant to export onion seed to America. Living in Tenerife, John, who previously represented Calorex heat pumps in the Canaries, has written several historical books and recently published "El hombre de la Guancha y otras historias", available on Amazon [www.amazon.es/dp/B08T7N6J4Z](http://www.amazon.es/dp/B08T7N6J4Z)

cargo ships en route to the African and American continents would call at Las Palmas and Tenerife carrying passengers, thereby introducing the first tourists, then known as 'travellers,' from Britain to the Canary Islands. They were accommodated in several splendid hotels in Grand Canary and Tenerife built by these Anglo-Canarians of the Victorian era who also converted the cultivation of local fruit and vegetables into one of the biggest export markets to the UK. They and the Swanstons and the Reids, among others, were the Founding Fathers of an industry 150 years ago which now brings millions of British holidaymakers to the region every year.

In 1936 Canary Wharf at London Docks was named for the huge volume of ships calling there with fruit and vegetables from the Canaries during the winter which led to the Banco de Bilbao opening a branch next to Covent Garden Market, the first Spanish bank to open in England.



Glasgow



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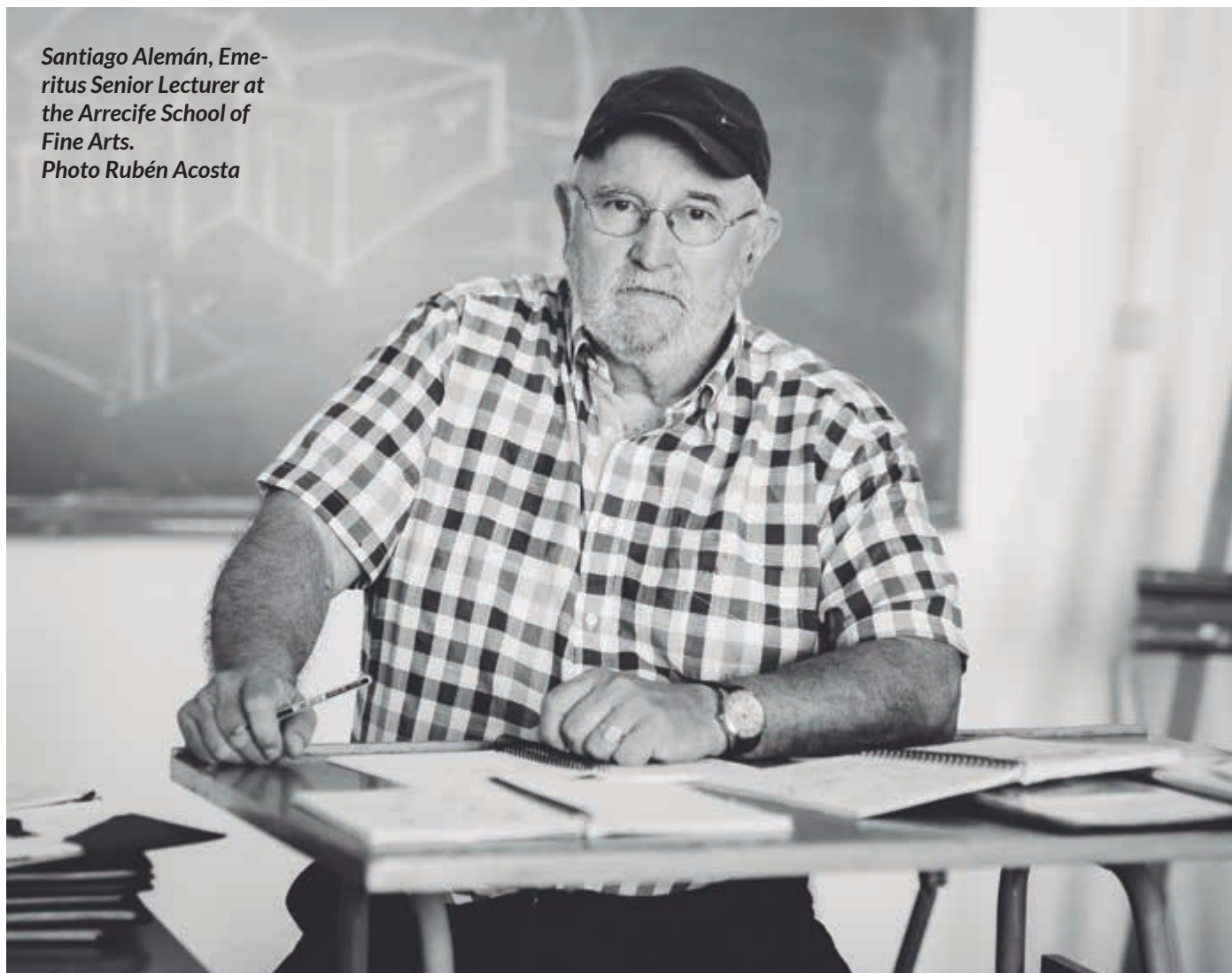
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Santiago Alemán, Emeritus Senior Lecturer at the Arrecife School of Fine Arts.  
Photo Rubén Acosta



# Santiago Alemán

## *Special Edition Collection*

*A collection of 84 coloured illustrations drawn by Santiago Alemán, Emeritus Senior Lecturer at the Arrecife School of Fine Arts, has been published by Ediciones Remotas. The work is a living testimony of traditional architecture over the centuries from each of the eight Canary Islands. Many of the depicted buildings have since disappeared or reached a state of total abandonment and have all been meticulously brought back to life by the loving hands of this great artist.*

The artist Santiago Alemán (Arrecife, 1952) is a highly talented historian painter, sculptor and folklore musician. He is also the co-author of “Tesoros de la Isla” (Treasures of the Island), a highly significant historical work on the evolution of Lanzarote’s traditional architecture over the centuries. Each sketch meticulously-drawn by the author, contains the most minute details of the exterior of buildings both in urban areas and in the countryside as well as life-like drawings of endemic wildlife, fish and plants. This book is presented by the Cabildo of Lanzarote to prestigious visitors as a true representation of the island’s traditions. On publication Lancelot reproduced various pages from the book which many of our readers framed to hang on the walls of their homes.



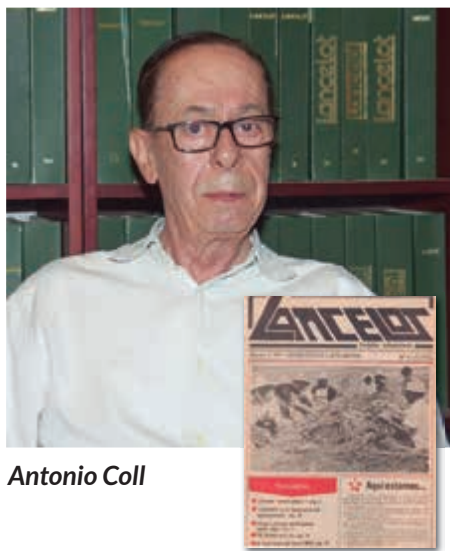
**Career Resumé**

Santiago Alemán has participated in over 65 exhibitions, on Lanzarote, the other Canary Islands and the Spanish mainland, as well as abroad. Among the most important: Galeria El Aljibe, Arrecife (1980), Centro de Arte Osuna, La Laguna, Tenerife (1984), Artistas Canarios en Pais Vasco (1984) and Arte Canario in Argentina, Uruguay and Venezuela (1990), Sparkasse Gallery Cottbus, Germany (2000), Spanish Embassy Berlin (2000), Spanish Consulate, Hannover (2002).



**Santiago Alemán received the title Conejero del Año from the Rotary Club of Lanzarote**





Antonio Coll

# 40<sup>th</sup> Anniversary

1981-2021

## Antonio Coll Founder of Lancelot

Founded by Antonio Coll, the Lancelot Media Group started out as a weekly magazine called Lancelot forty years ago in 1981. Over the past four decades the initial publication Lancelot has blossomed out to embrace radio stations, Lancelot TV, directed by Jorge Coll, an online digital newspaper and a monthly free newspaper. Google Analysis figures for the past year: in 2020 [www.lancelotdigital.com](http://www.lancelotdigital.com), received 13 million visits by 3.7 Unique Visitors, which clearly reflects the media group's influence on public opinion. Finally, a three-monthly English-language tourist magazine, Lancelot Island Journal directed by Larry and Liz Yaskiel.

Antonio Coll, graduated with a degree in Information Science from Barcelona Aut3noma University 1975-1980 and was the first president of the Press Association of Lanzarote and Fuerteventura. Beforehand he wrote articles for local and regional dailies and commented on radio programmes. He decided that the island of Lanzarote was de-

serving of its own voice and founded a newspaper to reflect events on Lanzarote and as a mouthpiece to express local opinion. This was the embryo that spread its wings with the help of a small team headed by Jorge Coll, Salvador Hern3ndez, Jos3 Luis Rojas and assisted by the loyal Marcial Rocio.

Agustin de la Hoz, Leandro Perdomo and Agustin Pallar3s, Lanzarote's leading literary figures among others, contributed articles which forged the magazine's cultural identity that embraced the publication from the very first issues. Lancelot was supported by public institutions led by the Insular Cabildo, local Municipalities and the Canarian Government as well as businesses and the local population who expressed their loyalty by buying every issue. Antonio Coll recalls, "We were fortunate in having a well-equipped graphics department and printing plant from day one thanks to the generosity of Lanzarote businessman Juan Francisco Rosa."

### Among 40th anniversary tributes

"Reporting on four decades of our history not only about the leading personalities but also about individuals who helped to transform the economy and social life of the island to what it has become today. Who can't recall eagerly awaiting the contents of the latest issue of Lancelot every Friday," *Jos3 Torres, President of the Chamber of Commerce.*

"Lancelot Medios became a platform of dissemination of information from which we were able to discover the reality of the Island in every sphere, political, social, sports, culture and entertainment and was able to reach every sector of the population." *Julio Romero, President of the Casino Club N3utico.*

"They say that 20 isn't much, however double it to 40 and it's an entire lifetime. Lancelot, the chronicle of Lanzarote's history is now celebrating the 40th year of its existence. For a commercial organ offering news, Lancelot's edi-



**Lancelot at the inauguration of César Manrique's house in Haria, which coincided with his 69th birthday**



**César Manrique cuts the cake on Lancelot's 100th Issue**



**Antonio with photographer José Luis Rojas**



**Antonio Coll with the British Ambassador and Consul**



**Jorge Coll has always supported and been a loyal friend of English Lancelot from the very beginning, both as the editor of the Spanish weekly and as the director of Lancelot TV**



**On Lancelot TV's 15th anniversary, Director Jorge Coll and presenter Andres Martiñon, with the entire production team. Congratulations to all**



torial policy has never submitted to the temptation of being influenced by outside elements, however powerful. Congratulations to all my friends and colleagues for their dedicated work which has established Lancelot as a permanent footprint in the world of information on Lanzarote."

*Francisco Pomares is known as a highly respected journalist throughout the Canary Islands.*

"In response to an advertisement, we introduced ourselves to Antonio Coll in Lancelot's offices in

September 1984, offering to write an English-language edition of the magazine. We pointed out that we had no experience as journalists and could not speak Spanish. Antonio responded as follows, you have experienced life here as holidaymakers and also as part-time local residents, just write down the kind of information about the island you would have liked to read about in both capacities, it is entirely up to you. We responded with a handshake. And from that day in 1984 to this day in 2021,

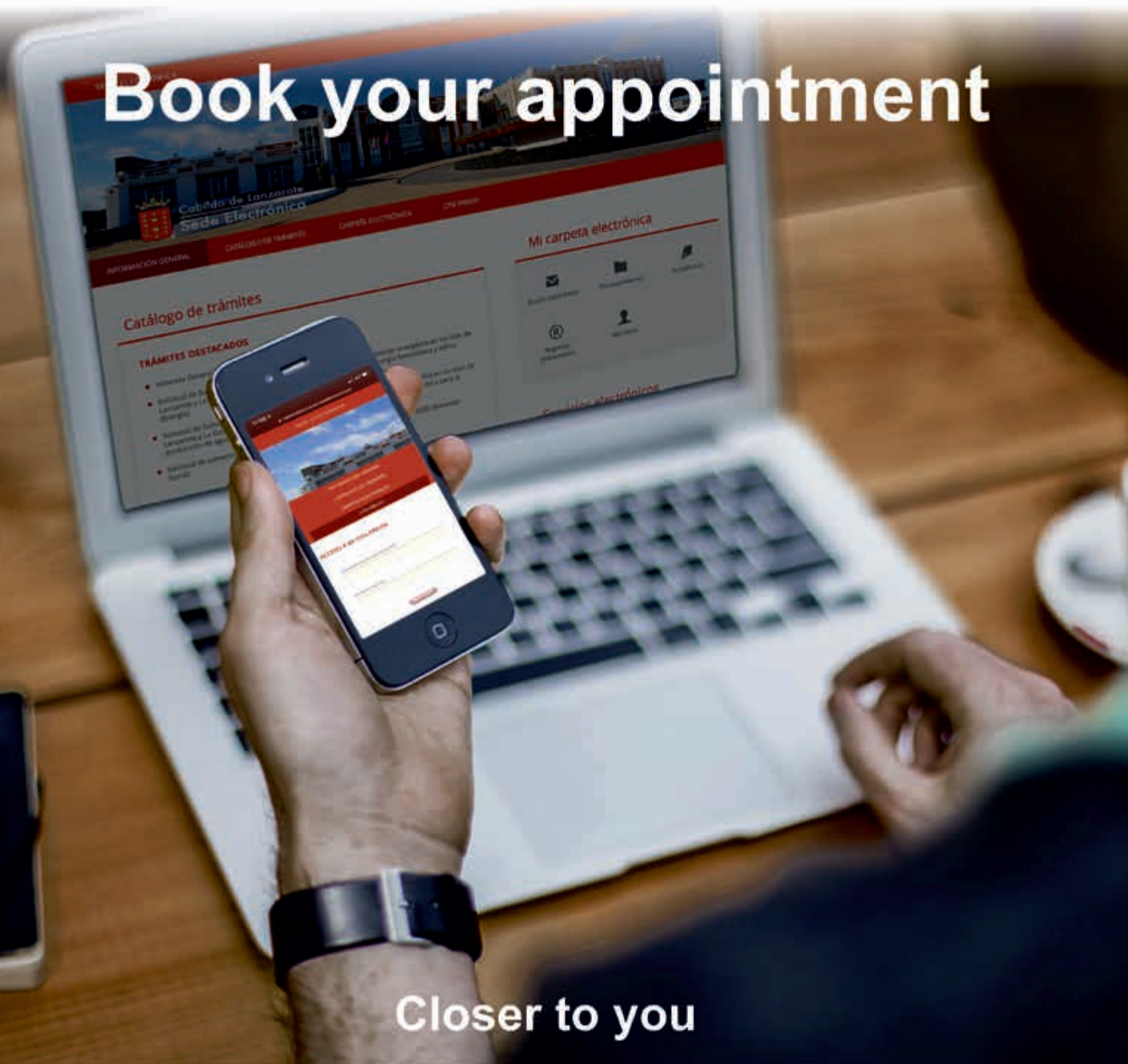
we have never been instructed or censored by neither Antonio Coll, nor Jorge Coll, on what or about whom we should or should not write about and enjoyed total press freedom for over 37 years. During our first month with the paper, they introduced us to César Manrique who was hosting a fiesta for Lancelot at his El Almacén art gallery. Thanks to their introduction, we were privileged to receive information, friendship and support from this great artist for the rest of his life." *Larry and Liz Yaskiel*



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## Eating out on Lanzarote

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Changes to Timetable and Menus of all the Tourist Centres



### Museo de Campesino

Open daily 12.00 - 16:00

Tomato and fresh goats cheese served with garlic oil and oregano, Pork medallion specialty served with wild mushrooms and dates; classical rabbit with salmorejo sauce served with a creamy jable sweet potato purée; Classic rabbit recipe served; fried and crispy chicken breast filled with ham and served with a creamy Canarian almogrote cheese sauce. Also dishes for the “little ones.”

### El Diablo Restaurant

Open 10.00 -16.45 daily 15 July - 15 September 09.00 - 16.45.

A once-in-a-lifetime eating experience awaits guests at the El Diablo Restaurant in the Fire Mountains. Food is cooked on a grill heated by geothermal heat emerging from a volcanic chasm below in the bowels of the earth. The temperature inside the mountain at this point is 500° C and even a few inches below the surface it is 100° as can be seen in two displays by park rangers. Before or after your meal be sure to go on the guided tour of the Volcanic Route on coaches equipped with multi-lingual commentaries. The tour is included in the admission price paid at the park entrance.



### Castillo de San José Wednesday

Saturday 12.30 - 16.00 19.30 - 23.00

Sunday 12.30 -16.00

Starters include Caramelised goat's cheese, Iberian roast pork carpaccio, foie shavings and vanilla salt. Main dishes include, Atlantic wreckfish with king prawn Canarian tuna steak Tataki style, honeyed squid rice with saffron and cured cheese slices, Carved grilled entrecote, Pork cheeks served and seasoned with local salt flower, duck magret with crispy skin served with Porto sauce and dates, Desserts include, goats milk yoghurt with local strawberry compote.

### Jameos del Agua Dining

Friday nights 3 menus

Vegan - Classic - Premium

The restaurant is considered among the most beautiful dining lo-

cations in the world. Rita Hayworth, who had been filming on Lanzarote when it first opened in 1978, told the international press “I have just experienced the “eighth wonder of the world.” Selection includes: Tofu tartar served with guacomale, tomato, soft lettuce and soya, sesame and palm honey vinaigrette. Wild asparagus and mushroom risotto with coconut milk, curry and toasted pine nuts; shi-take mushroom. Roasted maize meal roll, vegetable stir fry served with teriyaki sauce. Harvest-fish sirloin with maize meal and cilantro broth or duck thigh comfit of sweet potato and figs. Cheese mousse with passion fruit.

**Denomination of Lanzarote volcanic wines served at all the Tourist Centres.**

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## Eating out on Lanzarote

### Pizzeria Capri Pto. Carmen

Now under the management of Maria Elena and Señor Madani, this is one of the truly pioneering restaurants of Puerto del Carmen which was opened by Toni Garcia in 1985 when tourism to the resort was just beginning. He has been working as chef de cuisine for 24 years and has retained the same staff under the direction of Miguel (Larin) and is offering the identical menu and introducing some new dishes.

The standards of excellence in food, professional and friendly service as well as good value for money have never changed suiting every taste and every pocket. There is a comprehensive variety of local and international dishes besides pizza choices which include vegan and vegetarian. Pizzeria Capri cooks its pizzas slowly using only fresh na-



tural products. Ingredients include wholemeal flour, mineral water and extra virgin olive oil without the use of pork fat, which results in a lighter and more digestible meal. Among other specialities on the 99-dish menu are aubergine, almond croquettes made with Canary palm honey.

Half-size portions for kids and the elderly. Also, shared portions of pizza, lasagne and croquettes. The tables are laid out in the restaurant in a certain manner to give clients an ambience of comfort and privacy wherever you sit, and you feel as if you were eating a home-cooked meal in your own house. Highly popular with both tourists and residents.

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# Lanzarote News Roundup

Reports from the Canarian Government



## Canarian President Ángel Víctor Torres announces €2,000 M Aid Package from the Spanish Government to Counter Economic Damage Caused by COVID-19



Canarian President Ángel Víctor Torres



President Ángel Víctor Torres and Public Works Councillor Sebastián Franquis with Spanish Government Minister for Transport and Urban Mobility José Luis Ábalos finalise the payment of outstanding subsidies to the Regional Government

The President has described as “of great significance” the decision of the Government of Spain to allocate an emergency fund for both the Canary Islands and the Balearic Islands. The financial support is included in a public aid package for a total of 11,000 million euros for the tourism, hospitality and commerce sectors approved by the Council of Ministers with the aim of preserving the solvency of companies, avoiding a structural impact on the economy and preserving employment.

The package establishes a line of 7,000 million euros for the autonomous communities to channel direct aid to the self-employed and companies in the most affected sectors, whose income has fallen more than 30% compared to 2019, for the payment of fixed expenses and outstanding debts with suppliers. The president recalled that this set of aid is in addition to those already launched by the regional government with 400.8 million euros for tax deferrals and direct aid with the aim of alleviating the situation that the companies and independent operators.

The Canary Islands needed this commitment from the Spanish Government as a response to requests made from the Canarian Government and myself as president, for a specific plan to help the sectors most affected by the health crisis and the economic crisis”, he added.



The Canarian President with candidates nominated for the Premios Canarias 2021



The President meets with mothers of children with terminal illness following a debate on the subject on the Canarian Parliament

## Tourism presents Destination Canaries, a Transformation Strategy to Reactivate the Economy of the Islands

*“The Canary Islands will be the first autonomous region in Spain to introduce digital information for the benefit of holidaymakers which will redefine the tourism model over the next three years”*  
Yaiza Castilla, Canary Island Government Councillor for Tourism

The Ministry of Tourism, Industry and Trade of the Government of the Canary Islands has presented the Destination Canaries strategy, which will redefine the tourism model of the Islands over the next three years. The project involves access of all economic sectors of the Islands through technology to tourists, allowing them a more authentic and sustainable experience. This transformation of the current economic model of the Archipelago will facilitate the development of the local economy as well as the improvement of the tourism product through the connection of companies in the primary, industrial and trade sectors with tourism companies, and these companies with tourists.

The Councillor of Tourism, Industry and Trade of the Government of the Canary Islands, Yaiza Castilla, and the Managing Director of the public company Turismo de Islas Canarias, José Juan Lorenzo, presented the plan at an event held in person at Infecar and broadcast by streaming, in which 1,229 people registered to watch the presentation of this shared transformation strategy to face the changes of post-Covid tourism. This is an objective to be achieved through collaboration between the public and private sectors, which will allow administrations and companies to cooperate and build a new ecosystem that is more sustainable, resilient and competitive, generating more value for the destination.

Yaiza Castilla stressed that the Canary Islands will be the first autonomous community to lead this digital transformation in tourism. “Our goal is to promote the boosting of the Islands’ economy through the consumption of local products and



**Canary Island Government Councillor for Tourism Yaiza Castilla is highly satisfied that the Canary Islands are among the Top Ten destinations in the world for teleworking for the first time - following a major campaign targeting remote workers by Canarian Tourism**

*“A strategy allowing visitors a more authentic and sustainable experience”*

to provide local economic entities with a direct connection to tourists. Technology will be our great ally in improving the experience of our visitors,” she explained. All this without forgetting the essential health safety of our region caused by the Covid crisis, which has been at the forefront of our policy since the start of the pandemic.

The Councillor for Tourism emphasized the starting point at which the destination finds itself right now, with the pandemic as a decisive element and the fight against climate

change as an unavoidable challenge. “The best response for the millions of people who will return to the islands in the near future is to make the tourism product visible throughout the entire value chain, through a platform that develops a business model similar to that of global operators. We do not want to replace them, we want to join them and offer a different alternative to our economic fabric and our visitors.”

During the meeting, experts from the private and public sectors shared their views on the future of tourism in the Canary Islands, since, as Yaiza Castilla said, “in the face of this imperative challenge of maintaining the competitiveness of the destination, co-governance, public-public and public-private collaboration are more necessary than ever, on whose technology we will rely on and adopt the rules of open organizations.”

# Lanzarote News Roundup

## Keys to the New Model

To develop the Destination Canaries strategy, the Managing Director of Canary Islands Tourism, José Juan Lorenzo, explained that the existing expertise in Canary Islands society will be involved, and that new business models of digital platforms will be adopted, through the deployment of technological capabilities such as Smart Cities, Artificial Intelligence or the Internet of Things (IoT).

The design of the strategy will focus on maximizing the exchange between suppliers and tourists through a series of components. The first is a Smart Destination Platform that will have a network of Internet of Things (IOT) sensors, which will allow data to be taken from the real world (weather, environmental parameters or the concentration of visitors in the main tourist spots, among other aspects).

This data will in turn feed the second pillar of this strategy, the Sustainable Marketplace, which will allow tourism companies to find the entire supply of products from the primary, trade and industrial sectors, along with the necessary logistics and professional services. In addition, it will feature the differentiating element of being able to certify to its tourist clients the degree of local con-



*During the presentation Tourism Councillor Yaiza Castilla, Promotur Director of Communication Elena González and Promotur Director of Products Alberto Ávila*



*José Juan Lorenzo  
Managing Director of  
Promotur*

sumption of its product, as well as the measurement of the carbon footprint and its degree of circularity.

This Sustainable Marketplace will be joined by the Digital Tourism Channel, “which will be the instrument for Canary Islands tourism

companies to market their products and services directly to tourists,” added Lorenzo. To this end, a Digital Channel (App and Web) will be developed between the destination and the tourist to enable the selling of these activities.





## Hospiten App for Patients and Families to Access Records and Case History

In a context where digital is becoming ever more important and necessary, the Hospiten Group presents its new free, easy-to-use application for their patients and families, for use, in the first phase of its rollout, with their hospitals in Spain. The application allows users to access their medical records and always have their appointment and test history at hand.

With this new application, available from the App Store for iOS and Google Play for Android, users can schedule, consult or reschedule their medical appointments and those of their family members. Another function of the new app is that the user will be able to consult their test results (laboratory and COVID-19 tests) with double verification for greater security of their data.

The managing director of the Hospiten Group, Pedro Luis Cobiella,



**President and Founder of the Hospiten Group Pedro Luis Cobiella and his son Pedro Luis Cobiella, Managing Director and Chairman of the Board**

who is at the head of the company's commitment to the digitization, states "that this new app will allow us to communicate better with our patients, who will be able to connect with our hospitals easily, rapidly and safely".

For Pedro Luis Cobiella, implementing this new app "is a qualitative step in the care that we already offer our users by bringing our servi-

ces closer and allowing users to interact with us from anywhere and at any time, which gives our patients a more active role".

With this app, the Hospiten Group offers all users registered in its online appointment system, a much more convenient, straightforward access through their mobile phone or tablet, and in which new functions will be implemented in the future to improve the patient experience.

The Hospiten Group is an international health network committed to providing the highest quality service, with 50 years of experience, which has twenty private medical-hospital centers in Spain, the Dominican Republic, Mexico, Jamaica and Panama. The Group is chaired by Dr. Pedro Luis Cobiella and attends more than 1,900,000 patients from all over the world annually and employs more than 5,000 people.

## Hospiten applies a pioneering technique that uses hyaluronic acid to combat genital atrophy

*It is a recommended technique to alleviate the side effects that many women suffer as a result of oncological processes*

Hospiten has launched a therapeutic help service that helps combat gynecological atrophy using hyaluronic acid. It is a pioneering technique that provides a solution to the side effects that many women suffer as a result of cancer treatments, including the appearance of early menopause, atrophy or premature aging of the genitals.

The associate physician of the Gynecology and Obstetrics Service of the Hospiten Rambla University Hospital, Dr. María Dolores Pérez-Jaraíz, explains that, due to the hormonal therapies used in most cancer treatments such as breast, ovary and uterus, "symptoms such as vaginal dryness, stinging or itching may ap-

pear which, in addition to affecting the daily life of women, can also cause discomfort during sexual intercourse." For this reason, Hospiten have decided "to offer a pioneering service for these patients with the aim of improving their quality of life."

Pérez-Jaraíz highlights that this technique is recommended, especially, for young patients with breast cancer and premature aging due to hormonal blockage due to pharmacological treatments, or for those who have undergone gynecological radiotherapy and have a change and / or atrophy in genitalia that prevents them from leading a normal life. Likewise, women who have had non-gynecological tumors and who

have developed early menopause may also benefit.

The Hospiten Gynecology and Obstetrics team explains that it is a simple process that can be performed in the consultation itself in sessions of approximately 15 minutes. The results can last between six months and a year, "although there are patients who are administered this treatment and they improve so much that they do not have to return," he says.

Although the use of hyaluronic acid in clinical practice has proven quite effective in recent years, its relative novelty means that studies continue to be carried out today to expand the data that support the usefulness of this technique.



# Lanzarote News Roundup

Reports from the Cabildo

## The Cabildo Promotes Sustainable Water Management on Lanzarote

*President María Dolores Corujo highlights the importance of getting involved in achieving sustainable water management on Lanzarote, on the occasion of World Water Day*

**Photos Sergio Betancort, Jesús Betancort, Liz**



**Cabildo President, María Dolores Corujo**

The Cabildo of Lanzarote has prepared a guide entitled Water, Treasure of Life, supported by various audiovisuals elaborated as support material for teachers to make the next generations aware of the responsible use of water. An initiative, promoted by the Lanzarote Biosphere Reserve on the occasion of World Water Day, has the financial support of Government of the Canary Islands.

Cabildo President, María Dolores Corujo, explains the importance of all of us getting involved to guarantee sustainable management of water, a basic good whose scarcity, due to the aridity of the climate and low rainfall, limited development in Lanzarote for many years. “The reduction of consumption, the use of rainwater, recycling and production in a non-polluting way, are the challenges that we have to face as a society” adds the President.



The virtual talk From Flower to Flower, by Dr Jorge Alfredo Reyes was organized by the Cabildo Biosphere Reserve Office and was attended by nearly one hundred people. Dolores Corujo said that the audience gained a greater knowledge of the flora of Lanzarote and learned how to get involved in its care and protection.



# Lanzarote News Roundup



## Virtual Presentation “ITB Berlin Now”

Ángel Vazquez, Tourism Councillor: Our promotion is centred on classifying Lanzarote as a Premium destination especially because of our agreement with the KPRN network, one of the leading German communication and marketing agencies for the international tourism industry

SPEL Overseas Tourism held a series of telematic meetings, via the e-country Briefing organised by Turespaña at ITB, one of the three most important annual international tourist fairs in Europe, the other two having been held in London and Madrid. The President of the Lanzarote Tourist Federation Susana Pérez was also present. Among their discussion partners, the most important airlines included Condor, Eurowings and TUI Fly Alemania and leading tour operators included DER Touristik and FTI Group and Invia one of the country’s most important on-line companies. Talks with emerging markets in Eastern Europe included Itaca and Tui Poland, based in Warsaw, and the possibility of direct flights connecting the Budapest, the capital of Hungary with Lanzarote.

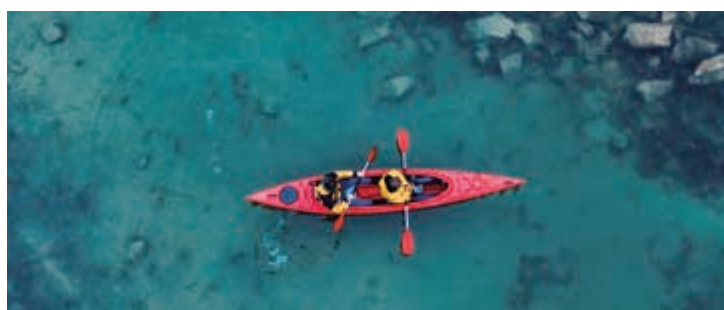


**Cabildo President Dolores Corujo: We want to recover the German market as their tourists are closely aligned to our way of thinking in respect to the Environment and greatly admire the works of César Manrique which have identified Lanzarote as a unique and singular tourist destination**



**Cabildo Sports Councillor Javier Aparicio with leading officials of the World and Canarian Canoe Associations agree on the strict health precautions needed due to the Covid 19 pandemic**

“ICF Canoe Ocean Racing World Championships on Lanzarote Isla de Los Volcanes” is to be held in July with 1,000 participants. The event will attract worldwide attention for the Island because it offers athletes the opportunity to become both an Olympic and world champion in the same calendar year for the first time in International Canoe Federation history. In addition to an ICF schedule which includes more than ten world championships





# Lanzarote News Roundup

Reports from the Tourist Centres

## Origins of the Mirador del Rio

*When César Manrique built the Mirador del Rio in 1984, the highly respected American publication Architectural Digest declared that it was among the four most important structures in the world built that year*



Executive Director CACT Tourist Centres Benjamin Perdomo

Managing Director of the Tourist Centres Benjamin Perdomo organised the replacement of the damaged sculpture at the entrance to the Mirador del Rio which had been damaged in a storm. He praised the result of their artisanship by saying that the reproduction of the symbolic “Bird-fish” figure made from iron by members of the Cabildo workforce as seen in the photograph totally embodied the spirit of the original as created by César Manrique.

### Cuban War of Independence

Originally known as Bateria del Rio, César Manrique’s Mirador occupies the site of an early 20th century gun emplacement built during the Cuban War of Independence (1895-1898) when Cuba was fighting for its independence from Spain. The Spanish navy discovered that European countries were sending arms to the rebels on ships which passed through the El Rio Straight so they built coastal artillery on top of the Famara cliffs to capture or destroy sink any vessels suspected of smuggling guns and ammunition.



PhotoCact

The writer, José Martí, of Canarian descent was considered the symbol of Cuban independence and the words of one of his poems entitled “Guantanamo” was put to the music of an old Cuban folksong and it became the battle cry of the revolution. Upon obtaining their independence, the new Cuban Government expressed their thanks to the United States for their vital support, by ceding the ownership of Guantanamo Bay to America in perpetuity. The well known American Naval Base was built in 1898 and covers an area of 116 square kilometers on the south east coast. José Martí was killed during the battle and died at the age of 42.

### “Come and See my Proposed Next Tourist Attraction”

César Manrique invited the members of the Cabildo Island Council to the cliff top to see where he proposed

creating his next tourist attraction. The late Luis Morales, his building foreman and right hand man takes up the story: ‘As we all gingerly approached the unprotected cliff edge and gazed down at the coloured salt pans on the shore some 650 metres below, Manrique began scrambling down until reaching an outcrop of rock where he wanted to cut into the cliff to build the Mirador. We had our hearts in our mouths, most of us feeling an extreme attack of vertigo just looking at him and the abyss below knowing there was nothing between Manrique and oblivion but for his fingertips grasping some hidden crevasse in the rock face. Seeing our reticence, Manrique looked up at us and said, “If you don’t listen to what I have to say about my buildings plans, I’ll jump.” Manrique was very brave and knew no fear, his sole intention was to stimulate excitement for his next project.’ (See opposite →)



# “How good! Canary Islands Que Bueno! Heineken”



## Three Centros Turisticos Restaurants Receive Quality Culinary Distinction Jameos del Agua, Castillo de San José and Casa-Museo del Campesino

Councillor Perdomo emphasized that “this distinction is a direct result of the efforts and dedication of the team of men and women of the Centros Turisticos who offer the highest professional attention in tandem with friendly service daily to all our clientele. In particular this year, their perseverance and resilience has enabled our establishments to survive and surprise our visitors by maintaining the high quality they are famous for”.

Que Bueno publications, which has been operating in the Canary Islands for the past 18 years dedicated to marketing and communication, adjudicates the annual quality cuisine awards. Considered No. 1 in the hospitality sector of the Canary Islands they are partnered by Heineken, who also sponsor Formula 1 Racing and Champions League Soccer.

Tourist Centres Councillor Benjamin Perdomo proudly displays the coveted dining awards sponsored by Heineken for the three restaurants of the Cabildo Tourist Centres



Side view of the cliff on which Manrique planned to build the Mirador



On St Patrick's Day 17 March at 17.00 hrs the Monumento al Campesino Tourist Centre was illuminated in green by the Cabildo to honour the many thousands of holidaymakers from the Emerald Isle who visit Lanzarote annually and who have voted this island as their favourite “Sun and Beach” holiday resort every year in the annual survey conducted by the tourist trade official magazine over the past fifteen years. The green illumination took place all over the world at the same time.



# Lanzarote News Roundup

Reports from the Cabildo

## Virtual Lanzarote Carnival 2021 at Casa Cabildo Yellow House

*Exhibition Curator, Benito Cabrera, respected composer and musician, presented the Carnival of Lanzarote as a Virtual Event paying tribute to ancestral traditions practiced over the past centuries with performances by Los Diabletes de Teguisse and Los Buches de Arrecife.*

Individual creativity at the Carnival is expressed through costume, popular sentiment and by the lyrics composed and sung by ‘murgas’ bands dressed in spectacular uniforms. Proceedings are presided over by the Carnival Queen, who is elected not only for her looks but for the spectacular qualities of her dress known as a fantasia of dreams and imagination. The Funeral of the Sardine marks the end of the revelry when a cortege retraces the route of the procession to the accompaniment of the wailing of mourning widows, mostly men dressed in black and concludes with the burning of the symbolic Sardine on the beach.

Los Diabletes of Teguisse are among the best known Carnival groups on Lanzarote with traditions reaching back to the fertility rites of the original pre-Hispanic inhabitants. A large bull-faced mask and a red tongue portray the enormous horns of the billy-goat and combine with the red and black whirling rhombus painted on their white shirts and trousers to convey an image of masculinity and virility. In the true spirit of the Carnival members of the group walk along the street playing their music whilst singing specially-adapted carnival lyrics to popular songs and playfully tap onlookers on the back with cow bells and batons.

Parranda de Los Buches is Arrecife’s most popular and oldest Carnival group who trace their origins back to the end of the 19th century. Originally the celebration was spontaneous but in 1963 a group of old friends decided to rejuvenate the custom of singing and playing sea shanties during the Carnival especially because the island capital is one of the most important ports in the Canary Islands. Many of its fishermen would spend months at sea on the Sa-



**Cabildo Education Councillor Paula Corujo organised the virtual event**

**Juana, the sister of César Manrique, during a Carnival party at El Almacén where the family celebrated every year**



**Tias electrician observes social distancing on top of a lamp post during this year’s Carnival. Photo Liz**

hara sandbank off the coast of North Africa but would always return in time to celebrate Carnival week with their family and friends. In 1991 they released a record with a cover designed by César Manrique, which is on display at the exhibition. They also follow the custom of playfully tapping onlookers on the back but they use inflated shark’s stomachs.

Cabildo Data and Casa Amarilla Councillor Paula Corujo said, “the Virtual Carnival preserves the island’s collective memory of the annual celebration promoting respect and sensitivity for our cultural and ethnographic heritage.” Photos, Nico Melián and Joaquin Vera; Video Creator David GP; Design Carmen Corujo.

# Lanzarote News Roundup

Reports from the Cabildo



## Woman's Day - Gender Equality - "Lanzarote" Plane

However much the changes in attitudes over the past few years, the issue of the empowerment of women or Women's Rights is not something new and has continued for a very long time. Feminism is a movement that has always stood up for women's rights to combat the idea that individuals are treated differently based on their biological identities, a dominance of the male gender still exists. No matter what the environment is, be it at school or at work women have always been treated in a subordinate manner. Ever since time unknown, there have been differences between the two genders, although nowadays the gender roles have somewhat become more equal than in the past, but there is still a long way to go.



*The Cabildo initiated a campaign on World Woman's Day entitled. "Our Great Duty" with a 43 second spot performed by Drágana, a Lanzarote singer whose father is from Guinea Bissau and her mother a Conejera*

**President Dolores Corujo was delighted to hear that the Canary-based international airline, Binter, had announced that it has named one of its Embraer aircraft "Lanzarote." Built by a Brazilian manufacturer it is one of the five latest planes to enter its fleet. The President said, "As the airline flies on international routes including mainland Spain it is carrying the name of our island to many parts of the world. When lockdown restrictions are lifted the Cabildo will be celebrating the official baptism of the name of the aircraft."**



## ASOLAN Associate CIDE Advocates Clean Energy Sources

*Even in times of crisis and diminishing income, it is important to maintain every effort to support Clean Energy*



**Asolan President  
Susana Pérez and  
Cabildo Councillor  
Ariagona González**



Asolan through its Canarian Government Network the Cide Centre, stressed the need to support Clean Energy sources even during the present Covid19 Pandemic crisis. Clean energy is energy that comes from renewable, zero emission sources that do not pollute the atmosphere when used, as well as energy saved by energy efficiency measures. There is a degree of crossover between clean energy and green or renewable energy sources, but they are not exactly the same.

Asolan President Susana Pérez and Cabildo Councillor for Energy and Industry Ariagona González, jointly opened the virtual seminary joined by a large number of local businesses and hostelry executives to explain the subsidies available towards keeping energy clean and its connection with the tourist industry. The Cide Network is co-financed by the Canarian Government and the European Fund for Regional Development.



# Lanzarote News Roundup

Reports from Tías

Dynamic Regeneration of Tourist Resort Infrastructure  
€2.3 M Investment in new Tias Sports Stadium  
Enlargement of Recycling Plant and Beach Avenue Refurbishment

Photos Dory Hernández



Mayor of Tías José Juan Cruz



Beach Avenue improvements during refurbishment

## Investment Strategy

Mayor of Tías José Juan Cruz outlines the Ayuntamiento plan of action and investment strategy over the next year in the following address. He commenced by accentuating the gravity of the situation caused by the Covid 19 Virus which had severely affected the local community. "Because we are so dependent on the tourism, travel and hospitality sectors, this pandemic is not just a health problem in isolation but an economic and livelihood issue with job losses which impacts all aspects of society."

The mayor continued "In our efforts to mitigate the situation we are planning major building and improvement projects which will offer employment opportunities to 180 workers who lost their jobs as a result of the crisis. The Central and Regional Governments as well as the Lanzarote Cabildo are individually or jointly underwriting the cost of all major works planned by the Municipality as well as projects already completed.

Among them the compete refurbishment of the Matagorda promenade with road surfacing, landscaping, urban furnishings, utility connections, bike lanes and accessibility. Also, improvements along a large



Senior authorities and business organizations were invited to the presentation of the Plan for Energizing the Innovation and Quality of Local Infrastructure in Puerto del Carmen by Mayor of Tías José Juan Cruz and Cabildo President Dolores Corujo. Accompanying them, Rafael Castellano whose consultancy elaborated the programme as well Manuel Luaces whose consultancy specializes in ISO Quality Systems. All insular business associations were present as well as the Chamber of Commerce. It is hoped that this has paved the way for the financial support of the Secretary of State for Tourism

section of the Avenida de las Playas and various side roads running from the San Antonio to the Fariones hotels.

llion to resurface Puerto del Carmen soccer pitch and improvements to the terraces and other facilities.

## In the planning stage: Puerto del Carmen

1. A new roundabout at Macher to improve access to the main road from surrounding areas
2. Doubling the Puerto del Carmen bypass, (Circumlavación) from two to four lanes
3. Two electric charging stations to be installed in Puerto del Carmen
4. Total refurbishment and reconditioning of El Fondeadero Restaurant in La Tiñosa harbour as a hospitality training school, to meet present day standards
5. €1.2 million

## Tias Town

1. Tias Clinic and Ambulance service: open 24 hours a day year round.
2. Tias Recycling Plant: capacity increase from 2,000 m3 to 12,000 m3.
3. Improvements to the roads and paving in upper Tias and installation of energy-efficient street lighting along Avenida Florencio Suárez.
4. Alcalde Cedres Tias C.E.I.P: 1,000 m2 expansion of educational facilities on adjoining plot.
5. €2.3 Investment in the Municipal Sports Stadium to combine all sporting facilities under one roof.

## Tías District Incorporated in “Intelligent Tourist Destinations” Network

Deputy Mayor and Tourism Councillor Mame Fernández said “Destinations like Puerto del Carmen with their own identity, with differential elements guaranteeing safety as well as natural and cultural sustainability will be more competitive to capture the market.”

In tandem with the Canarian Government, Puerto del Carmen has been included in the category of the Intelligent Tourism Destinations of Spain, which is supported by the World Tourism Organisation. Tourism constitutes one of the fundamental pillars of the Spanish economy, representing 12.3 % of the country’s Gross Domestic Product (GDP).

The challenge of sustainable development on Lanzarote lies in guaranteeing a balance between economic growth, preservation of the environment and respect for cultural integrity in order to achieve a fairer, more diverse tourist activity. We want our visitors to feel welcome and interact with the local community to absorb its history and



*As part of a pilot scheme during the Re-generation Programme, Tías has granted three local businesses special subsidies, Fariones Rent-a Bike (photo), Timanfaya Dive School and Pension Magec. Photo: Tías Mayor José Juan Cruz and Tourism Councillor Mame Fernández*

traditions. Puerto del Carmen, the cradle of the island’s tourist industry, continues to adapt infrastructures, equipment and services, and reduce architectural barriers as well as improving accessibility to information.



*Deputy Mayor and Tourism Councillor Mame Fernández*

## Netflix Shoot “Bienvenidos a Edén” Film in Playa Chica, Puerto del Carmen



*Tías Mayor José Juan Cruz, Deputy Mayor and Tourism Councillor Mame Fernández and Deputy Mayor and Social Services Councillor Nicolás Saavedra visit the set at Playa Chica to welcome the Netflix producers and actors to Puerto del Carmen*

Entitled Welcome to Eden the plot centres on a group of attractive youngsters who receive an invitation to the most exclusive party in history at a secret island location, in order to launch a new drink. But the paradise in Eden is not as perfect as they anticipated and several surprises await the guests.

Tías delays the start of voluntary tax payment to August 20

**Tías fiscal calendar delays the start of voluntary tax payment this year and will run from 20 August and 20 October 2021. which ar will run to August 20. The same period applies to bonuses by direct debit and custom payment plans with no interest. In addition, the 5% discount in the direct debit of the payment of the Real Estate Tax (IBI) will be extended to all taxes, so, for the first time, all taxes that are domiciled will have a 5% discount.**

**Finance Councillor Tomás Silvera, points out that this year ratepayers may request "personalized interest-free payment plans for four or ten installments for those who**



*Tías Finance Councillor Tomás Silvera*

**want to pro-rate the payment before those dates has also been implemented. The voluntary payment period will be from August 20 to October 20 for the Tax on Mechanical Traction Vehicles (IVTM), Real Estate Tax (IBI), Tax on Economic Activities (IAE), urban waste collection rates, industrial fees and the installation of ATMs. In these difficult times we are trying to give taxpayers a break to the best of our ability allowing them time to recover".**

*National Award from the Spanish Ministry of the Interior  
Rafael González Emergency Volunteer and Tamara Luis Red Cross*



**At the presentation from the Spanish Government, both recipients are seen with the authorities: (L-R) Cabildo President Dolores Corujo, Delegado Canarias Anselmo Pestana, Delegado Insular, Juan Ramón Pérez Borges, President of the Lanzarote Red Cross, Tamara Luis Placeres and Emergency Radio Coordinator Volunteer, Rafael González**

Rafael González, Senior Official and former Councillor of the Ayuntamiento of Tías, has received a highly merited award from the Spanish Ministry of the Interior Civil Protection and Emergency Service for his many year voluntary service on Lanzarote for the National Radio Emergency Network. Known as REMER, this alternative national radio communications network is staffed by ham radio operators throughout

Spain who use their own radios, phones or mobiles to communicate during periods of national emergency. When the electricity is off due to severe weather conditions, these volunteers use battery backup power to help coordinate emergency workers which guarantees the immediate flow of urgent information from the central office of Coordinated Civil Protection to the public throughout the country.



**Mayor José Juan Cruz congratulated Rafael González and Tamara Luis who are both residents of Tías Municipality**



**Rafael González, amateur radio coordinator of the National Emergency Radio Network (REMER) on Lanzarote**

# Photo News Roundup

## Winning Destination in Popularity Poll for 16th Year in Succession



### Popularity in Ireland

Last year, Tourism Councillor Mame Fernández was highly satisfied to hear that Lanzarote had won the prize as most popular destination for Irish holidaymakers for the 16th year in succession as 80% stay in Puerto del Carmen. He added, “the Irish consider the annual St Patrick’s Day celebration in our resort as the best outside Ireland than anywhere else in Europe.”

*The Tias Mayor, his deputy and other members of the Council with the Honorary Consul and the proprietor of the pub in the harbour among others*



**Paying a floral tribute on the 10th anniversary of the opening of Casa Museo Saramago in Tias, where the late winner of the Nobel Prize for Literature had made his home. Mayor Juan Juan Cruz and his councillors together with representatives from the Cabildo and Museum Director Javier Pérez, who announced that November 2021, the 100th anniversary of the birth of the Portuguese author, will be celebrated by events in Portugal, Mexico Brasil and Lanzarote.**

### *Lineas Romero Resumed their Ferry Service after Easter*

Lineas Romero was founded by Jorge M. Toledo in 1930 to carry mail between La Graciosa and Lanzarote. In 1985 the company passed into the hands of the brothers Luis, Juan Jorge, Federico and daughter Rosa and renamed Lineas Romero in 1991. Nowadays the ultra modern fleet operates between Lanzarote, La Graciosa and Fuerteventura carrying holidaymakers between the isles and on half or full day themed excursions with an opportunity to examine the flora and fauna on the sea bed from a glass-bottom boat. Nowadays, La Graciosa-based Lineas Romero Ferries employs a staff of 150 people. General Manager on Lanzarote Luis Padrón points out that Lineas Romero Ferries have resumed their sailing schedule - subject to the latest lockdown regulations – offering free transport of bicycles and pets. Residents of the Canary Islands can now take the ferry to Fuerteventura from Playa Blanca and return at a reduced price of €8.76. Rent a Car and public transport facilities are located at the harbour in Corralejo allowing visitors an opportunity to visit the island.





# Lanzarote News Roundup

## Reports from Yaiza

Mayor Óscar Noda: Yaiza Ayuntamiento to Invest €17.5 Million in Public Works in 2021 Despite the Economic Impact of the Covid-19 Pandemic

*“Intervention” Budgetary Management Department Confirms Council’s Solid Financial State with Zero Debt*



Yaiza Mayor Óscar Noda



Mayor Oscar Noda announced, “a significant part of the Parque Atlántico Playa Blanca project has been carried out and will open in the summer - well within the 10 months stipulated in the contract - at a cost of 2.2 million euros. The Ayuntamiento of Yaiza in collaboration with Tourism Spain and regional authorities is investing 5.2 million euros in the sports and leisure facility which covers an area of 58,000 m2 including terraces for 1,000 spectators. Landscaped trees and tropical plants embellish the grounds.

Features: football, basketball, volleyball and handball pitches; two tennis and paddle courts; biking and hiking trails; outdoor fitness equipment, a children’s playground, changing rooms, a cafeteria toilets and adequate parking.



Mayor Óscar Noda and his Governing Council



Yaiza has improved accessibility to pavements in the central Avenida Papagayo at Playa Blanca in tandem with works on roads in Costa Papagayo. Calle Molina has been entirely rebuilt with pavements and a bike lane. The Mayor is seen with the Councillor for Public Works Jonatan Lemes



# Lanzarote News Roundup



Yaiza Improves Safety Precautions and Accessibility at Playa Blanca Beach  
The EU Blue Flag Confirms Lifeguard and Sanitary Conditions and Amenities



*The Mayor with Deputy Mayor, Tourism Councillor Ángel Dominguez and Councilors present the Budget*



*Yaiza has refurbished the 4 kilometer camel path which leads from their stables in Uga to Timanfaya where they transport tourists on sightseeing rides round the volcanoes*



*Mayor Noda and Tourism and Beaches Councillor Ángel Dominguez with the President of Cruz Roja Tamara Luis and her team*

Safety facilities for tourists on the beach at Playa Blanca as well as accessibility for the physically challenged, has been improved due to an agreement with the Red Cross. Mayor Noda and Tourism and Beaches Councillor Ángel Dominguez met with president of the local Non Governmental Organisation Tamar Luis and her team to agree 365 days a year lifeguard services from 9am to 7pm during the summer and 10am to 5pm in the winter. Among amenities for the disabled is an amphibian chair operated by NGO staff enabling the disabled to enter the sea, which Councillor Dominguéz can be seen holding in the photo.



*Mayor Noda with the Councillor for Public Works*

A plan for the refurbishment of the 2.4 km road off the LZ 2 island highway from IES Yaiza to Puerto Calero budgeted at 950,000 euros, has been drawn up by the Town Hall. The two way highway will receive a new layer of asphalt, borders on both sides and drainage to carry rainwater into the sewerage system. The parking area for coaches outside the school will also be paved.



*Yaiza has asked the Cabildo to finish the roundabout which links Uga with La Geria*



# Lanzarote News Roundup

Reports from Yaiza



## International Pre-Olympic Regatta at Playa Blanca 146 Yachtsmen 72 Trainers from the 99 Competing Boats



Participants from 26 countries at the sailing regattas at the 2021 Tokyo Olympics from 26 July to 7 August have been training at Playa Blanca for several months because of the similarity of conditions on the southern coast of Yaiza municipality with those at Enoshima Yacht Har-

bour which is hosting the events. Teams from the UK, USA, Canada, Japan, Spain, Germany and France, among other countries, comprise the 146 yachtsmen/women, 72 trainers from 99 boats competing in the Nacra, Finn, 49X & Radial and Windsurf Classes.



Mayor Oscar Noda announced that the Ayuntamiento has transferred their annual quota of 140,000 euros to SPEL International Promotion to help stimulate tourism at Playa Blanca through the employment of multi-lingual staff at the Tourist Information Office visited by thousands of holidaymakers from the UK, Ireland, Germany and other European countries. This facility, located on the main road at the entrance to the resort is directed by Yaiza Tourism Councillor Ángel Dominguez.



*Gran Canarian Olympian Tara Pacheco, World Championships Runner Up who has participated in 3 Olympics, joins Mayor Óscar Noda, Councillors Ángel Lago and Ángel Dominguez and Director of Marina Rubicón Rafael Lasso*



**Yaiza  
Tourism  
Councillor  
Ángel Do-  
minguez**

### Corpus Christi Carpets of Coloured Salt in Yaiza Thursday June 3

The salt industry, established in the nineteenth century, made a vital contribution to Lanzarote's economy until about sixty years ago, but has now practically disappeared. Before the advent of refrigeration, salt was in great demand as a means of preserving the catch when the fishing fleet was at sea for months at a time. The artist César Manrique placed his wind turbines in several locations to pay tribute to the many windmills of the past which used



to pump sea water into salt pans as an historic element of the island landscape.



*Mayor Óscar Noda with biologist Nacho Romero at the presentation of his book "Rincones de Lanzarote" with 256 pages filled with photos and prose about the most interesting sights on Lanzarote (Ediciones Remotes). The work counts with the sponsorship of the Town Hall as an essential part of its policy to support cultural publications for both children and adults as well as for visitors*



Photo Jesús Betancort

# Félix Martín Hormiga

## Historian Author and Cabildo Publications Administrator

**F**élix Martín Hormiga has been in charge of the publications department of the Lanzarote Cabildo since 1992 having previously worked for some years for the Ayuntamiento of Arrecife at the Casa de la Cultura and at El Almacén with his friend César Manrique. He himself is a recognized author of multiple cultural works especially on the subject of the maritime feature of Arrecife where he was born. His own novels feature theatrical works, music, sculpture and poetry and he looks on literature as a form of therapy for life, using humour as a remedy to mitigate the effects of unhappy circumstances he is describing.

Among the major books he co-authored is “Tesoros de la Isla,” published in 2003, for which Hormiga wrote the descriptions of the most important historical features of Olde Lanzarote meticulously drawn by writer-historian Santiago Alemán, the retired head of the Arrecife School of Applied Arts. The tome exhaustively covers the tradi-

tional aspects of Lanzarote’s towns, churches and religious institutions, military fortresses, public buildings, urban centres, rural villages and farms and the countryside as they looked at the beginning of the last century. *Tesoros de la Isla* is presented by the Cabildo Island Council to important personalities as a memento of their visit to the Island.

According to Hormiga, Lanzarote serves as a cultural benchmark for the whole of the Canary Islands as it is blessed with a plethora of creative artists, young and old, both in the area of plastic arts and literature. Every year his department published a collection under the title *The Canaries in Writing* and is quoted as saying that at this moment in time, poetry in the Canary Islands is of an optimum standard. As far as the major local influences on artists “they are principally guided by César Manrique of course, but also by Pancho Lasso, Jesús Soto and Agustín Espinosa among others,” he added.

*This small volume, the most recent work of Félix Hormiga, excellently pays tribute to people past and present who look on maritime Arrecife as their sanctuary. The various paragraphs stress that the island capital is constantly staring at the sea at the same time as the ocean is carefully observing Arrecife – each spiritually intertwined*





# Lanzarote News Roundup

Reports from San Bartolomé

## Modernisation Plans for Remodeling Playa Honda Industrial Zone

*"We are determined to ensure that our industrial zone meets the highest possible aesthetic standards and provides maximum efficiency to attract the island's business community to open premises in one of the most accessible commercial locations on Lanzarote, just off the main island road."*

Mayor Alexis Tejera



Mayor of San Bartolomé Alexis Tejera



Changes to the traffic flow allows optimum accessibility from the main road

### Major improvements

Firming road surfaces - adapting pavements – energy efficient lighting - automatic watering for landscaped gardens - changes in traffic flow - graduating slopes to avoid puddles during rainfall - allowing accessibility for the physically and the elderly by eliminating architectural barriers. One way traffic in Calles Canto del Jable and La Hoya to minimize traffic jams at the roundabouts with Avenida Mamerto Cabrera.



The Mayor and his Council present the plan to the business community



Mayor Alexis Tejera announced that Civil Protection volunteers at San Bartolomé Town Hall are available to accompany local Senior Citizens when going to the clinic to be vaccinated. "We want to give the elderly living alone peace of mind, and not add to any stress they may feel about the injection," he said. Anyone requiring help can contact Tercer Edad Councillor Alma Maria González or Citizens Security Councillor Mamadou Yero Cisse on 928 522974 or 928 820308 to request someone to accompany them.

# Lanzarote News Roundup



## El Monumento al Campesino at San Bartolomé César Manrique's First Tourist Centre on Lanzarote

In selecting the location of the first Tourist Centre to build, César Manrique chose San Bartolomé, historically the centre of the island's agriculture. El Monumento is a tribute to Lanzarote farmers of bygone ages for their resilience in raising crops under a scorching sun, with scant rainfall and constantly blowing winds.

### Local History

The Municipality District of San Bartolomé contains areas of great interest to visitors seeking to learn about local history, culture and traditions. In pre-Hispanic times, it was called Ajei by the aboriginal inhabitants, known generically as the Guanches or Los Majos. This district is one of three major sites on Lanzarote, where ancient archaeological relics from Roman times have been discovered. It is also the location of the ruins of Zonzamas Palace, the residence of the last Guanche ruler, Faycan, who was on the throne when the Normans arrived in 1402.

Generations ago local farmers evolved a system of irrigation caused by a unique feature of nature. Damp sandy soil known as jable from



Photo CACT

*El Monumento al Campesino is located the geographical centre of the Island*

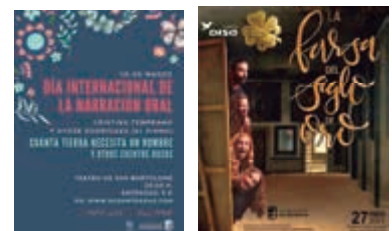
Famara on the western coast, is blown all the way across the island to the eastern shore and the fields of San Bartolomé stand directly in its path. Local farmers realised that the damp sand was irrigating the dry arid soil of an island with scant rainfall and they erected fences of

corn stalks to act as wind breaks on their land to trap this precious moving source of moisture. This allowed them to raise their crops without the need of additional watering, a system still in use nowadays mostly to grow ogen melons and sweet potatoes.



*International Woman's Day was celebrated in San Bartolomé with a video on Facebook and displays on the main street entitled "Voices and Images of Women of the Municipality" and "Women providing inspiration throughout history. These personalities have advanced the cause of Equality for Women worldwide according to Councillor Maria Dolores Fernández who was accompanied by Mayor Alexis Tejera*

### Town Hall resume cultural calendar with theatre and music

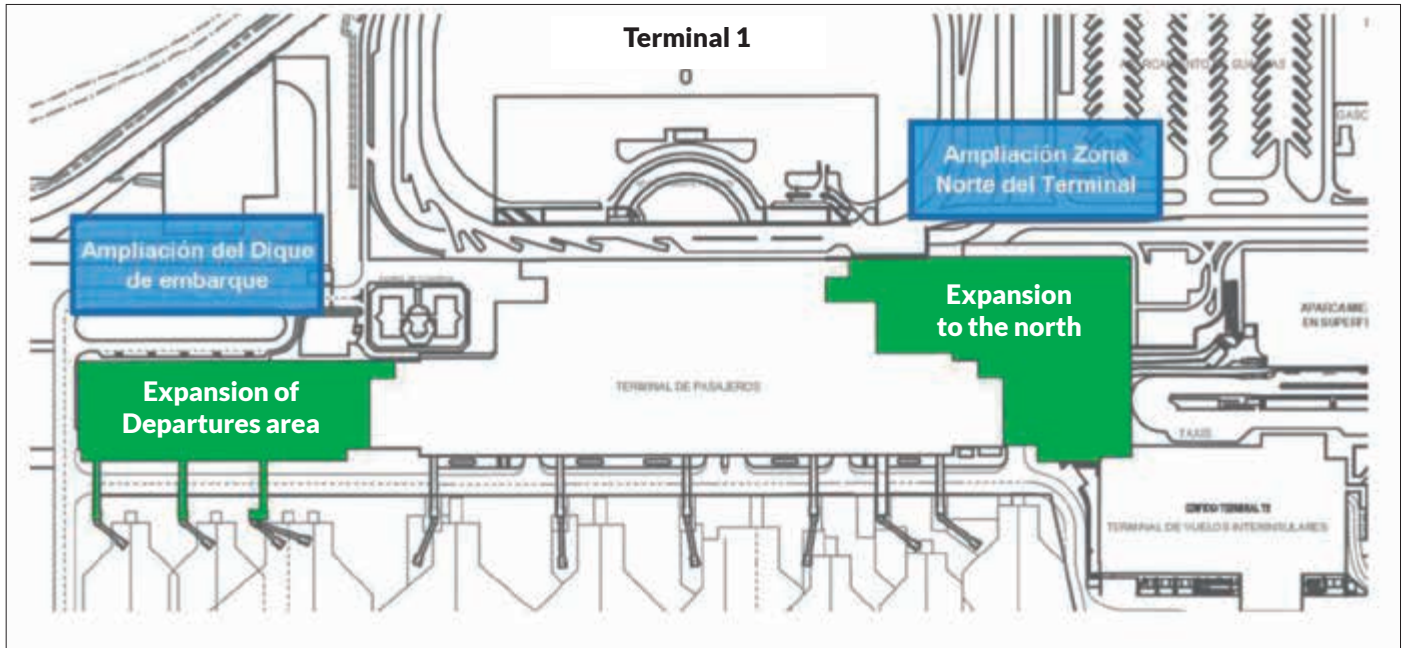




# Lanzarote News Roundup

Reports from San Bartolomé

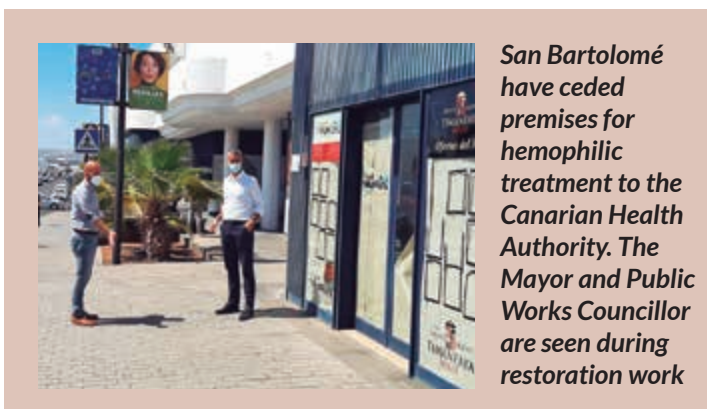
## Mayor Describes AENA Terminal 1 Extension Project “Excessive”



After an initial viewing, Mayor Alexis Tejera considers the Spanish Airport Authority’s programme for the enlargement of Terminal 1 by 30,000 m2 to be “excessive.” It is based on a projected tourist increase to reach a total of 8 million passengers yearly. The mayor has called on local citizens’ organizations and other corporative bodies to carefully examine the details of the expansion. AENA placed the plan on public display at the beginning of April until 18 May to allow people to register their complaints.



Winners of a prize draw from a campaign to support 82 local shops in San Bartolome, Playa Honda, Guime, Montaña Blanca and El Islote were congratulated by the Mayor and Councillor for Commerce Alma Maria González. Shoppers received a voucher for each €10 purchase, many thousands of which were then drawn out of a hat and six lucky winners won €100 each to be spent in participating shops, as seen in the photograph.



*San Bartolomé have ceded premises for hemophilic treatment to the Canarian Health Authority. The Mayor and Public Works Councillor are seen during restoration work*



*Mayor Alexis Tejera approved an increase in the amount of subsidies for athletes attending Municipal Sports Schools*



*The Town Hall has resurfaced and repaired pavements*

# Photo News Roundup



L-R. Charmain Arbouin, Consul for Southern Spain and the Canary Islands, Jackie Stevenson Vice Consul Las Palmas and Sue Thain, Honorary Consul Lanzarote, are among British Embassy and Consular staff who have worked tirelessly throughout the past year to keep British residents on Lanzarote in touch with the latest news on the daily-changing developments in the Covid 19 pandemic as well as on their residency status in-post Brexit Spain

## Exclusive Gourmet Food Items



The largest cured cheese in the world weighing 200 kilos produced by our head company on the mainland was cut up and sold in our store

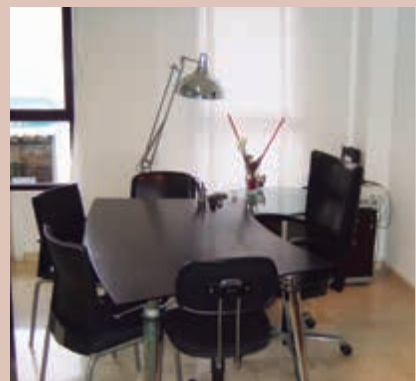


With a reputation for attentive service and friendliness to customers, Roper Groceries is offering exclusive delicatessen products in prepared gift packs with cards including, superb ham, most select meats also from their own company's production; seasonal and locally cultivated fruit and veg, a wide assortment of grains and spices. Gourmet Canarian

items, oils, sauces, pasta, chocolates, imported cheeses and charcuterie. Roper is the exclusive distributor for La Sirena, the most prestigious company in Spain for quality frozen foods. Another speciality is daily fresh fish from the local catch. Teleorder service with home delivery on the web online. [ropercanarias.es](http://ropercanarias.es) and Shusi produced daily by hand.

## Reliable Legal Advice

Residents and non residents with property or businesses on the island who seek advice or need someone to look after their interests can turn to A.S.G. Interconsulting in Lanzarote and Fuerteventura, founded in 1990 by Angeles San Gregorio, an internationally recognized Lawyers office as well as a legal and tax advisory firm founded in 1990. Their multilingual staff of experienced professionals count on support from collaborating offices in Madrid, Barcelona, Granada, Malaga, Cadiz, Dublin and London, to satisfy the needs of all clients wherever assistance may be needed. Each member of the law firm is a specialist in their respective subject matters with a solid professional track record allowing them to offer high quality service to their clients.



Besides the Arrecife head office, A.S.G. have well established branches in Puerto del Carmen and Playa Blanca as well in Corralejo in Fuerteventura.



# Lanzarote News Roundup

Reports from Tegui-se

## Tegui-se Approves the Site for the Zonzamas Ruins Museum Centenary of the Birth of Leandro Perdomo 1921 - 2021

*Mayor Oswaldo Betancort stated: "According to historians and experts in heritage, the restoration of the ruins of Zonzamas are considered the essential element for the opening chronicle of the Grand Book of the history of Lanzarote as they are located in Tegui-se district the ancient capital"*



Mayor Oswaldo Betancort



Zonzamas Ruins Museum Site

The Lanzarote Cabildo is preparing for the opening of the Zonzamas Museum now that the necessary documentation has been provided for the authorization of the project by Tegui-se Town Hall. The Ruins of Zonzamas Castle, an important archaeological site just north of the road between Tahiche and San Bartolomé, is the most complete and preserved Guanche ruin on Lanzarote. Zonzamas was the grandfather of Guardafia, last Guanche King of Lanzarote, and probably ruled in the

mid-fourteenth century. The ruins were part of a fortress sited on a plain protected by low hills from seaborne raiders, according to J&M Goulding. The thick stone walls of several low wellings were the discovered during the first excavations. Under an agreement between the Cabildo and the Canarian Government, the first phase of the planned Zonzamas Museum on a site measuring 1688 m<sup>2</sup> - with space for 352 visitors - is budgeted at almost 2 million euros divided into three annual installments.



### The Life Work of Historian and Writer Leandro Perdomo

Leandro Perdomo, (Arrecife 1921-Tegui-se 1993), commenced his writing career as editor of the weekly magazine *Prónosticos* in 1946. Following some years in Las Palmas as a journalist he moved to Belgium where he worked in a mine alongside other Canary Islanders. During this period he began writing *El Volcán*, a magazine for Spanish immigrants in Europe which brought him international recognition.



## Teguisse Introduces Welcome2 Tourist Innovation Project

*Councillor for Tourism, Antonio Callero, led the first Welcome2 meeting to establish the roadmap of events to integrate new technologies at the service of tourism with an investment of just over 1 million euros*



The telematic session of the Transnational Cooperation Mission of a project for the development of an intelligence strategy at destination with Canarian and international partners headed by Teguisse with a budget of 1,146,220 euros, 85% from the European Regional Development Fund (ERDF), and the rest from the member partners.

Teguisse Mayor Oswaldo Betancort offered his congratulations to “all members and guests who played an active role in such an ambitious project”.



**Tourism Councillor Antonio Callero at Welcome2 Tourist Innovation**



**Sculptor Rigoberto Camacho with Mayor Oscar Betancort and Patrimony Councillor Sara Bermúdez**

Sculptor Rigoberto Camacho of Teguisse has undertaken restoration of its open air library of sculptures which were damaged by the weather over a period of time. The historic figures, created by the artist himself depict traditional themes as-

sociated with the town, los Diabletes of Carnival, Rancho de Pascuas: Lucha Canaria wrestling at Tao; Stick-Fighting at Soo and a tribute to the matriarchs in the Plaza de Tahiche. In the near future a sculpture is planned for La Graciosa.

In 1968, Leandro Perdómo returned to Lanzarote to live in the family home in Teguisse and wrote for local publications La Provincia and Lancelot stressing the radical changes taking place on the island of his birth through the emerging tourist industry. Various articles Leandro Perdomo wrote as a journalist have been published as books, notably Lanzarote y yo (1974), Desde mi cráter (1976) and Crónicas isleñas (1978). His critical but humane style of writing converted him into one of the most important literary figures of the 20th century on Lanzarote according to biographer Fernando Gomez Aguilar.





# Lanzarote News Roundup

## Reports from Teguise



According to Emergencies and Mercadillo Councillor Eugenio Robayna and the Mayor, the Teguise Sunday street market was closed during lockdown reopened again in mid March and has once again recovered its popularity among thousands of visitors. Despite the partial lockdown the amount of stalls continues to increase as well as the interesting variety of goods on display especially artisan crafts, jewellery from the local olivine stone, artworks, household goods and food stalls. On hand several restaurants have reopened selling the best of local cuisine, cheeses and wines.



*When cultural events resumed, among the most popular courses are for sewing and tailoring especially traditional clothing and rosette embroidery. Ballet and music lessons for children including instruction learning to play guitar, saxophone and clarinet as well as an opportunity to practice in a rehearsals room*



*Members of Guanapay Folklore Group, among the most popular traditional musicians and dancers on the island. Among their founders in 1968 was Teguise Town Historian, Francisco Hernández . Photo Courtesy Councillor Sara Bermúdez*



**Librarian and teacher, Nieves Castillo Bonilla was also active with the Polyphonic Choir and the local theatre**

Teguise Municipal Library has been named for the late Nieves Castillo Bonilla, who passed away last March, for her work as a librarian for 40 years as well as a teacher of young children at the local school beforehand. She was also active with the Spinola Theatre theatre and the choir. Mayor Oswaldo Betancort said “her name will always be remembered with affection for the cultural and social legacy on behalf of Teguise during her entire working life.” When the lockdown restrictions are lifted there will be an official celebration of her life by the Ayuntamiento of Teguise



# Photo News Roundup

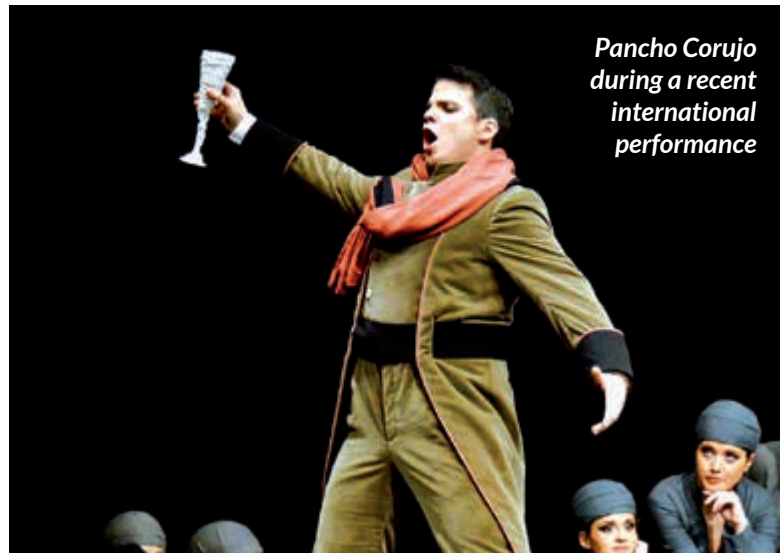


Photo Liz

## **Dorothy Perez In Lanzarote Costume and with the Flag of Teguisse**

This year is the 23rd anniversary of the first visit to Lanzarote of Dorothy Perez from San Antonio Texas, following many months of research by English Lancelot. She arrived in 1998 as a guest of the Ayuntamiento de Teguisse whose Mayor Francisco Hernández and Town Historiano ‘Paco’ Hernandez, had asked our editor to help trace a descendent from that city following the publication of a book stating that San Antonio, Texas, had been founded by Canary Islanders in 1731. Please see her latest letter on page 9.

Photos: Dorothy is seated with President of the Cabildo Enrique Pérez Parrilla who had presented her with a traditional Lanzarote costume, which she is wearing. In the second shot she is holding the flag of Teguisse she had received from the Mayor, outside the San Fernando Cathedral in San Antonio, built by Canary Island descendents in 1738. It is the oldest church in continual use in the State of Texas. Holding the flag with her is Paul Casanova Garcia whose ancestors were also from Lanzarote.



*Pancho Corujo during a recent international performance*

## *Pancho Corujo the International Operatic Tenor from Lanzarote*

**by Juan Cruz Sepulveda**

Operatic tenor Pancho Corujo was born in Masdache on Lanzarote into a family renowned for their folklore musical background over several generations. His first “public” performance took place when he was in the fifth form of primary school and his teacher Maria Teresa Placeres called on him to sing a Canarian song or a bolero which resulted in his very first round of applause at such a tender age. Pancho’s grandmother had a good collection of classical music and she introduced him to opera which fascinated him from the very beginning, his prodigious memory enabling him to memorise various arias, some even in German.

Having decided on a professional career in opera, Pancho Corujo attended the Superior Conservatory of Music in Santa Cruz de Tenerife where he obtained his degree as a Professor of Music in 2004. He made his debut as a tenor in Die Fledermaus at Las Palmas Opera House in 2006 followed by various other roles which



*César Manrique with a very young Pancho Corujo at the Hotel San Antonio. Photo courtesy Pancho Perdomo*

culminated with his debut with Beethoven’s Ninth Symphony accompanied by the National Orchestra of Spain in Madrid. The Lanzarote tenor then played (Alfredo) in La Traviata at the Fenice Opera in Venice, Romeo and Juliet in Verona, (Don Ottavio) in Don Giovanni in Salerno and Lucia de Lammermoor in Tel Aviv. Placido Domingo was among other great operatic figures with whom Pancho had the privilege of sharing the stage.

# Photo News Roundup

## Paint and Take Good Care of Your Island Environmental-Themed Contest for Schoolchildren



**Mamerto Medina, Managing Director of Cabrera Medina Car Hire, presents a prize to a very young environmental painter**

*The presentation at Cabrera Medina's premises was attended by **Canarian Government Vice President of Education Maria Dolores** who is seen with **Manuel Betancort, Carmen Rosa Marquez, Juan Cruz, Carmen Rosa Barreto and Omar Jesús Lemes***

Orvecame, Cabrera Medina, the leading car hire firm in the Canary Islands, and founded on Lanzarote, have announced their annual Paint and Take Care of your Island competition for infant and junior schoolchildren. This year's theme, Islands Without Plastic, is aimed at attracting the attention of the youngest generation to direct their thoughts to the elimination of single-use plastics in the home, in shops and other facets of everyday life. They are asked to reflect their feelings in their paintings about what is right and what is wrong.

### *Juan Valido Insurance - Family Business*

Having graduated as a Chartered Accountant in Las Palmas at the age of 18, Juan Valido started work in the administration of a construction firm. After a few years he switched jobs to work for a subsidiary of Phoenix Assurance allowing him a first glimpse into the fascinating world of insurance. Soon the company became Royal and Sun Alliance and Juan was managing various departments until being appointed Technical Head for the Canaries responsible for opening new branches. One was on Lanzarote which he was appointed to run when it opened in 1993. In 2000 the company was acquired by Liberty Seguros and Juan negotiated to become independent, whilst retaining his client list and also purchased the Arrecife premises. At that stage he was joined by his two daughters, Ester Valido and Sara Valido who divide the responsibilities of running the office between them. In February this year he officially retired but continued running Liberty with his daughters. Now aged 70, he says he has the same enthusiasm for his work as when he was 25. In private life Juan loves music especially the sounds of the British groups of the sixties and seventies. His



favourite is Deep Purple and when you hear the sound of Smoke on the Water coming from an office, you'll know that you've found Juan Valido.

## Wood Store The Perfect Kitchen Tailored Uniquely to Your Style



Wood Store wishes to invite the public to view their new range of kitchens with the latest state-of-the-art innovations which their skilled craftsmen can create for your homes. Among the most recent smart and discreet interior design concepts in which the kitchen and living room become one, is the introduction of Guided Air, an automatically controlled glass downdraft which ensures that odors, grease and moisture produced during cooking should not make their way to the living room. Wood Store is the exclusive distributor on Lanzarote for Santos Spanish Kitchens.

Wood Store was founded 30 years ago by the Faycan Group, whose President Jeronimo Quevedo has since been joined in management by his sons Yeriel and Jeronimo Jnr. They are a specialist company of custom carpentry which designs, manufactures and installs fitted furniture and offers made to measure quality wood and aluminum joinery services suited to clientele who demand only the very best design, value, style and service.

Based on a solid reputation for their efficiency, reliability and affordability, Wood Store, whose kitchen and carpentry products suit every taste and every pocket, has always been popular among Lanzarote's foreign community. They are eager to maintain ties with present clientele as well as heartily welcoming new customers to visit their showrooms on the Arrecife-San Bartolomé road. Opening hours: weekdays 08.00-20.00 Saturday 08.00 -13.00 .

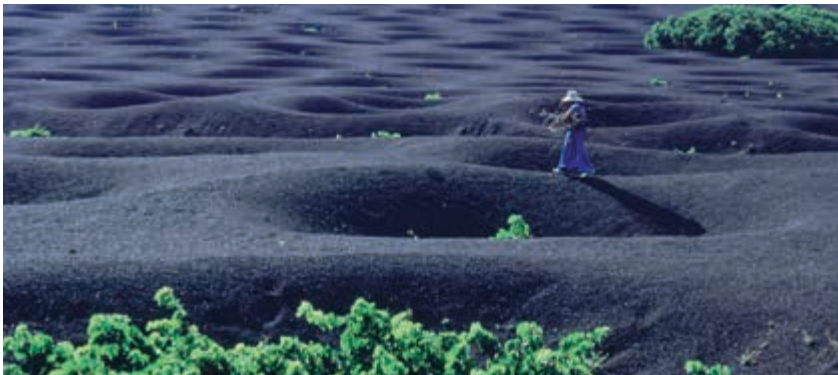
# Photo News Roundup



**Victor Diaz, President of the Lanzarote Designation of Origin Regulatory Council and his Governing Board encourage tourists to order authentic island wines bearing the label Denominación de Origen when dining out and to take some bottles home as presents or souvenirs. They were joined by several vineyard executives**

The Lanzarote Designation of Origin Regulatory Council certifies the geographical location and traditional cultivation methods of Lanzarote Wine. La Geria is the wine growing region of Lanzarote where grapes are cultivated in a manner not seen anywhere else in the world. The

result is an unforgettable landscape dominated by the tableau of thousands of shallow pits stretching as far away as the eye can see. Wines of La Geria from the Malvasia grape are among the Canary Wines praised by William Shakespeare, who refers to them as “Malmsy.”



**Idafe Cabrera of Vivero Las Palmeras Garden Centre of Arrecife would like to point out to our readers that they have a large selection in a variety of colours of very decorative outdoor planters and plant pots as well as fertilizer product, tools and everything you need for the garden. It is a long-standing custom in Spain on Mothers' Day and on every other occasion throughout the year to present their Mamas with the colourful Hortensia shrub known in English as Hydrangea whose main flower clusters are from the tips of shoots formed from the previous season.**



## *Spar Lanzarote in new Premises*

Spar Lanzarote has recently opened its new logistics centre covering an area of 18,000 square meters. The source of almost 70% of all energy consumption is self-supplied by photovoltaic and geothermal installations, a pioneer project on industrial premises on Lanzarote. This allows Spar sufficient storage space to supply its twenty shops on the island, which employ 600 workers, for three months.

Spar Lanzarote is wholly committed to the well-being of customers by offering absolutely fresh quality products such as fruit, vegetables and fish. Besides the guarantee of the maximum enjoyment this offers, you have the satisfaction of knowing that your purchases benefit the economic growth of the Canary Islands which is so important at this time.



## Christian Worship

### Church of England

All services are Holy Eucharist with hymns. 10 am Nazaret: Iglesia Nuestra Señora, 1st and 3rd Sunday in the month. 12.30 pm Puerto del Carmen: Nuestra Señora del Carmen (Old Town Harbour). 5.00 pm Playa Blanca: Nuestra Señora del Carmen, Main Street. For more information call 928 514 241.

### Catholic Church

Nuestra Señora del Carmen, Puerto del Carmen harbour. Sunday Mass 11.00, 18.00; Saturday night, 20.00. San Ginés Church central Arrecife, Sunday 10.30, 12.00, 20.00; Saturday 10.30, 12.00, 20.00.

### International Evangelical Church

Meets at La Hoya, Puerto del Carmen Sundays 11 am, service in English, call 928 173618 for more details. Arrecife services in Spanish, Sunday 10.30 am and 18.30 pm, call 928 812027 for more details. For informal meeting at Costa Teguisse, call 928 590342.

### Inter-denominational Sunday Worship at Costa Teguisse

Services are held in English at the Hotel Beatriz Costa & Spa every Sunday morning at 11:00am. Holy Communion is celebrated on the first Sunday of each month.

For more information please contact Stuart 630 175 810 or via our website [www.sundayworshipplanzarote.com](http://www.sundayworshipplanzarote.com)

### Norsk Kirkesentre and Social-Cultural Centre

Norwegian Church abroad – Religious and Social Cultural Centre C/ Rociago Puerto del Carmen close to Cinco Plazas. Open mid-September to mid-May: Tuesday-Friday 11.00 -16.00, Saturday 11.00- 15.00, Sunday Service 18:00. Office tel: 928 515 561 Pastor Knut Kaldestad: 616 407 693

\*\*\*\*\*

There is no synagogue on Lanzarote. For information about Sabbath and Festival services on Las Palmas call 928 248 497.

## CONSULAR REPRESENTATIVES



### British Honorary Consul Lanzarote

Sue Thain – (To contact call)

Tel: 902 109 356

Fax: 928 267 774

Belgium	928 230701
Denmark	922 275757
Finland	928 224358
France	928 292371
Ireland	928 808546
Germany	928 275700
Holland	928 242382
Italy	928 241911
Sweden	928 260884
Switzerland	928 274544
Norway	928 495035/6

### British Consulate

Jackie Stevenson is the British Vice Consul at Las Palmas. To seek advice, or make an appointment with a consular official in Las Palmas or Lanzarote, call the number above. Notarial bookings online service: [www.ukinspain.fco.gov.uk](http://www.ukinspain.fco.gov.uk)



### EMERGENCY CALLS

Emergencies	112
Ambulance	928 812 222
Hospital	928 595 000
Fire Brigade	928 816 312
Police	928 597 107
Water Board	928 814 400
Guardia Civil	928 811 886
Ayuntamiento Arrecife	928 81 04 52
Atuntamiento Haría	928 83 52 51
Ayuntamiento S. Bartolomé	928 52 01 28
Ayuntamiento Teguisse	928 84 50 01
Ayuntamiento of Tias	928 83 36 19
Ayuntamiento de Tinajo	928 84 00 21
Ayuntamiento de Yaiza	928 83 62 20

**Puerto del Carmen Church**



## Markets

### Arrecife Markets

Charco de San Ginés  
Wed and Thur 9-2

Recova Town Market  
Mon to Sat 9-2

Historic Old Town  
Saturday 9-2

### Puerto Calero

Friday 9-2

### Puerto del Carmen

Plaza del Varadero  
Friday 10-3

### Playa Blanca

Marina Rubicón  
Wed & Sat to 10-2

### Teguisse Market

Sundays and  
Public Holidays 9-2

### Costa Teguisse

Pueblo Marinero  
Thursday mornings 9-2

### Tinajo, Mancha Blanca

Sunday 9-2

### Haría Artesanal Market

Saturday 10-14:30

### Postage and Post Office

Letters and postcards within Europe 1.40 euro, USA 1,50 euro. Puerto del Carmen post office is open Monday-Friday 08.30 - 14.30 hrs, Saturday 09.30 - 12.30 hrs. Arrecife post office: Monday-Friday 08.30 - 20.30 hrs, Saturday 09.30 - 13.00 hrs. Opening times are for stamps and registered letters etc. but both offices close earlier for money transfer.

## BRIDGE No 140

By Maria Brandt

### Which way to finesse

Dealer South East-West vulnerable

♠ 9 5 2		♠ 10 8 4 3
♥ A 10 6		♥ 9 7
♦ Q 9 7 4 3		♦ K J 6 2
♣ J 10		♣ K 5 2

	N		♠ 7
W		E	♥ J 5 4 3 2
	S		♦ 8
			♣ A Q 9 8 7 3

♠ A K Q J 6
♥ K Q 8
♦ A 10 5
♣ 6 4

#### Bidding

S	W	N	E
1 S	pass	2 S	pass
4 S	pass	pass	pass



West leads the Jack of Clubs and South is doomed to lose two Club tricks because of the unlucky location of the Ace. He must also lose a Heart, so must find a way to avoid the loss of a Diamond.

The play boils down to locating the Queen of Diamonds. But which way should he finesse? As usual in such a situation, South should put off the decision as long as possible. He plays as many other cards as he can with safety, inspecting all the other evidence in the meantime.

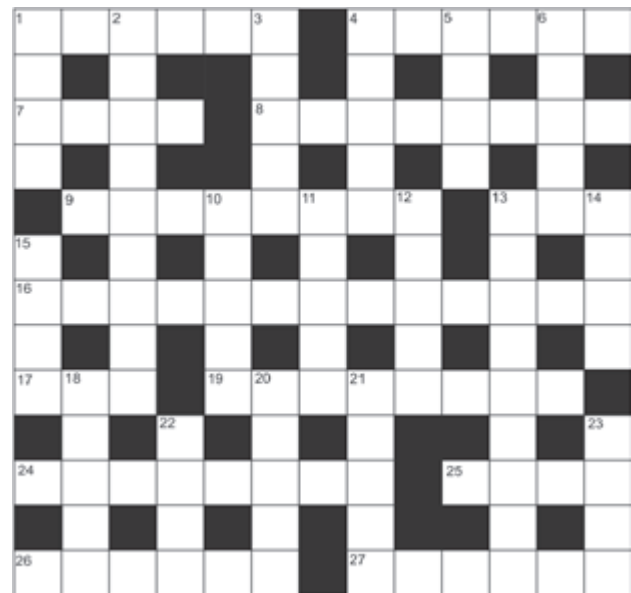
Since West discards on the third round of Clubs, South knows that West started with only two Clubs. Next South draws trumps and that shows that West had exactly three trumps. When Hearts are led, West takes the Ace and returns the ten. If West held four or more Hearts, his normal return would be his fourth-best Heart. So, the return of the ten indicates that West only holds two or three Hearts. The third round of Hearts finds West still following suit. Now, only the Jack has failed to appear. That card is surely in the East hand, for West would not have returned the ten of Hearts if he also held the Jack.

All the evidence indicates that West originally held only three Hearts hence the Diamonds. That leaves only one Diamond in the East hand. South can therefore safely draw East's singleton with the Ace of Diamonds and then finesse with assurance through West.

**SOLUTION TO GENERAL KNOWLEDGE CROSSWORD NO. 79** ACROSS; 1 woodshed, 5 Squall, 10 Naïve, 11 Privateer, 12 Prayer Rug, 13 Ratio, 14 Picasso, 16 Lipoma, 19 Wyvern, 21 Andiron, 23 Abate, 25 Cartouche, 27 Transcend, 28 Bombe, 29 Rodent, 30 Seat Belt. DOWN; 1 Windpipe, 2 Oligarchy, 3 Siege, 4 Esparto, 6 Quadruped, 7 Adept, 8 Lardon, 9 Virgil, 15 Stevenson, 17 Morecombe, 18 Inherent, 20 Nickel, 21 Abridge, 22 Darter, 24 Award, 26 Orbit.

## SIMPLE CROSSWORD No 140

By Imelda Coombes



#### ACROSS

- 1 Students (6)
- 4 Inundates (6)
- 7 Discontinue (4)
- 8 Cloudy (8)
- 9 Tuned or adjusted (8)
- 13 A pin or dowel (3)
- 16 Cross-examination (13)
- 17 Aged (3)
- 19 Outburst (8)
- 24 Disease caused by lack of vitamin B (8)
- 25 Look after (4)
- 26 Beseched (6)
- 27 Anticipate (6)

#### DOWN

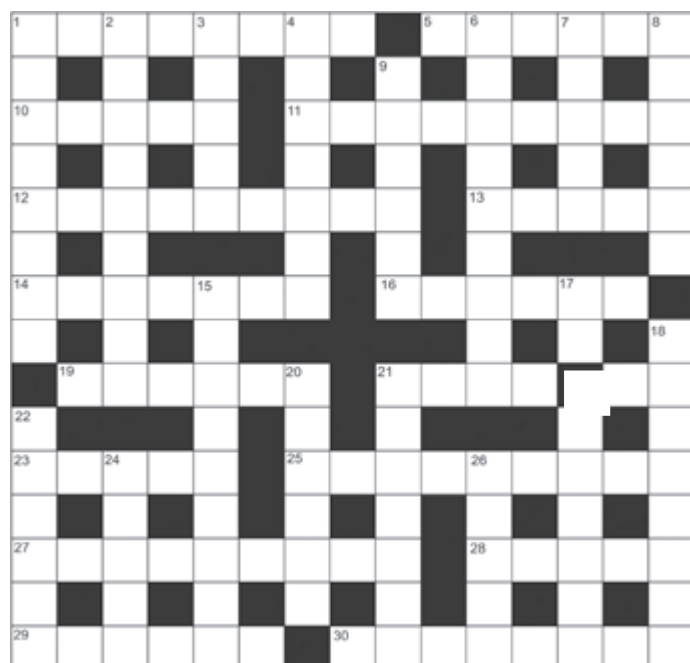
- 1 Stake (4)
- 2 Objected (9)
- 3 Waterside (5)
- 4 Strainer (5)
- 5 Cunning (4)
- 6 Vigilantes (5)
- 10 Roost (5)
- 11 Causes an affray (5)
- 12 A male duck (5)
- 13 Old-fashioned (9)
- 14 Departed (4)
- 15 A pit (4)
- 18 A city in E. Belgium (5)
- 20 Surrender (5)
- 21 Stomach lining of an ox (5)
- 22 Another word for heather (4)
- 23 Amend (4)

**SOLUTION TO SIMPLE CROSSWORD NO.139** ACROSS; 1 Recoil, 4 Master, 7 Tone, 8 Drudgery, 9 Lettered, 13 Gem, 16 Mother of Pearl, 17 Mud, 19 Suspends, 24 Licensee, 25 Core, 26 Invest, 27 Stream. DOWN ; 1 Rate , 2 Contested, 3 Lodge, 4 Mouse, 5 Saga, 6 Eerie, 10 Tiers, 11 Roots, 12 Duple, 13 Grandiose, 14 Mole, 15 Xmas, 18 Union, 20 Upset, 21 Press, 22 Mere, 23 Team.



## GENERAL KNOWLEDGE CROSSWORD No 80

By Imelda Coombes



### ACROSS

- 1 & 30 British Prime Minister from 1979-90 (8,8)
- 5 A movement to be performed slowly. (6)
- 10 The standard monetary unit of Ecuador. (5)
- 11 The study of the structure and function of bones. (9)
- 12 A worker, especially one with a special skill. (9)
- 13 The setting for the action of a play. (5)
- 14 A body of aides attending an important person. (7)
- 16 A person's partner in marriage. (6)
- 19 Living without waste. (6)
- 21 A usually malignant tumour of the bone marrow. (7)
- 23 A belief, opinion or dogma. (5)
- 25 A system of training by exercise. (9)
- 27 A famous opera composed by Giuseppe Verdi in 1851. (9)
- 28 A shoot or twig of a plant used to form a graft. (5)
- 29 A person who made handwritten copies of documents before the invention of printing. (6)
- 30 See 1 across.

### DOWN

- 1 The longest river in North America. (8)
- 2 A city in Kent on the River Medway. (9)
- 3 A sphere of action. (5)
- 4 Another name for vulcanite. (7)
- 6 A flat spongy cake made on a griddle. (4,5)
- 7 A sphere on which a map of the world is drawn. (5)
- 8 A colourless odourless highly reactive gaseous element. (6)
- 9 The capital of Greece. (6)
- 15 A place of entertainment open until late at night. (9)
- 17 Relating to a person who is elegant or suave in manner. (9)
- 18 A person who breeds and trains. (8)
- 20 In music, to be performed smoothly. (6)
- 21 A large extinct elephant. (7)
- 22 A supply or stock of something. (6)
- 24 A landlocked republic in West Africa whose capital is Niamey. (5)
- 26 An item of property. (5)

## LOCAL ORGANISATIONS

### Ombudsman - *Diputado del Común*

For complaints about a utility or public authority: Rambla Medular, 99, Arrecife. Arrecife, 8-2 Mon to Fri, Tel: 928 812 407 The service is free and confidential.

### Cabildo Consumer Protection Office

For complaints about private or state-run businesses or services: Cabildo Building, Arrecife, 9-13 Mon to Fri. Tel: 928 80 33 67.

E-mail: [consumo@cabildodelanzarote.com](mailto:consumo@cabildodelanzarote.com)

### Cabildo Wildlife Protection Service

Tel: 696 733 177 (07.00-22.00)

### Mararia - Official Women's Support Office

In case of maltreatment or abuse. All nationalities welcome. C/ Fajardo nº 24 - 1ºB. C.P: 35500 Arrecife (Lanzarote). Tlf. 928 804 834. E-mail: [voluntarias.ascmararia@gmail.com](mailto:voluntarias.ascmararia@gmail.com). **In case of emergency call 112**

### SARA Animal Protection Society

Next door to the Tahiche Garden Centre, Tahiche, open 10:30 - 13:00 Monday to Saturday, Tuesday 17:00 - 19:00. Tel/fax: 928 173 417. [www.sara-protectora/eng](http://www.sara-protectora/eng)

### Alcoholics Anonymous

English-Speaking Meetings  
Call 638 484 113 or visit [www.aalanzarote.com](http://www.aalanzarote.com)  
Costa Teguisse Barcelo Hotel Mon and Wed 18.00-19.00. Tel: 928 511 846 or 928 173 525

### Visiting Rotarians Welcome - Lanzarote Rotary Club - Arrecife

Weekly meeting Friday 14.30 at Lancelot Hotel Arrecife Visiting Rotarians welcome. Information: Tel.: 928 80 50 99.

### English-Working Lodge

(Emulation) in the Spanish Constitution (recognised by U.G.L.) will welcome visitors October-April. Information: Tel: 928 83 34 90

### Local Bridge Club

From September to June, two Bridge Clubs on Lanzarote hold weekly meetings in Arrecife to which visitors are welcome: Tuesdays 18.30 at the Arrecife Gran Hotel and Wednesdays at 19.00 at the Casino Club Náutico, Arrecife. Both are located on the promenade. [www.bridgelanzarote.com](http://www.bridgelanzarote.com)



## MalPáiz CD Released

Film producer, singer-songwriter and television presenter José María de Paiz has just released his solo album entitled *MalPáiz*, consisting of songs he had composed over the last few years. The pitch of his voice varies considerably, whilst remaining clearly identifiable, during the eclectic variety of styles within the genre of pop rock, electronic rock, hard rock, funk and punk. The CD was released by "los 80 Pasan Factura" Tenerife and recorded at Cascajo Studios, San Bartolomé between July 2020 and January 2021. Produced and mixed by lead guitarist Mame Spinola, who also cut the master, Abel on bass guitar and 'Jimbo on drums; backing vocals: Oscartienealas (Cabrera), Ella

Scars, Amaia de Paíz and Alejandro Aguilar. Nico Hernández played on *Travesía*, Carlo Pérez on saxophone and Dévora and Carlos La Mascre on *Mente enferma*. Executive Producer, José María de Paíz, photography good friend Adriel Perdomo, creatively designed by Adrián Rodríguez. An example of José María de Paíz's gifted talent as a film producer was enjoyed by the audience at the screening of Idefonso Aguilar's *Paisajes Audibles* at El Salinero Theatre in April. His creative filming morphed Lanzarote's volcanoes and sea with the other instruments playing the soundtrack.



## Freewomen Record

Freewomen is a new Lanzarote music group made up of experienced local musicians. Their career began when composer Antonio del Pino contacted Sergio de Paiz (Marca Acme, Ataúd Vacante) read him three of the works of acclaimed American author, novelist and short-story writer, Charles Bukowski (1920-1994), translated into Spanish, with a view of composing music and recording some titles. They then sought a bass player to complement the voice of José Antonio and drums of Sergio to form a trio playing classic 70s-style rock style with touches of sounds from the American

south. They finally settled on Abel Herrera (Montrubot, Los Embajadores) to complete Freewomen and the trio gave a recital of 16 Bukowski works in December 2019 at a concert in El Almacén.

The positive reviews this received prompted them to contact producer and guitarist Ane Fernández of Neptar Studios (Marca Acme, La isla, Zyrich). Over the next two months they recorded four titles but the arrival of the pandemic brought their creative efforts to a stop. They finally decided to add guitarist Miguel Ángel Fernández and become a quartet with whom they are currently working on an album at Neptar Studios in Arrecife.



welcome

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